MolinaHealthcare.com Medicaid

Welcome to

Molina Healthcare.

Your Extended Family.



Michigan Member Handbook Medicaid Last Updated March 2022



Molina Healthcare of Michigan (Molina) complies with all Federal civil rights laws that relate to healthcare services. Molina offers healthcare services to all members without regard to race, color, national origin, age, disability, or sex. Molina does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. This includes gender identity, pregnancy and sex stereotyping.

To help you talk with us, Molina provides services free of charge:

- Aids and services to people with disabilities
 - o Skilled sign language interpreters
 - o Written material in other formats (large print, audio, accessible electronic formats, Braille)
- Language services to people who speak another language or have limited English skills
 - o Skilled interpreters
 - o Written material translated in your language
 - o Material that is simply written in plain language

If you need these services, contact Molina Member Services at (888) 898-7969. Hearing Impaired: MI Relay (800) 649-3777 or 711.

If you think that Molina failed to provide these services or treated you differently based on your race, color, national origin, age, disability, or sex, you can file a complaint. You can file a complaint in person, by mail, fax, or email. If you need help writing your complaint, we will help you. Call our Civil Rights Coordinator at (866) 606-3889, or TTY, 711. Mail your complaint to:

Civil Rights Coordinator 200 Oceangate Long Beach, CA 90802 You can also email your complaint to <u>civil.rights@molinahealthcare.com</u>. Or, fax your complaint to (248) 925-1765.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights. Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html. You can mail it to:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201

You can also send it to a website through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf.

If you need help, call 1-800-368-1019; TTY 800-537-7697.

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-888-898-7969 (TTY: 711).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-898-7969 (TTY: 711).

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 898-7969 (رقم هاتف الصم والبكم: 711).

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-888-898-7969(TTY:711)。

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-888-898-7969 (TTY: 711).

KUJDES: Nëse flitni shqip, për ju ka në dispozicion shërbime të asistencës gjuhësore, pa pagesë. Telefononi në 1-888-898-7969 (TTY: 711).

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-888-898-7969 (TTY: 711) 번으로 전화해 주십시오.

লক্ষয করনঃ যিদ আপিন বাংলা, কথা বলেত পারেন, তাহেল নিঃখরচায় ভাষা সহায়তা পিরেষবা উপলব্ধ আছে। ফোন করুন 1–888–898–7969 (TTY: 711)। UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-888-898-7969 (TTY: 711).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-888-898-7969 (TTY: 711).

ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-888-898-7969 (TTY: 711).

注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。

1-888-898-7969 (TTY: 711) まで、お電話にてご連絡ください。

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-888-898-7969 (телетайп: 711).

OBAVJEŠTENJE: Ako govorite srpsko-hrvatski, usluge jezičke pomoći dostupne su vam besplatno. Nazovite 1-888-898-7969 (TTY- Telefon za osobe sa oštećenim govorom ili sluhom: 711).

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-888-898-7969 (TTY: 711).

Thank you for choosing Molina Healthcare!

Ever since our founder, Dr. C. David Molina, opened his first clinic in 1980, it has been our mission to provide quality health care to everyone. We are here for you. And today, as always, we treat our members like family.

The most current version of the handbook is available at MolinaHealthcare.com

In this handbook you will find helpful information about:

Your Membership (pg 03)

- · Member ID card
- · Quick Reference
- · Phone Numbers

Your Doctor (pg 07)

- · Find your Doctor
- Schedule your First Visit
- Molina Doctors and Hospitals

Your Benefits (pg 11)

- Medical Services
- Hearing Aids
- · No-Cost Cell Phone
- · Vision and Dental
- Covered Drugs

Your Extra Benefits (pg 17)

- · Health Education
- · Health Programs
- · Community Resources
- Transportation

NOTE: If you have any problem reading or understanding this or any Molina Healthcare information, please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711). We can explain in English or in your primary language. We may have it printed in other languages at no cost to you. You may ask for it in braille, large print, or audio at no cost to you. If you are hearing or sight impaired, special help can be provided at no cost to you.

Your Policy (pg 27)

- Member Services Department pg. 28
- Changing Information pg. 28
- Member Materials pg. 28
- Redetermination for Medicaid eligibility pg. 29
- Provider Information Section pg. 29
- Your Primary Care Provider (PCP) pg. 29
- Changing Your PCP pg. 30
- Transition of Care (TOC) pg. 30
- Restrictions for Providers pg. 30
- Network Adequacy Standards pg. 30
- Routine and Specialty Care Services pg. 31
- Type of Care/Appointment Guidelines pg. 31
- Women's Preventive Services pg. 32
- Family Planning Services pg. 33
- Prenatal & Maternity Care pg. 33
- Maternal Infant Health Program (MIHP)
 Services pg. 34
- Covered Services pg. 35
- Non-Covered Services Section pg. 41
- Services Not Covered by Molina Healthcare pg. 41

- Services Not Covered by Medicaid pg. 42
- If You Need to See a Doctor that is Not Part of Molina - pg. 42
- Telehealth pg. 43
- Urgent Care vs. Emergency Room (ER) pg. 43
- How to Get Emergency Care pg. 44
- Out of State / Out of Area pg. 45
- Covered Drugs pg. 45
- Second Opinions pg. 46
- Community-Based Supports and Services - pg. 46
- Mental Health pg. 46
- Substance Abuse pg. 47
- Durable Medical Equipment pg. 47
- Hospice Services pg. 47
- Federally Qualified Health Centers (FQHC), Rural Health Clinics (RHC) and Tribal Health Centers (THC) services - pg. 47
- Tobacco Cessation pg. 47
- How to Access Hospital Services pg. 48
- Provider Information and Payment pg. 49

Your Policy (continued)

- MIChild Premium Payment pg. 50
- Medicaid Payment and Bills pg. 50
- Looking at What's New pg. 50
- Disenrollment pg. 50
- Other Insurance pg. 51
- Children's Special Health Care Services (CSHCS) - pg. 51
- Early and Periodic Screening, Diagnostic and Treatment (EPSDT) - pg. 52
- Grievance and Appeals pg. 52
- Department of Insurance and Financial Services - pg. 56
- State Fair Hearing Process pg. 57
- Rights and Responsibilities pg. 58
- Advance Directives pg. 61
- Five Wishes pg. 62
- Fraud, Waste, and Abuse pg. 62
- Member Privacy pg. 64
- Notice Of Privacy Practices pg. 66
- Definitions pg. 70

Health care is a journey and you are on the right path.

These are the steps you need to take...



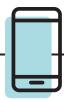
1. Review your Welcome Kit

You should have received your Molina Healthcare ID card. There is one for you and one for every member of your family. Please keep it with you at all times. If you haven't received your ID card yet, visit MyMolina.com or please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711). You need both a Molina Healthcare ID card and a Medicaid mihealth card from the Michigan Department of Health and Human Services (MDHHS). Both cards are required for covered services along with your valid ID.



2. Register for MyMolina

Signing up is easy. Visit MyMolina.com to change your Primary Care Provider (PCP), view service history, request a new ID card and more. Connect from any device, any time!



3. Talk about your health

We'll call you for a short talk about your health. It will help us identify how to give you the best possible care. Please let us know if your contact information has changed.



4. Get to know your PCP

PCP stands for Primary Care
Provider. He or she will be your
personal doctor. To choose
or change your doctor, go to

MyMolina.com or please
call Member Services at
(888) 898-7969, Monday-Friday,
8 a.m. to 5 p.m. (TTY: 711) . Please
call your doctor within the next
60 days to schedule your first
visit.



5. Get to know your benefits

With Molina, you have health coverage and free extras.
We offer free rides to your doctor. We also offer help with your health.

Your Membership

ID Card

There is one ID for each member.



To change your PCP, view eligibility information and more, please visit
www.MolinaHealthcare.com. Questions? Please call Molina Healthcare Member Services at
1-888-898-7969 / TTY 1-888-665-4629, Monday through Friday, 8:00 am to 5:00 pm.

Submit all Medical Claims to:

MOLINA HEALTHCARE, INC

P.O. Box 22668

Long Beach, California 90801

Pharmacy Benefits are administered by

CVS

CAREMARK

Pharmacy Help Desk: (800) 791-6856

If your card is lost or stolen, please
call Member Services at (888) 898-7969

Member Services contact information

MolinaHealthcare.com

You need your ID card to:



See your doctor, specialist or other provider





Go to an emergency room



Get medical supplies and/or prescriptions



Go to urgent care



Have medical tests

Quick Reference

Need	Emergency	 Online Access Find or change your doctor Update your contact information Request an ID card Get health care reminders Track office visits
Action	Call 911	Go to MyMolina.com and sign up Find a provider at: MolinaHealthcare.com/ ProviderSearch

Getting Care

- Preventive Care
- Urgent Care
 - Minor illnesses
 - Minor injuries
- Immunizations (shots)
- Physicals and Check-ups

Call Your Doctor: Name and Phone

Urgent Care Centers
Find a provider or urgent care center
MolinaHealthcare.com/ProviderSearch

24-Hour Nurse Advice Line

(888) 275-8750 (English)

(866) 648-3537 (Spanish)

TTY/TDD English: (866) 735-2929 TTY/TDD Spanish: (866) 833-4703

Your Plan Details

- Questions about your plan
- Questions about programs or services
- ID card issues
- Language services
- Transportation
- Help with your visits
 - Prenatal care
 - Well infant visits with (PCP) or OB/GYN

Member Services

(888) 898-7969

Monday-Friday, during normal business hours, 8 a.m. to 5 p.m.

To schedule a ride to an appointment, please call Member Services.

Changes/Life Events

- Coverage
- Contact Info
- Marriage
- Divorce
- Child Birth
- Death

Member Services

(888) 898-7969, TTY: 711

MDHHS Beneficiary HelpLine

(800) 642-3195, TTY (866) 501-5656

Social Security Administration

(800) 772-1213

TTY/TDD: 800-325-0778

Your Doctor



Your Primary Care Provider (PCP) knows you and takes care of your health needs. Your doctor should make you feel comfortable. It's easy to choose one with our Provider Directory. The Provider Directory is a list of doctors, hospitals, pharmacies, etc. You can pick one for you. And you can pick another for others in your family. Or you can pick one who sees all of you.

Schedule your first visit to get to know your doctor. Please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711) if you need help making an appointment or finding a doctor.

If you do not choose a doctor, Molina will do it for you. Molina will choose a doctor that is in your area. We will find you a doctor that speaks your language. You can also see doctors you have seen in the past. You can change your PCP anytime.

PCP:		
PCP Phone Number		

Schedule Your First Visit

Visit your doctor within 60 days of signing up. Learn more about your health. And let your doctor know more about you.

