

# Community Resources - You are not alone!

In addition to the toolkit, there are many resources available throughout your community.

There are many resources available to help you provide the best care for your loved one.

We have put together a list of some helpful resources that are available to help you get everything you need. If you happen to be a Molina Dual Options member, you can use our network providers. If not, you can use the following resources in the community.

## Macomb County

### Assistance Programs

Area Agency on Aging 1-B  
29100 Northwestern Highway, Suite 400  
Southfield, MI 48034  
(248) 357-2255 or (800) 852-7795

Serves: Counties of Livingston, Macomb, Monroe, Oakland, Washtenaw, St. Clair

### Catholic Charities of Southeast Michigan

#### ***Senior Companion Program***

18310 W. 12 Mile Rd.  
Southfield, MI 48076

Companion for 15-20 hours per week, light house work and light travel errands  
Determination is based on income  
Please call (248) 559-1147, ext. 3937

#### ***Project Hope***

Goals

- Provide support and resources from conception through birth and beyond
- Increase the well-being of pregnant women and parents of young children

Eligibility

- Women in need of pregnancy testing
- Women who are pregnant
- Fathers and fathers-to-be
- Children: newborns to 12 month olds

## Services

- Confidential pregnancy testing
- A supportive case manager
- Baby items including diapers, wipes, clothes, and formula
- Referrals to community resources
- Effective parenting skills education and support
- Breastfeeding information
- Post-partum depression education
- Adoption information and support

To learn more or to schedule an appointment, contact us at one of our two locations:

CCSEM Royal Oak Office  
1424 E. 11 Mile Rd.  
Royal Oak, MI 48067  
(248) 548-4044, ext. 3811

St. Frances Cabrini Clinic  
1234 Porter St.  
Detroit, MI 48226  
(313) 961-6683, ext. 5

## Central Community Action Center

Utility, food, and tax assistance (Servicing other Macomb cities, outside of Centerline, Eastpointe, and Warren)

(586) 749-5146

## Crossroads of Michigan (open to all counties)

For an appointment, please call (313) 831-2000

2 Locations:

Main Office:  
2424 W. Grand Blvd.  
Detroit, MI 48208  
(313) 831-2787

And

Crossroads East at Salem  
21230 Moross Rd.  
Detroit, MI 48236  
(313) 822-4441

Other services available:

Soup Kitchen every Sunday from 12 p.m. to 3 p.m.

Parenting Support program - helps parents acquire knowledge, skills and tools to nurture their children, help parents provide a healthy, wholesome, caring environment for their children and family. This Program meets every Tuesday at 11 a.m. and 1 p.m.

### Good Shepherd (Central Macomb County area)

(586) 307-8888

Utility assistance, Assistance with court ordered evictions, and Food pantry referral assistance

### Government Programs Which Assist Seniors

The Office of Services to the Aging is the government agency in Michigan that plans, coordinates, and administers senior services and is primarily responsible for advocating on behalf of seniors. It works to enhance the lives of senior citizens by administering and funding numerous state programs. Further information about the office and its functions for the elderly can be obtained directly by contacting the Office of Services to the Aging at (517) 373-8230 or through the agency's website at MISeniors.net.

### Home Preservation / Energy Group – Macomb residents (Weatherization program)

#### *Eligibility*

- Services are no-cost for homeowners who qualify. For those who rent the landlord must pay 40%.
- Must meet current Federal Income Guidelines. Income includes gross income of everyone residing in the home at the time of application.
- Recipients of FIP or SI who have received benefits during any of the past twelve months are automatically income eligible.
- Applicants must be residents of Macomb County.
- Weatherization crews cannot work on any home that is for sale.

Must provide complete proof of income. This could include one or more of the following:

- "Award" letter from Social Security
- Pay stubs with year to date totals
- Letter from applicant's employer
- Unemployment check stubs

Please call (586) 469-6329 for more information.

## Internet Essentials

Low cost program assisting families and seniors with internet services.

\$9.95 a month + Tax

- Eligible families may be able to receive a desktop or laptop computer for \$149.99 + Tax
- Must be 62 years or older. Or you may qualify if your child is eligible for the National School lunch program, also those who receive HUD housing assistance may also qualify.
- Must receive federal or state public assistance specific to the area where they reside.
- Must not have outstanding debt to Comcast that is less than a year old. Individuals with outstanding debt more than one year old may still be eligible.
- Must live in an area where Comcast Internet service is available, but not have subscribed to it within the last 90 days.

