



You can Lean on Molina!

What to Expect after Getting a COVID-19 Vaccine

It's important to remember that the COVID-19 vaccination will help protect you from getting COVID-19. However, you may have some side effects, which are normal signs that your body is building protection. These side effects may affect your ability to do daily activities, but they should go away in a few days. Some people have no side effects.



Common Side Effects

On the arm where you got the shot:

- Pain
- Redness
- Swelling

Throughout the rest of your body:

- Tiredness
- Headache
- Muscle pain
- Chills
- Fever
- Nausea



Helpful Tips

If you have pain or discomfort after getting your vaccine, talk to your doctor about taking an over-the-counter medicine, such as ibuprofen or acetaminophen.

To reduce pain and discomfort where you got the shot:

- Apply a clean, cool, wet washcloth over the area.
- Use or exercise your arm.

To reduce discomfort from fever:

- Drink plenty of fluids.
- Dress lightly.



When to Contact your Doctor

In most cases, discomfort from fever or pain is normal. Contact your doctor or healthcare provider:

- If the redness or tenderness where you got the shot increases after 24 hours
- If your side effects are worrying you or do not seem to be going away after a few days



Things to Remember:

- Side effects may affect your ability to do daily activities, but they should go away in a few days.
- With the Pfizer and Moderna COVID-19 vaccines, you will need two doses in order to get the most protection. You should get the second dose even if you have side effects after the first, unless your vaccination provider or doctor tells you not to get it.
- The Johnson & Johnson vaccine requires one dose to be effective.
- It takes time for your body to build protection after any vaccination. COVID-19 vaccines that require two doses may not protect you until about two weeks after your second dose.
- For COVID-19 vaccines that require one dose, it takes about two weeks after vaccination for your body to build protection.
- After receiving the vaccine, it is still important to wash your hands frequently, wear your mask and social distance when in crowded areas.

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ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call (888) 898-7969 (TTY: 711). ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (888) 898-7969 (TTY: 711).

كل رفلوت قيوغلا ددلسلا تلمدخ نيب، مغللا ركننا نثحتت تنك اذا: قنوطلم
مكبللو مصلا قناه مقر (1-888-898-7969 مقر ب لصنا. ناجملاب: 711).