Your doctor will:

- Treat you for most of your routine health care needs
- Review your tests and results
- Prescribe medications
- Refer you to other doctors (specialists)
- · Admit you to the hospital if needed

Interpreter Services

If you need to speak in your own language, we can get a translator to talk to you. They can also help you talk to your doctor or provider. A translator can help you:

- Make an appointment
- Talk with your doctor or nurse
- Get emergency care
- File a complaint, grievance, or appeal
- Get information about taking medicine
- · Follow up about prior approval you need for a service
- With sign language

This is a free service. If you need a translator, please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711).

You must see a doctor that is part of Molina.

If for any reason you want to change your primary doctor, go to **MyMolina.com**. You can also call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711).



Remember, you can call the 24-Hour Nurse Advice Line at (888) 275-8750 (English) or (866) 648-3537 (Spanish). TTY: (866) 735-2929 (English) or (866) 833-4703 (Spanish). Our nurses can help if you need urgent care.

Your Benefits

Medical Services

We have a growing family of doctors and hospitals. To find a doctor or pharmacy, please visit **MolinaHealthcare.com/ProviderSearch**.

The online directory contains provider information such as names, telephone numbers, addresses, specialties and professional qualifications.

Hearing Aids

Hearing exams and supplies, including hearing aid batteries, maintenance and repair of hearing aids, are covered for all ages. Medicaid covers hearing aids once every 5 years. Hearing aid batteries are distributed 36 disposable every 6 months. If you have any questions regarding this benefit, please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m., EST (TTY: 711). You may also visit **MolinaHealthcare.com.**



Vision and Dental

Vision

Every 2 years, Molina covers eye exams for members 2 years of age and up, and 1 pair of glasses. If glasses are lost, broken or stolen, replacement glasses are covered. Replacements are limited to 2 pairs a year for members under 21 and 1 pair a year for members 21 and up. Contact lenses are covered only if vision problems cannot be fixed with glasses.

Please check your Molina Healthcare Provider Directory to find optometrists or physicians that can give you these services at MyMolina.com.

You receive all of the vision services available through Vision Services Plan (VSP.) Molina Healthcare's vision benefit includes eye exams and replacement glasses.

To find a VSP provider, or to see if your existing provider is included, visit MolinaHealthcare.com to view the VSP Providers available to you in the Provider Directory. If you are a new member with Molina, you may continue seeing your current vision provider for 90 days, if the doctor is not listed. Your provider may contact Molina Healthcare, if they want to be included within our network. Please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711) if you have any questions.

Dental

Molina Healthcare provides dental services to pregnant women. Pregnant Medicaid members are able to use their Molina Healthcare Medicaid ID card to obtain dental services.

Molina Dental Services under Medicaid are provided to members at no cost. Molina's dental benefit includes cleanings, fillings and other preventive services.

Description	Limitations	
Diagnostic and Preventative Services	N/A	
Emergency Dental Care	N/A	
X-Rays	N/A	
Oral Surgery Services	N/A	
Fillings and Other Restorative	N/A	
Services		
Topical Fluoride Treatment	Under Age 21	
Tooth Extractions	N/A	

Pregnant Medicaid members get dental coverage from the first day of the month when Molina finds out about the pregnancy through the postpartum period. The postpartum period is 12 months following end of pregnancy.

Please visit **MyMolina.com** if you would like to review your healthcare coverage. To find a Molina Dental Services



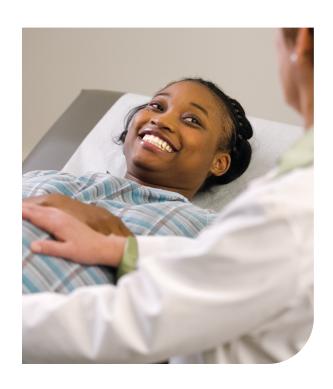
provider, visit MolinaHealthcare.com, select Medicaid, then Find a Doctor or Pharmacy to view the Molina Dental Services Providers available to you.

We are confident you will find an appropriate Molina Dental Services Provider near you.

It is important that pregnant women get proper dental care during their pregnancy for the health and wellbeing of the mother and infant. Molina Healthcare will provide the names of participating dentists in your area who are available to provide dental services. Molina provides unlimited round-trip or one-way trips for covered, medically necessary services each calendar year. Pregnant Medicaid members can use this benefit to visit any Molina Healthcare provider.

If you have questions about this benefit, please contact us. We're here to help. Please call the M.O.M.S. Program at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711). You may also visit MolinaHealthcare.com

All non-pregnant Medicaid members can call the Michigan Medicaid Beneficiary HelpLine for help with finding a dentist at (800) 642-3195 or visit www.medicaiddentistry.com. Healthy Kids dental is a Medicaid health care program, available for low-income children under age 21. If you are currently enrolled in Healthy Kids dental and become pregnant, you will stay in Healthy Kids dental for prenatal dental services. To find out more about Healthy Kids Dental, the dental benefits your child may be eligible to receive and to locate a dentist in your area, please visit www.HealthyKidsDental.org.



No-cost Cell Phone

Get a phone to use 24/7. You can receive <1,000> minutes and <1GB> of FREE data every month. As a Molina member, you also get unlimited texts. You can even get doctor visit reminders and health tips sent to you. If you are interested in a no-cost cell phone, please call (877) 631-2550.

Covered Drugs

Molina Healthcare covers your medically necessary medications. There is no cost to get these drugs.

We use a Preferred Drug List (PDL). These are the drugs we prefer your doctor to prescribe.

Most generic (without a brand name) drugs are included in the list. You can find a list of the preferred drugs at MyMolina.com.

There are also drugs that are not covered. For example, drugs for erectile dysfunction, weight loss, cosmetic purposes and infertility are not covered.

We are on your side. We will work with your doctor to decide which drugs are the best for you.



Your Extra Benefits

MyMolina.com: Manage your health plan online

Connect to our secure portal from any device, wherever you are. Change your doctor, update your contact info, request a new ID card and much more. To sign up, visit **MyMolina.com**.

My Molina Mobile App

Get smart health plan access with your smart phone. With the mobile app, you can easily see your ID card, print it or send it by email to your doctor. Search for new doctors, change your primary care provider (PCP) and much more.

Anytime, anywhere

Download the My Molina mobile app today from the Apple App Store or Google Play Store.





Use our advanced search options to find providers that meet your needs.

Change your primary care provider.

Search for and change your PCP using the doctor finder. All within the app.



Digital ID card

View both sides of your ID card. You can print it from the app or email a copy to your provider.

Other features:

- · View benefits at a glance
- Check your eligibility
- Contact your care manager
- Find a pharmacy near you
- Find an urgent care near you
- View medical records
- Call our Member Services team
- Speak to a nurse through our 24-hour Nurse Advice Line
- · Receive important notifications

Molina Healthcare of Michigan Facebook

Get social with us and see how Molina Healthcare of Michigan is impacting communities across Michigan. Like us on Facebook at https://www.facebook.com/Molina-Healthcare-of-Michigan-104050265342046/

Member Advisory Council

At Molina Healthcare, we want to serve you better. We value your opinion and would like to invite you to apply for the Molina Member Advisory Council. The Member Advisory Council discusses and recommends ways for Molina to improve its services provided to Molina members. Council members must be at least 21 years old and be current Molina members. The Council will meet once a year in your area. Advisory Council members will be expected to participate in discussions concerning their experiences with Molina services and providers. Molina

Your Extra Benefits

will use the member's information about their experiences and their suggestions to improve the healthcare services Molina provides to all members. If you would like to apply or would like more information about the Molina Member Advisory Council, please call (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m., EST (TTY/TDD: 711).

Health Education and Incentives Programs

Live well and stay healthy! Our free programs help you control your weight, stop smoking or get help with chronic diseases. You get learning materials, care tips and more. We also have programs for expectant mothers. If you have asthma, diabetes, heart problems or any other chronic illness, one of our nurses or Care Managers will contact you. You can also sign up on **MyMolina.com**, our secure member portal, or please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711).

If you are pregnant, we want you to have a healthy pregnancy and baby. Molina Healthcare has a FREE program just for both of you. It's called the Moms of Molina (M.O.M.) Program. A special nurse coordinator works with you and your doctors to make sure you get the care you need. We give information about prenatal care and free support services to all mothers-to-be.

We can help you:

- · Stay healthy
- Find a doctor for you and your new baby
- Set up doctor visits during your pregnancy and after your baby is born
- Get rides to your doctor visits
- Handle special needs while you're pregnant

- Find childbirth and parenting classes and counseling
- Get information finding food, housing and baby clothes, and what to expect while you are pregnant
- Keep in touch with you and your doctor]

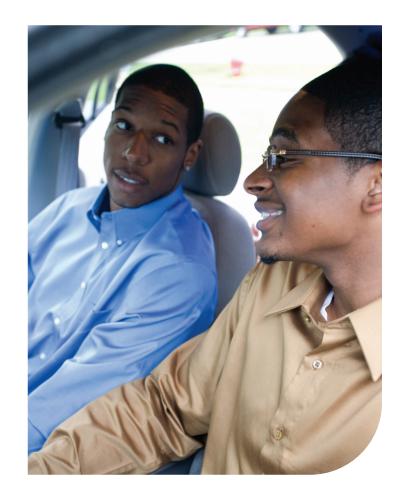
Remember to get early, regular prenatal care and to keep all your doctor appointments, even if this is not your first baby. Please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711) and ask for the M.O.M. Nurse.

You may be eligible to receive a \$25 gift card by completing your postpartum visit after you have your baby (if the visit is performed by the PCP or OB/GYN). The Postpartum visit needs to be between 21-56 days after the birth of the baby. For more information, please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711) and ask for the M.O.M. Nurse.

Transportation

Molina Healthcare will provide transportation to covered services. Transportation is provided when you have no other means to get to your doctor appointments, x-rays, lab tests, pharmacy, medical supplies or other medical care. To save another trip, get your scripts filled right after a medical visit. Please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711) to schedule. It is important to call 3 business days in advance of your appointment to schedule a free ride. You can request same-day for urgent non-emergency medical transportation (NEMT).

If you must travel to receive services and do not have your own way to get there, Molina will always help you. Additionally, for each member, Molina provides unlimited round-trip or one-way trips (Prior Authorization may be required for long distances) for covered, medically necessary services each calendar year. Members can use this benefit to visit any Molina Healthcare provider.





Molina Healthcare will also cover emergency transportation to the hospital. You should call 911 when you have an emergency and need immediate transportation.

Have your Member ID Card handy.