For more information, please visit <https://www.internetessentials.com/Seniors> or please call (855) 846-8376.

## Interfaith Volunteer Caregivers (Macomb county residents only)

8075 Ritter  
Center Line, MI 48015

Located off Van Dyke, north of 10 mile.

(586) 757-5551

Office Hours:

Monday - Thursday, 9 a.m. to 4 p.m.

Office closed on Fridays, Weekends & Holidays

Low income assistance program. Free of charge. Must complete phone assessment to determine eligibility. This is required before a volunteer is assigned to assist with services such as; transportation / help with errands, light housekeeping / meal preparation, maintenance, 2-hour care giver relief and yard work assistance.

## Legal Hotline for Michigan Seniors

The Legal Hotline for Michigan Seniors, staffed by specially-trained attorneys, is available to all Michigan residents 60 years and older regardless of income. Hotline attorneys determine if callers have a legal problem, give legal information at no cost over the phone, and provide brief service such as calling a third party or writing a letter to resolve a legal problem. Problems that cannot be resolved by the hotline are referred to legal aid organizations for low-income clients, legal assistance programs serving seniors, pro bono panels, or to a specially-created panel of attorneys in private practice who agree to charge reduced fees.

Additional information about consumer protection can be obtained by contacting the:

Michigan Department of the Attorney General's Consumer Protection Division  
P.O. Box 30212  
Lansing, MI 48909  
Toll-free at (877) 765-8388  
or visit the Attorney Generals web site (<http://www.ag.state.mi.us>).

## Macomb Community Action

### **Macomb Community Action Office for Senior Services**

21885 Dunham Road, Suite 6  
Clinton Township, MI 48036  
8:30 a.m. to 5 p.m.  
(586) 469-5228

Enter door "C" located on the west side of the building. Suite 6 is located inside the doors to the right.

The Home Injury Prevention Program installs devices to ensure safety and prevent falls and injuries in the homes of eligible Macomb County seniors.

\*Equipment donations are also accepted\*

A licensed contractor will conduct an assessment, make recommendations and install one or more of the following safety devices:

- Grab Bars
- Shower Chairs
- Transfer Benches
- Handheld Shower Heads
- Toilet Assist Rails
- Raised Toilet Seats
- Indoor and Outdoor Handrails
- Smoke Alarms

The suggested contribution is \$10 per device and \$10 for the safety assessment.

### ***Temporary Modular Ramps***

Macomb Community Action installs temporary modular aluminum ramps on a short-term basis for disabled seniors. When the ramps are no longer needed, they are removed and used for new participants. The number of ramps are limited. A waiting list is maintained for this project. There is a nominal monthly lease fee for the ramps.

Eligibility:

- Macomb County resident
- Age 60 and older
- One-time service
- \*\* Some services are currently waitlisted\*\*

***If you need a wheelchair, cane or walker***

Items are available on a first come first serve basis. It is recommended that you call the office first at (586) 469-5228 to inquire if the equipment that you need is available.

***Senior Chore Program***

Eligibility:

- Macomb County resident
- Age 60 and older
- Must be income-eligible

Services:

- Snow Removal - Runs November through March and is performed after snowfall of two or more inches. Under normal conditions, snow is cleared within 48 hours after snowfall has stopped.
- Lawn Care - Grass cutting begins in April or May and continues until October.

Cost:

It is suggested that the senior make an appropriate contribution to share in the cost of providing the service. Your suggested donation is based on your yearly gross income and house size using the cost-share sliding scale shown below. Individual assets, property or savings are not considered when determining the amount.

## Sliding Scale Income Per Unit

Income	Cost Share
Under \$6,000	Cost share \$2.00
\$6,001 - \$11,775	Cost share \$3.00
\$11,776 - \$14,775	Cost share \$4.00
\$14,776 - \$17,775	Cost share \$5.00
\$17,776 - \$20,775	Cost share \$7.00
\$20,776 - \$23,775	Cost share \$9.00
\$23,776 - \$29,775	Cost share \$11.00
\$29,776 - \$35,775	Cost share \$13.00
\$35,776 - \$41,775	Cost share \$15.00
\$41,776 - \$47,775	Cost share \$17.00
>\$47,776	Cost share \$18.00

### Salvation Army (This location only services the north end of Macomb County)

55 Church St.

Mt Clemens, MI 48043

(586) 469-6712

Assisting individuals currently in shut off status. Please call to complete a qualification questionnaire to determine eligibility.