Care Management

We have a team of nurses and social workers ready to serve you. They are called Care Managers. They are very helpful. They will give you extra attention if you have the following health problems:

- Asthma
- Behavioral health disorders
- Chronic Obstructive Pulmonary Disease (COPD)

- Diabetes
- High blood pressure
- High-risk pregnancy

Additional services are available. Please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711) if you think you could benefit from Care Management

Community Connectors

The Community Connector Program is a program designed to improve the access of care through the involvement of a Molina Community Connector. Molina Community Connectors help members find:

- Housing resources for homeless
- Support group information

A medical home

Utility bill assistance

Food bank locations

Transportation options

Community Connectors assist members with:

- Food stamp applications
- Social Security determinations
- Health and social services applications

- Meals on Wheels set-up
- Health goals
- Determining Medicaid eligibility
- Primary Care Provider discussions

How We Serve

- Home, community and shelter visits
- Face-to-Face and Phone interviews
- Act as a member advocate
- Help to remove barriers to care

- Help to schedule appointments with providers
- Assist with pharmacy issues
- Conduct home safety checks

If you could benefit from our Community Connector Program, please call Member Services toll-free at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. EST (TTY: 711).

Case Management

Molina Healthcare staff will help coordinate your care

Living with health problems and managing them can be hard. We offer special services and programs for members who need extra help with a health problem. This can be any adult or child who is receiving health services for an ongoing health problem. The programs are offered at no cost to you.

Molina Healthcare staff can help you:

- · Access services that you are eligible to receive.
- Set up appointments and tests.
- Set up transportation.
- Identify any gaps in care or health care needs.
- Access resources to help you with special health care needs and/or your caregivers deal with day-today stress.
- Coordinate the move from one setting to another. This can include being discharged from the hospital.
- Assessing eligibility for long-term care services and supports.
- Connect with community resources.
- Find services that might not be benefits. This includes community and social services programs such as physical therapy with the schools or "Meals on Wheels".
- Set up services with a primary care provider (PCP), family members, caregivers and any other identified provider.
- Assist you in navigating the health care system.
- Assist you with medication needs.
- Assist you in understanding new diagnoses.

How do members enroll?

The Case Management programs are voluntary but a member must meet certain requirements. You can also be referred to one of the programs through:

- Provider referrals
- Self referrals

Who do I contact for more information?

Please call our Health Management Department at (866) 891-2320 (TTY: 711). Our staff can give you more information. They can also let you know what programs you are currently enrolled in. You can also ask for a referral or ask to be removed from a program.

Community Resources

We are part of your community. And we work hard to make it healthier.

Local resources, health events and community organizations are available to you. They provide great programs and convenient services. Best of all, most of them are free or at low cost to you.

- Dial 2-1-1. This is a free and confidential service that will help you find local resources. Available 24/7.
- MDHHS Beneficiary Help Line (800) 642-3195, TTY (866) 501-5656
- Women, Infant, Children (WIC) (800) 942-1636

Women, Infants and Children (WIC) Program offers pregnant women and young children FREE food and other services. You do not need to ask your PCP to get WIC services. To find out more, please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711) or the M.O.M. Nurse at (866) 449-6828.

For a full listing of Community Resources, please visit https://tinyurl.com/Molina-Community-Resource.

Annual Molina HOPE Coat Drive

Since 2016, Molina Healthcare of Michigan has given away more than 25,000 coats to Michigan residents in need. Winter accessories are also distributed, including hats, gloves and scarves. Every year, Molina invites Molina Michigan members and the community to attend the Molina HOPE Coat Drive. They will receive a brand-new coat for each member of their family and winter accessories. They will also have the opportunity to enjoy refreshments, food, face painting, arts, crafts and more.

If you are interested in learning more about the Annual Molina HOPE Coat Drive, please call (248) 729-4923 or email MHMCommunityOutreach@MolinaHealthcare.com.



MY POLICY DETAILS

Member Services Department

Molina Healthcare provides Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711). We answer questions about plan benefits and other concerns, including:

- General Information
- Change of address or phone number
- Changing doctors
- Claims
- Wellness
- · Requesting an identification (ID) card
- Benefits
- PCP address and phone number
- Filing a grievance or appeal
- Enrollment or disenrollment questions

Contact Member Services by:

- · Visiting the Molina Healthcare office
- Calling Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711)
- Visiting <u>MyMolina.com</u>

If you don't speak English, we have Spanish and Arabic-speaking Representatives to serve you. For any other language, please call our language line at (800) 752-6096. If you are hearing impaired, use Michigan Relay at (800) 649-3777. For written materials in a language other than English or in a different format because of special needs, please call

Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711). These materials are provided at no cost to you.

Changing Information

If you change your name, address, telephone number or if your family size changes, please call the MDHHS Beneficiary Help Line at (800) 642-3195,

TTY (866) 501-5656. These changes include coverage, contact information, marriage, divorce, child birth, and death. You can change your address and phone number using the MIBridges portal and also find other useful resources. This can be done on your mobile phone. Please go to

https://www.mibridges.michigan.gov/access/.

Member Materials

You can request print or electronic copies of member materials including provider directories, member handbooks and appeal and grievance notices. We can explain in English or in your primary language. We may have it printed in other languages. You may ask for it in braille, large print, or audio at no cost to you. If you are hearing or sight impaired, special help can be provided at no cost to you. Please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711) to request a copy of member materials free of charge.

You will receive member handbooks within 5 business days of request.

Redetermination for Medicaid eligibility

The Redetermination process is important to complete in order to retain Medicaid benefits. When you are up for Redetermination, you should receive your Medicaid redetermination paperwork from MDHHS. Once you have completed your Redetermination paperwork, you must return it to your assigned case worker. Your Redetermination paperwork should be taken to your local MDHHS office or returned by mail to your local MDHHS office by the date listed on your Redetermination paperwork. To renew your benefits online and access your case, please visit

www.mibridges.michigan.gov/access.

If you aren't sure about when you redetermination date is or if you need assistance completing your paperwork, please call the MDHHS Insurance Assistance Program at (877) 342-2437.

If you need help or have any questions, please contact Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. EST (TTY: 711).

Provider Information Section Your Primary Care Provider (PCP)

To get started, you must choose a PCP. PCPs are doctors, nurse practitioners, or physician assistants who offer Family Practice, Pediatrics, or Internal

Medicine services. Your PCP provides most of your health care. Your PCP may also send you to specialists, other health care providers and hospitals.

You will find a list of PCPs at MolinaHealthcare.com or MyMolina.com. To request a paper copy of our list of PCPs at no cost to you, please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711) . If needed, a specialist can be your PCP. If you do not choose a PCP within 30 days of enrollment, we will select one for you. We will make sure that PCP services and hospital services are available within 30 miles or 30 minutes from your home.

Molina Healthcare and your PCP care about your health. Your PCP can help you avoid problems by:

- Finding medical, dental and other issues early
- Treating problems before they become serious and
- Educating you about your health

If you have a chronic health problem like diabetes or renal disease, you may be able to have a specialist take care of you as your PCP. Please call us and we will help you.

Changing Your PCP

You may change your PCP or choose a new PCP at any time. Your requests will take effect immediately. To change your PCP, visit MyMolina.com or please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711) and we will help. You can also request a new PCP in writing. Please call Member Services and ask for a PCP Selection Form with a pre-paid return envelope. If your health or safety is in danger, you will be given another PCP right away.

Transition of Care (TOC)

If you are new to Molina Healthcare, you can keep your doctors and services for at least 90 days from your enrollment date. Examples include medical, behavioral health, and pharmacy services.

If you are pregnant, you can stay with your doctor through the pregnancy and post-partum period.

If you are a Molina member and your doctor no longer participates with Molina, you can see your current doctor if you are receiving treatment for certain chronic diseases.

Molina will not approve continued care by a nonparticipating doctor if:

You only require monitoring of a chronic condition

- The doctor has a restriction and you might be at risk
- The doctor is not willing to continue your care
- Care with the non-participating doctor was started after you enrolled with Molina
- The doctor does not meet Molina's policies or criteria

Molina will help you choose new doctors and help you get services in the Molina network. Your doctor may call Molina at (888) 898-7969 if they want to be in our network

Also if you are receiving Children's Special Health Care Services (CSHCS), please contact Molina at (888) 898-7969 for help with transition of care services.

Restrictions for Providers

Molina members may access participating providers in any contracted network. With the understanding that some provider organizations may have their own network requirements.

Network Adequacy Standards

Network adequacy is the health plan's ability to provide access to an adequate number of in-network primary care providers (PCPs), specialists, hospitals, pharmacies and dental providers to provide care to their members. Members can request a print copy of the MDHHS' published Network Adequacy Standards at no cost by calling Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711).

Routine and Specialty Care Services

Your PCP will help you get your health care services.

- Please call your PCP for an appointment.
- If you cannot keep your appointment, please call and cancel the appointment as soon as possible.
- Bring your Molina Healthcare ID card, your Medicaid mihealth card and valid ID with you
- · Please be on time.
- A parent or legal guardian must take a minor child to the medical appointment. If a parent or legal guardian is unable to take a minor child, please contact your doctor to find out the next steps before your child is seen by a doctor.

You can get specialty care from a participating provider including routine and preventive health care services from an OB/GYN, women's health specialists and pediatric providers. There is no cost to get these services. While Molina Healthcare of Michigan doesn't require referrals, check with your PCP to make sure there are no other referral needs.

You can check **MolinaHealthcare.com** for a list of Molina specialists and other providers. You may request a paper copy of our list of specialists at no cost to you and other health care providers by calling Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711).

Type of Care/Appointment Guidelines

If applicable, your doctor's/dentist's office should make appointments in this time frame:

Medical Appointment Guidelines	Length of Time
After Hours Care (Emergency Services)	Immediately – 24 hours/ day, 7 days a week
Urgent Care	Within 48 hours
Routine Primary Care	Within 30 business days of the request
Preventive Care Appointment	Within 30 business days of the request
Non-Urgent Symptomatic Care	Within 7 business days of the request
Specialty Care	Within 6 weeks of the request
Acute Specialty Care	Within 5 business days of the request

Medical Appointment Guidelines	Length of Time
Behavioral Health*	 Immediately for life threatening emergency Routine care within 10 business days of request Non-life threatening emergency within 6 hours of request Urgent Care within 48 hours of request

^{*}Behavioral Health is limited to Covered Services

Dental Appointment Guidelines	Length of Time
Emergency Dental Services	Immediately – 24 hours/ day, 7 days a week
Urgent Care	Within 48 hours
Routine Care	Within 21 business days of the request
Preventive Care	Within 6 weeks of the request
Initial Appointment	Within 8 weeks of the request

Please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711) if you have trouble scheduling or can't get an appointment in the respective time frame. If there is an emergency, go to the emergency room.

Women's Preventive Services

Women may see any Molina Healthcare OB/GYN or women's health specialist for well woman care. There is no cost to get these services. While Molina Healthcare of Michigan doesn't require referrals, check with your PCP to make sure there are no other referral needs.

- Women age 50 or over should have a mammogram to screen for breast cancer once every year.
- Women should have a pap smear every year to screen for cervical cancer.
- Women age 16 25 who are sexually active should have a Chlamydia test. every year to screen for this sexually transmitted disease (STD).

Women's Health and Cancer Rights Act – Women's health benefits include breast reconstruction services if elected after a mastectomy.

Family Planning Services

Family Planning Services are covered. These services include:

- Counseling to help you to decide when to have children
- Help to decide how many children to have
- Information about and prescriptions for birth control. For example, condoms and birth control pills. There is no cost to get these items.
- Treatment for sexually transmitted diseases (STD)

While Molina Healthcare of Michigan doesn't require referrals, check with your PCP to make sure there are no other referral needs to get family planning services. You can get family planning services from any doctor, clinic or Local Health Department, in or out of network. Family planning services are voluntary and confidential. Medicaid will pay for all services received out of network. You will use your miHealth card to receive services

Prenatal & Maternity Care

Early care is important to the health of pregnant women and their babies

 If you think you are pregnant, please call your doctor for an appointment. It is important to start prenatal care in the first 12 weeks of pregnancy.

- While Molina Healthcare of Michigan doesn't require referrals, check with your PCP to make sure there are no other referral needs for routine maternity care services.
- If you need help finding a doctor, please call Member Services at (888) 898-7969. Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711)
- If you need help making a doctor's appointment, please call the M.O.M. Nurse at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711)
- Make sure you go to your doctor right after you have your baby for follow-up care (3 - 8 weeks, 21 – 56 days after your baby is born). If you had a C-section, you would follow up within 1 - 2 weeks of surgery.
- We offer prenatal, postpartum and maternity care
- We offer information on diet, exercise and other important health care services

At birth, your child becomes a member of Molina Healthcare. It is important that you tell your MDHHS worker and Molina about your child's birth as soon as possible. If you have any questions about your new baby's enrollment in Molina Healthcare, please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711).

We will make sure that:

- · Your baby gets healthcare
- Your baby's doctor is listed on the Molina Healthcare ID card

Maternal Infant Health Program (MIHP) Services

The Maternal and Infant Health Program (MIHP) is a covered benefit that helps pregnant members and infants get the right food, support and transportation for all health services. The Program also helps you to understand the importance of getting prenatal care, well childcare and immunizations when they are scheduled.

This home visiting program helps to promote healthy pregnancies, positive birth outcomes and healthy infant development. These services include:

For Mom and Baby:

- Birth control information.
- Nutritional counseling, WIC and food pantries.
- Childbirth/Breastfeeding Education.
- Transportation to medical & WIC appointments.
- Cribs/Car seats/Car seat safety.
- · Housing assistance

- · Parenting classes
- Education on infant care and safety

You and your baby can get a visit from a nurse in your home or in a location you choose.

Dental:

Pregnant women receive free dental care for cleanings, fillings and other services.

Visit <u>MolinaHealthcare.com/ProviderSearch</u> to find a dentist.

Quit Smoking:

Smoking during pregnancy can harm your baby.

Visit https://michigan.quitlogix.org for help quitting or reducing smoking.

WIC:

Women, Infants and Children (WIC) Program offers pregnant women and young children free food and other services. You do not need to ask your PCP to get services from WIC. Visit

https://tinyurl.com/Michigan-WIC for more information.

If you would like more information about these support services, please call the M.O.M. Program at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711).

Covered Services

Approval Process

Prior Authorization is a request for service from your doctor. You do not need it for most medical services. But some services do require it. Molina Healthcare's medical staff and your doctor review the need for this care before services are given. They make sure it is right for your health condition.

For a list of covered services that require Prior Authorization, please refer to the Covered Services chart. You may also visit MolinaHealthcare.com or please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711).

Covered Services (at Participating Providers)	
Ambulance transportation	PA (Prior Approval) is not required, except for non-emergency air ambulance.
Behavioral Health: Mental Health	PAs are required for some neuropsychological and psychological testing and outpatient ECT. Molina covers outpatient mental health services.

Covered Services (at Part	cicipating Providers)
Blood lead testing for members under age 21	PA is not required.
Breast pumps; personal use, double-electric	PA is not required.
Certified nurse midwife services	PA is not required.
Certified pediatric and family nurse practitioner services	PA is not required.
Chiropractic (back) services	PA is not required.
Dental Services for Pregnant Medicaid members	Routine services do not require PA. Dental services other than routine care require PA. Dental services
	will be provided to pregnant women by a participating dental doctor.
	Medicaid covers: • Periodic oral exams • Extractions • Preventative and restorative services • Dentures and partials

Covered Services (at Participating Providers)	
Diagnostic services (x-ray, lab and imaging)	Selected diagnostic services (including CT Scans, MRIs, MRAs, PET Scans, and SPECT) require PA.
Durable medical equipment (such as crutches and wheelchairs)	Some durable medical equipment items require PA.
Emergency services	PA is not required.
End stage renal disease services	PA is not required.
Family planning services	PA is not required for family planning services, drugs, supplies and devices.

Covered Services (at Participating Providers)	
Federally Qualified Health Centers (FQHC), Rural Health Clinics (RHC) and Tribal Health Centers (THC) services	PA is not required. You may choose to get services from a Federally Qualified Health Center (FQHC), Rural Health Clinic (RHC) or Tribal Health Center (THC) located in your county. You do not need to ask your PCP to receive FQHC, THC or RHC services. You can also get services from out-of-network FQHCs, RHCs and THCs without prior approval.
Habilitative and Rehabilitative Services	PA is required for PT, OT and speech evaluations. PA is not required for habilitative services.
Health Education	PA is not required.

Covered Services (at Participating Providers)	
Hearing Aids for all ages	PA is not required, unless benefit is exceeded.
	 Hearing Aids - Once every 5 years Hearing Aid Batteries - 36 disposable every 6 months Replacement Ear Molds - 4 per 12 month per hearing aid (age 0 to 2) 2 per 12 months per hearing aid (age 3 to 12) 1 per 12 months per hearing aid (age 13 and older)
Home health services	PA is required after initial evaluation + 6 visits.
Hospice services	PA is not required.

Covered Services (at Part	icipating Providers)
Inpatient hospital services	Inpatient hospital services (except for emergency admissions) and elective admissions, including pregnancy delivery services, and all inpatient surgeries, require PA. Notification to Molina Healthcare is required within 24 hours of admission or by the next business day for emergency admissions. Also includes Skilled Nursing Facilities (SNF) and Long Term Acute Care (LTAC) Facility.
Interpretative services for non-English speaking members and interpretive by phone services for the hearing impaired	PA is not required.

Covered Services (at Participating Providers)	
Maternal and Infant Health Program (MIHP) services	PA is not required. Risk Identifier and up to 9 visits for the mom with a MIHP provider. Risk Identifier and up to 9 visits for the infant with a MIHP provider and an additional nine with a doctor's order. Substance exposed infants may receive up to 18 additional visits.
Medical supplies	Some medical supplies require PA.

Covered Services (at Participating Providers)	
Medically necessary weight reduction services	PA is required.
Nursing facility services for an "off and on" or short-term restorative or rehabilitative stay, up to 45 days	Nursing facility services require PA. Nursing facility stays are covered for members. Members in need of nursing services should call Member Services for information on available providers.
Obstetrical (maternity care: prenatal and postpartum including atrisk pregnancy services) and gynecological services	PA is not required.

Covered Services (at Participating Providers)

Office Visits (routine)

PA is not required. You should see your doctor 2 times a year for preventive visits. This includes annual physical exams and screenings, including:

- Complete physical exam
- Immunization review and update
- Age-appropriate heart disease screenings (blood pressure, blood glucose and cholesterol tests)
- Cancer risk screenings (pelvic exam, pap smear, prostate and colorectal screenings)
- Sexually-transmitted disease testing
- Evaluation for signs of depression
- Alcohol, depression, obesity and tobacco counseling

Covered Services (at Part	icipating Providers)
Out of State/Out of Area services (authorized by the Plan)	PA is required. Emergency services are excluded.
Outpatient hospital services	Some outpatient services require PA.
Outreach services, including pregnancy and well child care	PA is not required.
Parenting and birthing classes	PA is not required.
Podiatry (foot) services	If the doctor is PAR (participating), in office procedures and services are covered without PA
Practitioner Services	PA is not required for PAR practitioners.
Prescription drugs, including certain prescribed over-the- counter drugs	Selected drugs, including injectables and some over-the-counter drugs, require PA. There is no cost to get these drugs.
Preventive services	PA is not required. There is no cost to get these services.
Primary Care Provider (PCP) services	PA is not required.

Covered Services (at Participating Providers)		
Prosthetics and Orthotics	PA is required.	
Renal dialysis (kidney disease)	PA is not required.	
Restorative or Rehabilitative Services (in a place of service other than a nursing facility)	PA is required.	
Screening and counseling for obesity (for bariatric services)	PA is not required. Screening and counseling for obesity requires a referral by a provider.	
Shots (immunizations)	PA is not required.	
Specialist services	Office visits to see a specialist do not require PA. Some specialist services do require PA.	
Telehealth	If your provider offers telehealth services, it is covered.	

Covered Services (at Participating Providers)	
Therapies (language, physical and occupational and therapies to support activities of daily living), excluding services provided to persons with developmental disabilities which are billed through Community Mental Health Services Program (CMHSP) providers or Intermediate School Districts	PA is required for: Effective 1/1/22 - PT and OT benefit is limited to initial evaluation + 12 visits for each. If additional visits are required beyond 12, PA is required. Speech Therapy: After initial evaluation plus 6 visits for office and outpatient settings.
Tobacco cessation program including pharmaceutical and behavioral support	PA is not required.
Transplant Services	PA is required.
Transportation, including ambulance and other emergency medical transportation.	PA is not required, except for non-emergency air ambulance.

Covered Services (at Participating Providers)		
Treatment for communicable diseases, including sexually transmitted diseases (STD) HIV/ AIDS, tuberculosis and vaccine preventable diseases; treatment may be received from a local health department without prior health authorization	PA is not required when services are received at local health department.	
Vision services	PA is not required.	
Well-child/EPSDT exams for children under the age of 21	PA is not required.	
Women's health specialist services	PA is not required.	
Yearly well-adult exams	PA is not required.	

This is not a complete list. If you have a question about if a service is covered, please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711).

Some hospitals and providers may not provide some covered services you need because of moral or religious grounds. If you have questions about a service or how to access those services, please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711).