### South Community Action Center

Utility, food and tax assistance (Servicing Centerline, Eastpointe, and Warren residents)

(586) 759-9150

### St Vincent de Paul Detroit- Utility Assistance (Wayne, Oakland and Macomb County)

3000 Gratiot Ave.

Detroit MI 48207

(313) 393-2930

- Any person age 18 or older who resides in the household can apply for assistance
- Applicant must provide proof of identity, residence and a copy of his/her Social Security card
- Residence must be applicant's primary residence, not a commercial account
- The Social Security number for every member in the household must be provided

- Applicant must be a US citizen or qualified alien. Immigration status of household members who are not US citizens must be verified and documented
- Total income in the household must be at or below **150%** of the federal poverty guidelines (see table below) Proof of income from the past 30 days must be provided for all members of the household who have income
- Maximum payment is \$3,000 for a combined natural gas and electric account or \$1,500 for a single utility (heat or electric)
- A shut-off notice is not required however the bill must be past due. For propane and fuel oil customers the fuel tank must contain no more than 25% of its heating fuel capacity
- If enrolled in DTE's LSP, Consumers Energy's CARE or SEMCO's MAP: not eligible for assistance with the utility in which you are enrolled

## **Fiscal Year 2018 Federal Poverty Guidelines**

### **150 Percent of Poverty – Monthly Income**

1-Person Household	\$1,507.50	5-Person Household	\$3,597.50
2-Person Household	\$2,030.00	6-Person Household	\$4,120.00
3-Person Household	\$2,552.50	7-Person Household	\$4,642.50
4-Person Household	\$3,075.00	8-Person Household	\$5,165.00

### St. Vincent de Paul's Journey to Housing

St. Vincent de Paul's Journey to Housing program seeks to solve the problem of homelessness in northwestern Wayne County communities. Will you help us? We provide long-term assistance to empower people living in poverty to take responsibility for their own future. We give them the support they need – and reason for hope!

The families, while taking steps towards economic self-sufficiency, are provided with move-in costs, furniture, household goods, and a monthly rent subsidy by Journey to Housing until the family can pay for the rent themselves. Meanwhile, St. Vincent de Paul helps the family with budgeting, household management, parenting skills and more.

For more information, please call (313) 393-2930.

### Step Forward Mortgage Assistance and Hardest Hit Blight Program

The Step Forward Michigan Program, also known as Michigan's Hardest Hit Fund® loan program, is a federally funded loan program designed to help eligible homeowners who are struggling with their mortgage, condo association fees, and/or property taxes retain ownership of their primary residence.

Please call (866) 946-7432 or visit <https://www.stepforwardmichigan.org> for more information.

## Thaw Assistance Programs: Utility Assistance

535 Griswold, Suite 200  
Detroit, MI 48226  
[www.thawfund.org](http://www.thawfund.org)  
(800) 866-THAW

Members are able to print an application online or apply at <https://thawfund.org/programs/>

- A. SEMCO Monthly Assistance Plan (MAP) - Program is designed to help SEMCO customers with account balance charges related to natural gas service, propane, and/or service line installation fees. To qualify, your household income must be equal to or less than 300 percent of the Federal Poverty Level (FPL)
  - The SEMCO MAP offers a reduced monthly payment based on your income and usage.
  - The program will pay the difference between the plan amount and monthly bill.
  - Past due balance forgiveness. No late fees and service is protected from disconnection during enrollment.
- B. DTE Low Income Self Sufficiency Program (LSP)
  - The DTE LSP offers a reduced monthly payment based on your income.
  - The program will pay the difference between the plan amount and monthly bill.
  - Past due balance forgiveness.
  - No late fees and service is protected from disconnection during enrollment.
- C. Impacting Health through Energy Assistance to low income families program
  - Energy Assistance for individuals with health conditions impacted by the weather or require medical equipment in the home.

## United Way: 211

Our 2-1-1 service provides referrals to programs in Wayne, Oakland, Macomb, Washtenaw, Monroe and Lapeer counties. If you need help finding resources in your area, please dial 2-1-1 or live chat to speak to a representative now. Or, search the online database to access more than 30,000 different statewide programs and services at <http://www.referweb.net/uwse/>. If you experience problems dialing 2-1-1, please call (800) 552-1183.

## Food Pantries

### Michigan Food Pantries

For a full list of Michigan food pantries, please visit [PantryNet.org](http://PantryNet.org) and search by your zip code. For assistance, please call Molina Dual Options at (855) 735-5604, Monday – Friday, 8 a.m. to 8 p.m., EST.

### Living Hope Church: Hope for the Hungry Pantry

24125 26 Mile Rd.

Ray, MI 48096

(586) 491-0652

<http://www.livinghopeofthebay.org/food-pantry.html>

Food pick up and no-cost community supper

Every 1st Thursday of the month from 6 p.m. to 8 p.m.

Every 3rd Thursday of the month food pickup starts at 1pm.

No-cost clothing and personal care items available as well. Please bring identification.

### Riverwood Community Church (Macomb residents)

12000 Clinton River Rd.

Sterling Heights, MI 48313

Food pantry is open Wednesdays 6:30 p.m. to 7:30 p.m. and by appointment. Walk-in's are welcome, but an appointment is preferred. To schedule an appointment, please call the church office at (586) 739-9157.

### St. Pio of Pietrelcina Catholic Community

18720 E. 13 Mile Rd.

Roseville, MI 48066

(586) 777-9116

<http://stpioparish.org/>

Assistance requires an appointment. For food assistance available for residents of Roseville or Fraser. Baby closet assistance for Macomb county residents.

### Tabernacle Christian Church (Macomb county residents)

14205 Twelve Mile Rd.

Warren, MI 48091

(586) 778-5130

Food packages are available for pickup every Wednesday 4:30 p.m. to 7:30 p.m.

## Yad Ezra: Kosher Food and Household Pantry

2850 W. 11 Mile Rd.

Berkley, MI 48072

(Located between Coolidge and Greenfield on the north side of the street. Enter the client parking lot off Robina (just west of the building). When you first visit, please let a staff member know that you are a new client.)

To enroll, please call (248) 548-3663 or visit <http://www.yadezra.org>

Hours For NEW Client Registration:

Monday & Wednesday - 10 a.m. to 11 a.m.

Tuesday & Thursday - 6 p.m. to 7 p.m.

What to Bring:

1. To receive services from Yad Ezra, clients must bring proof of income for each member of the household, including:
  - Pay Stub
  - Copy of Paycheck
  - Social Security Income Letter
  - Bank statement showing income deposit
  - Bridge card letter
  - Income letter from Unemployment
  - Recent tax return paperwork

If none of the above apply, please call the office for further assistance.

2. Photo ID for yourself and every adult in the household
  - Driver's license, or
  - State ID, or
  - Passport
3. Social Security Cards for every household member, including children

#### 4. Dates of birth for everyone in the household

Number in Family	Monthly Income	**Annual Income
1	\$1,980	\$23,760
2	\$2,670	\$32,040
3	\$3,360	\$40,320
4	\$4,050	\$48,600
5	\$4,740	\$56,880
6	\$5,430	\$65,160
7	\$6,122	\$73,460
*8	\$6,815	\$81,780

### Support Groups for Family Caregivers

#### **Arden Courts of Sterling Heights**

Meets at Nocchi's Italian Restaurant

41620 Garfield

Clinton Township, MI 48038

(586) 795-0998

Open to the public. Group serves those caring for a loved one with dementia or other related memory impairment. Alzheimer's family support group meets the third Wednesday of each month from 10 a.m. to 11:30 a.m. No-cost on-site adult day care available. Groups are led by Alzheimer's Association trained support group leaders.

#### **SarahCare of Lakeside**

13425 19 Mile Road, Suite 500

Sterling Heights, MI 48313

(586) 731-2273

- *Caregiver Support Group*
  - 2nd Thursday of each month from 3:30 p.m. to 5 p.m.
  - No-cost respite offered
- *Early Stage Alzheimer's Support Group*
  - This is the only support group offered in Macomb County and is for individuals with early-stage memory loss and their care partners. Meets the 2nd Wednesday of each month from 6 p.m. to 7 p.m. The support group is participant driven, promotes socialization, and fosters well-being and personal growth. Pre-assessment is required to confirm individuals are able to participate in the group discussion. Those interested can call the Harry L. Nelson Helpline at (800) 272-3900 for more information.