Non-Covered Services Section Services Not Covered by Molina Healthcare

Molina Healthcare will not pay for services or supplies received without following the directions in this handbook. The following services are not covered by Molina Healthcare, but may be provided by Medicaid or other programs:

- Custodial services in a nursing home
- Dental services
 *Pregnant Medicaid members are eligible for dental services
- Home and Community Based Waiver Program services
- Inpatient hospital psychiatric services
- "Off and on" or short-term restorative or rehabilitative services in a nursing facility after 45 days
- Mental health services for enrollees meeting the guidelines under Medicaid policy for serious mental illness or severe emotional trouble

Your Policy

- Outpatient partial hospitalization psychiatric care
- Personal care or home help services
- Services provided by school district and billed through the Intermediate School District
- Services, including therapies (speech, language, physical, occupational) provided to persons with developmental disabilities and billed through Community Mental Health Services Program providers or duplicate services at an Intermediate School District
- Substance abuse treatment and detoxification services
- Transportation for services not covered by Molina Healthcare
- Traumatic Brain Injury Program services

Services Not Covered by Medicaid

The following services are not covered by Medicaid:

Abortions (elective) and related services.
 Abortions and related services are covered when medically necessary to save the life of the mother, if the pregnancy is a result of rape or incest, treatment is for medical complications occurring as a result of an elective abortion or treatment is for a spontaneous, incomplete, or threatened abortion or for an ectopic pregnancy

- Services for treatment of infertility
- Experimental / investigational drugs, procedures, or equipment
- Cosmetic surgery (elective)

This is not a complete list of the services that are not covered by Medicaid or Molina Healthcare. If you have a question about whether a service is covered, please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711). You can also call if you need help obtaining these services.

If You Need to See a Doctor that is Not Part of Molina

If a Molina Healthcare provider is unable to provide you with necessary and covered services, Molina Healthcare must cover the needed services through an out-of-network provider. The cost to you should be no greater than it would be if the provider were in Molina Healthcare's network. This must be done in a timely manner for as long as Molina's provider network is unable to give the service.

If you are outside of the Molina Healthcare service area and you need non-emergency medical care, the provider must first contact Molina Healthcare to get approval before giving any services. It is important to remember that you must get services covered by Molina Healthcare from facilities and/or providers in Molina Healthcare's network.

Telehealth

Telehealth is 24/7 access to doctors by phone or video. Our U.S. board-certified providers can diagnose, treat and even prescribe medicine, if needed, for a wide range of medical needs, including the flu, allergies, rash, upset stomach and must more. Please call your PCP today to find out if they offer telehealth services. If your provider offers telehealth services, it is covered.

Urgent Care vs. Emergency Room (ER)

Did you know that there are other places to go for treatment besides the Emergency Room (ER) when your medical need is not life threatening? These places are called Urgent Care and After Hours Clinics.

What are Urgent Care and After Hours Clinics? Urgent Care and After Hours Clinics treat medical problems that may not wait until your next doctor visit, but are not life threatening.

Advantages of an Urgent Care & After Hours Clinic

- Shorter wait times
- You can be seen on a walk-in basis
- Many are open evenings and weekends
- Patients receive care from the same people as an emergency room or primary care clinic

If you cannot see your doctor, you can go to an Urgent Care or an After Hours Clinic if you have any of the following:

- Twisted or sprained ankle
- · Cough, cold, or sore throat
- Minor skin rash
- Farache
- Cuts, bumps, & sprains
- Fever or flu symptoms
- · General wound care
- Animal bite
- Urinary tract infection
- Fever
- Mild asthma
- Flu shot

You should go to the ER for sudden injury or sickness such as:

- Poisoning (Poison Control Center toll free (800) 764-7661, TTY: 711)
- · A lot of bleeding
- A very bad burn
- Very bad shortness of breath (trouble breathing)
- · Drug overdose
- Gunshot wound
- · Chest pain
- Broken bones

Remember

- Your Doctor
- Urgent Care/After Hours Clinic
- Emergency Room

If you think you have a life threatening emergency, call 911.

For an Urgent Care or After Hours Clinic near you, please call your Molina Healthcare of Michigan 24-Hour Nurse Advice Line at (888) 275-8750 (English) or (866) 648-3537 (Spanish.) TTY: 711.

How to Get Emergency Care

Molina Healthcare will cover all emergency services without prior approval in cases where a person, acting reasonably, would believe that they have an emergency.

You should get emergency care when you have severe pain or a serious illness or injury that will cause a lifetime disability or death if not treated at once.

Examples of emergencies:

- Chest pains or heart attack
- Choking or breathing problems
- · A lot of bleeding
- Poisoning
- Broken bones

If you can, call your PCP or please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711). They can help you get the care you need. If you cannot call your PCP or Molina Healthcare, call 911 or go to the nearest hospital emergency room for emergency care.

ALWAYS CARRY YOUR MOLINA HEALTHCARE ID CARD AND MIHEALTH CARD WITH YOU AND SHOW THEM YOUR VALID ID WHEN YOU GO TO THE EMERGENCY ROOM. NEVER GO TO AN EMERGENCY ROOM FOR ROUTINE CARE.

Molina Healthcare will also cover emergency rides to the hospital. You should call 911 when you have an emergency and need immediate transportation.

Molina Healthcare has a 24-Hour Nurse Advice Line to help you understand and get the medical care you need. Please call (888) 275-8750 for English or (866) 648-3537 for Spanish.

You might need care after you leave the ER. If you do, don't go to the ER for follow up care. Schedule an appointment with your doctor. If you need help seeing a doctor, please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711). If you don't have an emergency, don't go to the ER. Please call your PCP. If you need non-emergency care after normal business hours,

you can also visit an Urgent Care Center. You can find Urgent Care Centers in the Provider Directory. If you need help finding one, please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711). You may also visit MolinaHealthcare.com.

Out of State / Out of Area

If you are out of town and have a medical emergency or need urgent care:

- Go to the nearest urgent care center or emergency room for care. The hospital or urgent care center may call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711).
- Remember to follow-up with your PCP after any emergency room or urgent care visits.

Covered Drugs

To be sure you are getting the care you need, we may require your provider send in a request to us (Prior Authorization). Your provider will need to explain why you need a certain drug or a certain amount of a drug. We must approve the PA request before you can get the medication. Reasons why we may require PA of a drug include:

 There is a drug without a brand name or another alternative drug available

- The drug can be misused or abused
- The drug is listed in the formulary, but not found on the Preferred Drug List (PDL)
- There are other drugs that must be tried first

Some drugs may also have quantity (amount) limits and some drugs are never covered.

Some drugs that are never covered are:

- Drugs for erectile dysfunction
- Drugs for infertility

If we do not approve a PA request for a drug, we will send you a letter. The letter will explain how to appeal our decision. It will also detail your rights to a State Fair Hearing.

We require the use of drugs without a brand name when available. If your provider believes you need a brand name drug, the provider may submit a PA request. Molina Healthcare has a process to determine whether to approve the brand name drug. Remember to fill your prescriptions before you travel out of state.

The Preferred Drug List (PDL) can change. It is important for you and your provider to check the PDL when you need to fill or refill a medication.

Refer to our Provider Directory to find an in-network pharmacy. You can find an in-network pharmacy by

visiting MolinaHealthcare.com, select Medicaid, then select What's Covered and then Prescription Drugs. You can also call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711) to find a network pharmacy near you.

You can also access Michigan's Common Drug Formulary by visiting our website at MolinaHealthcare.com, select Medicaid, then select What's Covered and then Prescription Drugs. You may request an electronic or print copy of the formulary, free of charge, by calling Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711).

Specialty pharmacy drugs can be delivered to your home, your doctor's office or available for pick-up at a local CVS Pharmacy. The program is called Specialty Connect. After dropping off their prescription at the pharmacy, you will receive insurance guidance and dedicated clinical support by phone from a team of specialty pharmacy experts, trained in each therapeutic area, who are available 24 hours a day, 365 days a year. Please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711) for more information.

Second Opinions

If you do not agree with your provider's plan of care for you, you have the right to a second opinion. Talk

to another provider or out-of-network provider. This service is at no cost to you. Please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711) to learn how to get a second opinion.

Community-Based Supports and Services

Community-based supports and services address health needs, encourage prevention and health education, and are created for the needs of the community. Please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711) to find out where and how to get community-based supports and services.

Mental Health

Molina Healthcare covers outpatient visits for mental health services. While Molina Healthcare of Michigan doesn't require referrals, check with your PCP to make sure there are no other referral needs for mental health services. Be sure to go to a Molina mental health provider. If you have a serious mental illness, you may be referred to the Community Mental Health Services Program in your county. If you have questions about this, please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711).

Substance Abuse

You may have a substance abuse problem if:

- Anyone has ever told you that you should cut down on your drinking
- · Your drinking or behavior annoys people
- You feel guilty about drinking or taking drugs
- You ever had a drink first thing in the morning to steady your nerves or get rid of a hangover

Please get help. Please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711) for more information on how to get these services.

Durable Medical Equipment

Molina Healthcare covers medically necessary equipment. For information, please call your PCP or Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711).

Hospice Services

Hospice is a covered program that provides end of life care. For information on hospice care, please call your PCP or Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711).

Federally Qualified Health Centers (FQHC), Rural Health Clinics (RHC) and Tribal Health Centers (THC) Services

You may choose to get services from a Federally Qualified Health Center (FQHC), Rural Health Clinic (RHC) or Tribal Health Center (THC) located in your county. You do not need to ask your PCP to receive FQHC, RHC or THC services. You can also get services from out-of-network FQHCs, RHCs and THCs without prior approval.

Tobacco Cessation

Molina Healthcare covers tobacco cessation services for all members, including diagnostic, therapy and counseling services and pharmacotherapy (including coverage of prescription and non-script tobacco cessation agents approved by the Federal Drug Administration (FDA). Smoking cessation medications covered to help members quit smoking include:

- Nicotine Lozenges (covered up to 20 per day)
- Nicotine Chewing Gum (most covered up to 30 per day)
- Nicotine Patch/Kit (covered up to 1 per day)
- Nicotine Nasal Spray (covered up to 40 mL per month)

Your Policy

- Nicotine Inhaler (covered up to 168 cartridges per month)
- Bupropion SR 150mg Tablet (covered up to 2 tablets per day)
- Varenicline 0.5mg and 1mg Tablet (covered up to 2 tablets per day)

For help with medication selection, pharmacies can call the Molina Pharmacy Helpdesk for assistance at (855) 322-4077. Members can contact member services at 888-898-7969 for assistance.

To enroll in the "I Can Quit" program, please call the Michigan Tobacco Quit Line toll-free (800) 480-7848. Tobacco use is the largest preventable cause of illness and early death. No matter your age or how long you've smoked or used tobacco, it is important to quit. Quitting reduces your risk of lung cancer, heart disease, stroke and lung diseases.

Some of the benefits of quitting:

- After 20 minutes -- blood pressure decreases
- After 24 hours -- the chance of a heart attack is lower
- After 1 year -- excess risk of heart disease is decreased
- After 5 to 15 years -- the risk of stroke is reduced

There are many ways to quit smoking. You may even have to try different ways before you succeed. Don't lose hope. The important thing is that you quit. Keep in mind that it's never too late – especially if you're living with a chronic disease.

TIPS TO HELP YOU QUIT:

- 1. Admit the problem to yourself and those around you.
- 2. Keep track of when and why you smoke.
- 3. Set a quit date.
- 4. Limit the time you spend with people who smoke
- 5. Write down the list of reasons for not smoking. Keep that list with you. Make sure to review those reasons when you feel the need to smoke.
- 6. Talk to your doctor about treatment choices.
- 7. Please call the Michigan Tobacco Quit Line toll-free (800) 480-7848 to enroll in the "I Can Quit" program.

How to Access Hospital Services Inpatient Hospital Services

You must have a Prior Authorization to get hospital services except in the case of an Emergency or Urgent Care Services. However, if you get services in a hospital or you are admitted to the hospital for Emergency or out-of-area Urgent Care Services, your hospital stay will be covered.

Medical/Surgical Services

We cover the following inpatient services in a participating hospital or rehab facility, when the services are generally and customarily provided by acute care general hospitals or rehab facilities inside our service area.

- Room and board, including a private room if medically necessary
- · Specialized care and critical care units
- · General and special nursing care
- Operating and recover rooms
- Services of participating providers, including discussion and treatment by specialists
- Anesthesia
- Drugs prescribed in accord with our Drug Formulary guidelines (for discharge drugs prescribed when you are released from the hospital, please refer to "Prescription Drugs and Medications")
- · Radioactive materials used for therapeutic purposes
- Durable medical equipment and medical supplies
- Imaging, laboratory, and special procedures, including MRI, CT, and PET scans, and ultrasound imaging

- Blood, blood products and their administration, blood storage (including the services and supplies of a blood bank)
- Physical, occupational, and speech therapy (including treatment in an organized, multidisciplinary rehab program)
- Respiratory therapy
- Medical social services and discharge planning

Provider Information and Payment

You can request information about our providers, such as:

- License information
- · How providers are paid by the plan
- Qualifications
- What services need prior approval

Please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711), if you have questions.

Molina Healthcare does not prevent our providers from:

- Speaking on behalf of you, the member
- Discussing treatment and services
- Discussing payment arrangements between the doctor and the plan

Feel free to ask us if we have special arrangements with our doctors that can affect referrals and other services that you may need. We want you to know that your health is our main concern. We do not pay our providers or encourage them in any way to stop or deny medical care or services. Decisions about your health care are based on medical need.

MIChild Premium Payment

Molina Healthcare of Michigan covers MIChild members with the same great Medicaid benefits. Your coverage is the same, but you will be responsible to pay a premium.

The MIChild premium payment is \$10 per family, per month. MIChild will send you a letter if you have to pay a premium. If you have questions regarding the premium, please call MIChild at (888) 988-6300 or TTY: (888) 263-5897.

Medicaid Payment and Bills

There are no co-payments or other charges for covered medical services. If you get a bill from a plan provider for approved and covered services, please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711). Do not pay the bill until you have talked to us. We will help you.

You may have to pay for services that are not covered. You may also have to pay for services from

providers not part of our network. If the services were an emergency, you don't have to pay. If you need help, please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711).

Looking at What's New

We look at new types of services and we look at new ways to provide those services. We review new studies to see if new services are proven to be safe for possible added benefits. Molina Healthcare reviews the type of services listed below at least once a year:

- Medical services
- · Mental health services
- Medications
- Equipment

Disenrollment

Molina Healthcare may ask that you be disenrolled from our membership for abusive, threatening and/or violent behavior towards doctors and their staff or Molina Healthcare's staff.

You may request an exception to enrollment if you have a serious health condition and are getting active treatment for that health problem with a doctor who does not participate with the health plan at the time of enrollment

You may request a "disenrollment for cause" from Molina Healthcare at any time during the enrollment period that would allow you to enroll with another health plan. These reasons may include:

- Lack of access to providers or necessary specialty services
- Concerns with quality of care
- Services are not performed due to moral or religious objections
- If the open enrollment period was not available due to temporary loss of Medicaid eligibility

Other Insurance

Molina Healthcare needs to know if you have any other health insurance in addition to your Molina Medicaid coverage. Please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711). This will help us to manage your benefits the right way. If Molina Healthcare is not aware of your additional health information, you may experience delays at the pharmacy or at other healthcare provider locations.

Children's Special Health Care Services (CSHCS) Program

CSHCS is a State of Michigan program that serves children, and some adults, with special health care

needs. Molina offers these health care services and will work with the families to coordinate care. For covered services, we will provide free rides, help address pharmacy and medical supply needs that are ordered by various doctors. CSHCS members do not have co-payments. CSHCS members are given the same level of care provided to all Molina members.

CSHCS covers more than 2,700 medical diagnoses.

Additional Benefits for Medicaid Health Plan Enrollees with Children's Special Health Care Services

- 1. Help from your **Local Health Department** with:
 - Community resources schools, community mental health, financial support, childcare, Early On, and the Women Infants and Children (WIC) program
 - · Transitioning to adulthood
 - Orthodontia
 - Only for specific CSHCS qualifying diagnosis, such as Cleft Palate/Cleft lip
 - Medically necessary, related to health condition
 - Not for cosmetic purposes
 - Respite
 - CSHCS covers 180 hours of respite care annually when a member requires skilled nursing and a CSHCS nurse consultant determines appropriate

3. Help from the **Family Center for Children and Youth with Special Health Care Needs**

- CSHCS Family Phone Line a toll-free phone number, (800) 359-3722, available
 Monday-Friday from 8 a.m. to 5 p.m.
- Parent-to-parent support network
- Parent/Professional training programs
- Financial help to go to conferences about CSHCS medical conditions and "Relatively Speaking," a conference for siblings of children with special needs

2. Help from the **Children's Special Needs (CSN)**Fund

The CSN Fund helps CSHCS families get items not covered by Medicaid or CSHCS. To see if you qualify for help from the CSN Fund, please call (517) 241-7420.

Examples include:

- Wheelchair ramps
- Van lifts and tie downs
- Therapeutic tricycles
- Air conditioners
- Adaptive recreational equipment
- Electrical service upgrades for eligible equipment

For more information about CSHCS, please call our CSHCS specially-trained staff at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711).

Early and Periodic Screening, Diagnostic and Treatment (EPSDT)

Early and Periodic Screening, Diagnostic and Treatment (EPSDT) provides comprehensive and preventive health care services for children under age 21 who are enrolled in Medicaid. EPSDT makes sure that members get appropriate preventive, dental, mental health and developmental and specialty services. These services are given at no cost to you. For more information about EPSDT, please call Member Services at (888) 898–7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711).

Grievance and Appeals Filing a Grievance or Appeal Grievance Process

You can file a grievance with Molina Healthcare. If you are not happy with the health plan, this is called a grievance. You can also file a grievance if you are not happy with one of our providers.

You can submit a grievance by phone or in writing. Molina Healthcare's Appeals & Grievance (AnG) Specialist can help you with your grievance.

If you would like to make a grievance, please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711). You may also send in a grievance in writing to:

Molina Healthcare of Michigan Attention: Appeals and Grievance Department 880 West Long Lake Road, Suite 600 Troy, MI 48098-4504

If your grievance is sent in by a representative, but we haven't received your written approval for the representative, we will not begin the grievance until after we receive it. You must inform us of your Authorized Representative in writing by completing the Authorized Representative Designation Form. We will make a decision regarding your grievance within 90 calendar days of receipt.

The AnG Specialist will look into your grievance. The AnG Specialist will ask other staff who know about the issue. This may be a nurse or a doctor who knows about the problem (if it is medical). Molina Healthcare will keep a written account of your grievance. It will be confidential (private). Grievances about the care you receive are sent to the Quality Improvement Department. This Department will look into the complaint further.

Appeal Process

There are two kinds of Internal Appeals: Standard Appeal and Expedited (Quick) Appeal. You must first appeal to Molina before you can request an External Appeal.

Standard Appeal

You can file an appeal if Molina Healthcare denied, suspended, terminated, or reduced a requested service. This is called an adverse benefit determination.

- You have 60 calendar days from the original adverse benefit determination date to file an appeal.
- You have the right to appeal by phone or in writing to the Designated Appeals Reviewer for Molina Healthcare. Molina Healthcare's AnG Specialist can help you with your appeal. If you would like to file an appeal, please call our Member Services Department at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711). You may also send in Appeals to fax number (248) 925-1799 or in writing to:

Molina Healthcare of Michigan Attention: Appeals and Grievance Department 880 West Long Lake Road, Suite 600 Troy, MI 48098-4504

Your Policy

Your written request must include:

- Your name
- Address
- Member number
- Reasons for appealing
- Any evidence you want reviewed, such as medical records, doctors' letters, or other information that explains why you need the item or service. Please call your doctor if you need this information.
- You have the right to include an Authorized Representative (anyone you choose, including an attorney) during the appeals process and to attend the Appeals hearing. You must inform us of your Authorized Representative in writing by completing the Authorized Representative Designation Form. If your appeal is sent in by a representative, but we haven't received your written approval for the representative, we will not begin the appeal until after we receive it.
- Molina will provide the Member and/or Member's representative the Member's case file upon request, including medical records, other documents and records, and any new or additional evidence considered, relied upon, or generated by Molina in connection with the appeal of the adverse benefit determination. This information will be provided free of

- charge and well in advance of the resolution timeframe for appeals.
- You can bring any information that you feel will help the Designated Appeals Reviewer make a better decision.
- The AnG Specialist will tell you the time and place the appeal will be held.
- Molina Healthcare will use a Designated
 Appeals Reviewer who was not involved in
 the initial decision to review. The Designated
 Appeals Reviewer is a health care professional
 who has the appropriate clinical expertise in
 treating your health problem or disease. A
 decision will be mailed to you in 30 calendar
 days from the date that Molina Healthcare
 received your appeal. Molina Healthcare
 will communicate to you in a way you will
 understand.
- An additional 14 calendar days are allowed to obtain medical records or other important medical information if you request more time, or if Molina can prove that the delay is in your best interest. You will receive written notification of this extension.
- The AnG Specialist will help you file your appeal, including interpreter services if required. Interpretation by phone is available for all languages. Hearing-impaired members

- are instructed to use the MI Relay line at (800) 649-3777 and "non-English" speaking members are helped by our Bi-Lingual Representatives and Language Line services for all languages. Please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711) for assistance.
- You may also call the Health Insurance Consumer Assistance Program (HICAP) for help. They offer free help with questions, concerns, disputes and complaints. Health Insurance Consumer Assistance Program (HICAP) P.O. Box 30220

Lansing, MI 48909

Phone: (877) 999-6442

Web: Michigan.gov/HICAP

Email: DIFS-HICAP@Michigan.gov

- Molina Healthcare will continue your benefits if all of the following apply:
 - The appeal is filed timely. The appeal must be filed.
 - 1. Within 10 calendar days of Molina Healthcare's original adverse benefit determination
 - 2. On or before the intended effective date of the action

- The appeal involves the termination, suspension, or reduction of a previously authorized course of treatment
- The services were ordered by an authorized doctor
- The authorization period has not expired
- You request continued benefits
- If Molina Healthcare continues or reinstates your benefits while the appeal is pending, the benefits will continue until one of the following occurs:
 - You cancel the appeal
 - You do not request a State Fair Hearing within 10 calendar days from when Molina Healthcare mails an adverse benefit determination
 - A State Fair Hearing decision adverse to you is made
 - The authorization expires or authorization limits are met
- If Molina Healthcare reverses the adverse action decision or the decision is reversed by the State Fair Hearing, Molina Healthcare must pay for services given while the appeal is pending and authorize or give disputed services as quickly as your health problem requires.

- You may be required to pay the cost of the services if the denial is supported.
- Molina Healthcare will let you know of our decision in writing.

Expedited (Fast) Appeal (Urgent Cases)

If you or your doctor believes that the usual 30 calendar day timeframe for appeals will cause harm to your health, or affect your normal body functions, your appeal may be expedited (fast). You, your Provider or an Authorized Representative may file a fast appeal within 10 calendar days of the date the adverse benefit determination was received. We will give you a verbal decision on a fast appeal within 72 hours. We will follow up in writing in 2 days. You have the right to ask for a copy of the benefit guidelines used to make this decision. You may request a fast appeal with Department of Insurance and Financial Services (DIFS) after you have filed a fast appeal with Molina Healthcare. If Molina Healthcare denies your request for a fast appeal, you may request a fast external review with DIFS within 10 calendar days of the denial.

There are two kinds of External Appeals after your appeal is denied by Molina. You may file an External Review with DIFS and/or a Medicaid State Fair Hearing with MDHHS.

Department of Insurance and Financial Services (DIFS)

You can ask for an external review if you do not get an answer within 30 calendar days from Molina Healthcare. You can also ask for an external review if you are not happy with the result of your appeal. You may appeal in writing to DIFS for an external review. The appeal request should be sent to:

Department of Insurance and Financial Services (DIFS) Healthcare Appeals Section Office of General Counsel

P.O. Box 30220 Lansing, MI 48909-7720 (877) 999-6442

Fax Number: (517) 284-8848

Online: https://difs.state.mi.us/Complaints/ ExternalReview.aspx

Your written request must include:

- Your name
- Address
- Member number
- · Reasons for appealing
- Any evidence you want reviewed, such as medical records, doctors' letters, or other information that explains why you need the item or service. Please call your doctor if you need this information.

You must appeal in writing to DIFS within 127 calendar days after you receive the final answer from Molina Healthcare. Molina Healthcare can explain the external review process to you. We also mail the external review forms to you. DIFS will send your appeal to an Independent Review Organization (IRO) for review. A decision will be mailed to you in 14 calendar days of accepting your appeal.

You, your Authorized Representative or your doctor can also request a fast appeal decision from DIFS at the same address above within 10 calendar days after receiving a final determination. DIFS will send your appeal to an IRO for review. You will have a decision about your care within 72 hours. During this time period, your benefits will continue.

State Fair Hearing Process with MDHHS

If you have any problems about the care you are getting, you must first request an appeal to Molina. If you are unhappy with Molina's decision, you may directly appeal to the Michigan Department of Health and Human Services (MDHHS) through the Medicaid State Fair Hearing process. This must be done within 120 calendar days of the final determination. Molina Healthcare will include a Hearing Request form with a self-addressed stamped envelope with our decision. Below are the steps for the State's Medicaid Fair Hearing process.

Step 1 Please call Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711); or Michigan ENROLLS at (888) 367-6557 (TTY: (888) 263-5897); or Michigan Office of Administrative Hearings and Rules (MOAHR) at (800) 648-3397 to have a Hearing Request form sent to you. You may also call to ask questions about the hearing process.

Your written request must include:

- Your name
- Address
- Member number
- · Reasons for appealing
- Any evidence you want reviewed, such as medical records, doctors' letters, or other information that explains why you need the item or service. Please call your doctor if you need this information.
- **Step 2** Fill out the request form and mail it to the address listed on the form. Molina will help you complete and send in the request form.
- Step 2 A hearing will be scheduled. The State will hold a hearing. You may attend the hearing in person or by phone. You will be asked to tell the state why you disagree with our decision. You can ask a friend, relative, advocate, provider, or lawyer to help you.

Step 4 The results will be mailed to you from Michigan Department of Health and Human Services (MDHHS) after the hearing is held. The written decision will explain if you have additional appeal rights. If your complaint is taken care of before your hearing date, you must call to ask for a Hearing Request Withdrawal form. You can call (800) 648-3397 to request this form. The address to request this Hearing Request Withdrawal form is:

Michigan Department of Health and Human Services Michigan Office of Administrative Hearings and Rules P.O. Box 30763 Lansing, MI 48909 Attn: Hearings/Appeals (800) 648-3397

Rights and Responsibilities

These right and responsibilities are posted in doctors' offices. They are also posted at **MolinaHealthcare.com**.

Molina Healthcare staff and providers will comply with all requirements concerning your rights.

Molina Healthcare members have the right to:

- Get information on the structure and operation of the health plan, its services, practitioners and providers and member rights and responsibilities
- To receive notice of any significant changes in the Benefits Package at least thirty (30) days before the intended effective date of the change
- Choose your Primary Care Provider (PCP)
- Know if a copayment or contribution is required
- Know the names, education, and experience of your health care providers
- Be treated with respect with recognition of your dignity and your right to privacy
- Direct access to network women health specialists and pediatric providers for covered services necessary to provide routine and preventive health care services without a referral
- Receive Federally Qualified Health Center (FQHC) and Rural Health Clinic (RHC) services
- Take part in decision making with your doctor about your health care, including the right to refuse treatment and openly discuss

- appropriate or medically necessary treatment choices of your health problems, regardless of cost or coverage
- Get a fair and timely reply to requests for service
- Voice complaints or appeals about the organization and the care it provides
- Know that your member information will be kept private. It is only used in reports to the state to show that Molina Healthcare is following state rules and laws
- · Ask how your doctor is paid
- To be able to file an appeal, a grievance (complaint) or request a State Fair Hearing (after Molina has made a decision and you aren't happy with that decision)
- To get help with filing an appeal, grievance (complaint) or request a State Fair Hearing (after Molina has made a decision and you aren't happy with that decision)
- To receive information and timeframes for filing an appeal, a grievance or a State Fair Hearing
- To make recommendations regarding Molina Healthcare's member rights and responsibility policy
- To use any hospital or other setting for emergency care

- To receive detailed information on emergency and after-hours coverage
- To receive all information, including but not limited to, enrollment notices, informational materials, instructional materials, available treatment options, and alternatives in a manner and format that may be easily understood
- Be free from any form of restraint or seclusion used as means of pressure, discipline, convenience or retaliation
- Request and receive a copy of your medical records at no cost to you, and request that they be corrected
- Be provided culturally and linguistically appropriate healthcare services (CLAS)
- Be provided covered healthcare services
- Be free to exercise your rights without negatively affecting the way Molina, our providers or the State treat you
- Be free from other discrimination prohibited by State and Federal regulations
- Request clinical practice guidelines upon request
- Get a second medical opinion
- Get help with any special language needs

Your Policy

 To receive interpretation by phone services free of charge for all non-English languages, not just those identified as prevalent

Molina Healthcare members have the responsibility to:

- Provide Molina Healthcare, its practitioners and providers with the necessary information needed to care for you
- Know, understand, and follow the terms and conditions of the health plan
- Follow plans and instructions for care that they have agreed to with their practitioners
- Seek out information in order to make use of the services
- Take part in decision-making about your healthcare. Understand your health problems and participate in developing mutually agreedupon treatment goals
- Report other insurance benefits, when you are eligible, to your Department of Health and Human Services Specialist and the Beneficiary Help Line at (800) 642-3195, TTY (866) 501-5656
- Show your Molina Healthcare ID card, Medicaid mihealth card and valid ID to all providers before receiving services

- Never let anyone use your Molina Healthcare
 ID card or Medicaid mihealth card
- Choose a primary provider, schedule an appointment within 60 days of enrollment and build a relationship with the provider you have chosen
- Make appointments for routine checkups and immunizations (shots)
- Keep your scheduled appointments and be on time
- Provide complete information about your past medical history
- Provide complete information about current medical problems
- Ask questions about your care
- Follow your provider's medical advice
- Respect the rights of other patients and health care workers
- Use emergency room services only when you believe an injury or illness could result in death or lasting injury
- Notify your primary provider if emergency treatment was necessary and follow-up care is needed

- Report changes that may affect your coverage to your Department of Health and Human Services specialist. This could be an address change, birth of a child, death, marriage or divorce, or change in income
- Promptly apply for Medicare or other insurance when you are eligible

Advance Directives

(Michigan's Durable Power of Attorney for Health Care)

An Advance Directive is a written advance careplanning document that explains how medical decisions should be made for a patient who is unable to make or express his or her wishes concerning health care.

The Durable Power of Attorney for Health Care (DPAHC) is the form of Advance Directive recognized by the Michigan Department of Health and Human Services (1998, Public Act 386). This lets you choose another person to make decisions about your care, custody, and medical treatment if you cannot make these decisions for yourself. This way, your desire to accept or refuse medical treatment is honored when you cannot make that choice yourself.

According to Michigan Law:

- Anyone age 18 or older, and of sound mind, may have a DPAHC in case something happens and you cannot make decisions for yourself
- This act allows you to select a relative or other person as your patient advocate to make medical treatment decisions for you
- You may change the person you appoint as your advocate at any time
- You may write on the form the types of treatment you do and do not want
- If you write on the form that you want your patient advocate to order doctors to withhold or withdraw life sustaining treatment in certain situations, the doctors must honor your wishes
- You should keep a copy of your DPAHC with you at all times.

If you find that your wishes are not followed by a health care provider, or they do not comply with your DPAHC you may file a complaint with:

Department of Licensing and Regulatory Affairs BPL/Investigations & Inspections Division

PO Box 30670 Lansing, MI 48909-8170 (517) 373-9196 or **bhpinfo@michigan.gov**

Your Policy

The Bureau of Health Professions (BHP) Grievance & Allegation website is **www.michigan.gov/ healthlicense** (click on Professional Licensing and "File a Complaint").

For complaints about how your health plan follows your wishes, write or call:

Department of Insurance and Financial Services (DIFS) toll free at (877) 999-6442 or **www.michigan.gov/difs**.

Five Wishes

Five Wishes is the first living will that talks about your personal, emotional and spiritual needs as well as your medical wishes. It lets you choose the person you want to make health care decision for you if you are not able to make them for yourself. Five Wishes lets you say exactly how you wish to be treated if you get seriously ill.

Five Wishes if for anyone 18 or older – married, single, parents, adult children, and friends.

You may already have a living will or a durable power of attorney for health care. If you wish to use Five Wishes instead, all you need to do is fill out and sign a new Five Wishes as directed. As soon as you sign it, it takes away any advance directive you had before. To make sure the right form is used, please do the following:

- Destroy all copies of your old living will or durable power of attorney for health care. Or you can write "revoked" in large letters across the copy you have. Tell your lawyer if he or she helped prepare those old forms for you.
- Tell your health care agent, family members and doctor that you have filled out a new Five Wishes. Make sure they know about your new wishes.

To order a copy of Five Wishes, please contact:

Aging with Dignity

P.O. Box 1661

Tallahassee, Florida 32302-1661

Phone: (850) 681-2010

Hours: Monday-Friday, 9 a.m. to 5 p.m. EST

Email: info@fivewishes.org
Web: https://fivewishes.org

There is no cost to you to register your Advance Directive. There is no cost to health care providers to have access to your Advance Directive.

If you register your Advance Directive, you always have the right to revoke it.

Fraud. Waste and Abuse

Molina Healthcare's Fraud, Waste and Abuse Plan benefits Molina, its employees, members, providers, payers and regulators by increasing efficiency,

reducing waste, and improving the quality of services. Molina Healthcare takes the prevention, detection, and investigation of fraud, waste and abuse seriously, and complies with state and federal laws. Molina Healthcare investigates all suspected cases of fraud, waste and abuse and promptly reports to government agencies when appropriate. Molina Healthcare takes the appropriate disciplinary action, including but not limited to, termination of employment, termination of provider status, and/or termination of membership.

Definition:

"Abuse" means provider practices that are inconsistent with sound fiscal, business, or medical practices, and result in unnecessary cost to the Medicaid program or in reimbursement for services that are not medically necessary or that fail to meet professionally recognized standards for health care. It also includes recipient practices that result in unnecessary cost to the Medicaid program. (42 CFR §455.2)

Here are some examples of abuse:

- Using the emergency room for non-emergent healthcare reasons
- · Going to more than one doctor to get the same prescription
- Threatening or offensive behavior at a doctor's office, hospital or pharmacy

 Receiving services that are not medically necessary

Definition:

"Fraud" means an intentional deception or misrepresentation made by a person with the knowledge that the deception could result in some unauthorized benefit for them or some other person. It includes any act that constitutes fraud under applicable Federal or State law. (42 CFR § 455.2)

Here are some examples of fraud:

- Using someone else's member ID card
- Changing a prescription written by a doctor
- Billing for services that were not provided
- Billing for the same service more than once

Here are some ways you can help stop fraud:

- Don't give your Molina Healthcare ID card, Medical ID Card, or ID number to anyone other than a health care provider, a clinic, or hospital, and only when receiving care.
- Never let anyone borrow your Molina Healthcare ID Card.
- · Never sign a blank insurance form.
- · Be careful about giving out your social security number

Definition:

"Waste" means health care spending that can be eliminated without reducing the quality of care. Quality Waste includes, overuse, underuse, and ineffective use. Inefficiency Waste includes redundancy, delays, and unnecessary process complexity. For example: the attempt to obtain reimbursement for items or services where there was no intent to deceive or misrepresent, however the outcome of poor or inefficient billing methods (e.g. coding) causes unnecessary costs to the Medicaid/Medicare programs.

If you think fraud, waste and abuse has taken place, you can report it without giving your name to:

Online: www.MolinaHealthcare.alertline.com
www.MolinaHealthcare.alertline.com
www.MolinaHealthcare.alertline.com
www.MolinaHealthcare.alertline.com

Phone: (866) 606-3889 Fax: (248) 925-1797

Regular Mail:

Molina Healthcare of Michigan Attention: Compliance Director 880 West Long Lake Road, Suite 600

Troy, MI 48098-4504

Or you can contact:

Online: www.michigan.gov/fraud

Phone: 1-855-MI-FRAUD (1-855-643-7283)

Regular Mail:

Michigan Department of Health and Human Services (MDHHS) Office of Inspector General P.O. Box 30062 Lansing, MI 48909

Member Privacy

Your privacy is important to us. We respect and protect your privacy. Molina uses and shares your information to provide you with health benefits. Molina wants to let you know how your information is used or shared.

Your Protected Health Information (PHI)

PHI stands for Protected Health Information. PHI includes your name, member number, or other things that can be used to identify you, and that is used or shared by Molina Healthcare.

Why does Molina use or share your Protected Health Information (PHI)?

- To provide for your treatment
- To pay for your health care
- To review the quality of the care you get
- To tell you about your choices for care
- To run our health plan
- To share PHI as required or permitted by law

When does Molina Healthcare need your written authorization (approval) to use or share your PHI?

Molina Healthcare needs your written approval to use or share your PHI for purposes not listed above.

What are your privacy rights?

- To look at your PHI
- To get a copy of your PHI
- To amend your PHI
- To ask us to not use or share your PHI in certain ways
- To get a list of certain people or places we have given your PHI

How does Molina Healthcare protect your PHI?

Molina Healthcare uses many ways to protect PHI across our health plan. This includes PHI in written word, spoken word, or PHI in a computer. Below are some ways Molina Healthcare protects PHI:

- Molina Healthcare has policies and rules to protect PHI.
- Only Molina Healthcare staff with a need to know PHI may use PHI.
- Molina Healthcare staff is trained on how to protect and secure PHI.
- · Molina Healthcare staff must agree in writing to follow the rules and policies that protect and secure PHI.

 Molina Healthcare secures PHI in our computers. PHI in our computers is kept private by using firewalls and passwords.

What can you do if you feel your privacy rights have not been protected?

- Please call or write Molina Healthcare and file a complaint
- File a complaint with the U.S. Department of Health and Human Services

The above is only a summary. Our Notice of Privacy Practices has more information about how we use and share our members' PHI. Our Notice of Privacy Practices is included below. It is also available on our website at MolinaHealthcare.com. You also may get a copy of our Notice of Privacy Practices by calling Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711).

NOTICE OF PRIVACY PRACTICES MOLINA HEALTHCARE OF MICHIGAN

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

Molina Healthcare of Michigan ("Molina" or "we") uses and shares protected health information about you to provide your health benefits. We use and share to carry out treatment, payment and health care operations. We also use and share for other reasons as allowed and required by law. We have the duty to keep your health information private. We have policies in place to obey the law. The effective date of this notice is March 1, 2007.

PHI stands for these words, protected health information. PHI means health information that includes your name, member number or other identifiers, and is used or shared by Molina Healthcare.

Why does Molina Healthcare use or share your PHI?

We use or share your PHI to provide you with health care benefits. Your PHI is used or shared for treatment, payment, and health care operations.

For Treatment

Molina Healthcare may use or share your PHI to give you, or arrange for, your medical care. This treatment also includes referrals between your doctors or other health care providers. For example, we may share information about your health problem with a specialist. This helps the specialist talk about your treatment with your doctor.

For Payment

Molina Healthcare may use or share PHI to make decisions on payment. This may include claims, approvals for treatment, and decisions about medical need. Your name, your health problem, your treatment, and supplies given may be written on the bill. For example, we may let a doctor know that you have our benefits. We would also tell the doctor the amount of the bill that we would pay.

For Health Care Operations

Molina Healthcare may use or share PHI about you to run our health plan. For example, we may use information from your claim to let you know about a health program that could help you. We may also use or share your PHI to solve member concerns. Your PHI may also be used to see that claims are paid right.

Health care operations involve many daily business needs. It includes but is not limited to the following:

- Improving quality
- Actions in health programs to help members with certain health problems (such as asthma)
- Conducting or arranging for medical review
- Legal services, including fraud and abuse programs
- · Actions to help us obey laws
- Address member needs, including solving complaints and grievances.

We will share your PHI with other companies ("business associates") that perform different kinds of activities for our health plan.

We may also use your PHI to give you reminders about your appointments. We may use your PHI to give you information about other treatment, or other health-related benefits and services.

When can Molina Healthcare use or share your PHI without getting written authorization (approval) from you?

In addition to treatment, payment and health care operations, the law allows or requires Molina Healthcare to use and share your PHI for several other purposes, including the following:

Disclosure of your PHI to family members, other relatives and your close personal friends is allowed if:

- The information is directly relevant to the family or friends involvement with your care or payment for that care; and
- You have either agreed by phone to the disclosure or have been given an opportunity to object and have not objected.

Required by law

We will use or share information about you as required by law. We will share your PHI when required by the Secretary of the Department of Health and Human Services (HHS).

Public Health

Your PHI may be used or shared for public health activities. This may include helping public health agencies to prevent or control disease.

Health Care Oversight

Your PHI may be used or shared with government agencies. They may need your PHI for audits.

Research

Your PHI may be used or shared for research in certain cases, when approved by a privacy or institutional review board.

Legal or Administrative Proceedings

Your PHI may be used or shared for legal proceedings, such as in response to a court order.

Law Enforcement

Your PHI may be used or shared with police to help find a suspect, witness or missing person.

Health and Safety

PHI may be shared to prevent a serious threat to public health or safety.

Government Functions

Your PHI may be shared with the government for special functions, such as national security activities.

Victims of Abuse, Neglect or Domestic Violence

Your PHI may be shared with legal authorities if we believe that a person is a victim of abuse or neglect.

Workers Compensation

Your PHI may be used or shared to obey Workers Compensation laws.

Other Disclosures

PHI may be shared with funeral directors or coroners to help them to do their jobs.

When does Molina Healthcare need your written authorization (approval) to use or share your PHI?

Molina Healthcare needs your written approval to use or share your PHI for a purpose other than those listed in this notice. You may cancel a written approval that you have given us. Your cancellation will not

apply to actions already taken by us because of the approval you already gave to us.

What are your health information rights?

You have the right to:

Request Restrictions on PHI Uses or Disclosures (Sharing of Your PHI)

You may ask us not to share your PHI to carry out treatment, payment or health care operations. You may also ask us not to share your PHI with family, friends or other persons you name who are involved in your health care. However, we are not required to agree to your request. You will need to fill out a form to make your request.

• Request Confidential Communications of PHI

You may ask Molina Healthcare to give you your PHI in a certain way or at a certain place to help keep your PHI private. We will follow reasonable requests, if you tell us how sharing all or a part of that PHI could put your life at risk. You will need to fill out a form to make your request.

Review and Copy Your PHI

You have a right to review and get a copy of your PHI held by us. This may include records used in making coverage, claims and other decisions as a Molina Healthcare member.

You will need to fill out a form to make your request. We may charge you a reasonable fee for copying and mailing the records. In certain cases, we may deny the request.

Amend Your PHI

You may ask that we amend (change) your PHI. This involves only those records kept by us about you as a member. You will need to fill out a form to make your request. You may file a letter disagreeing with us if we deny the request.

• Receive an Accounting of PHI Disclosures (Sharing of your PHI)

You may ask that we give you a list of certain parties that we shared your PHI with during the six years prior to the date of your request. The list will not include PHI shared as follows:

- for treatment, payment or health care operations;
- to persons about their own PHI;
- sharing done with your authorization;
- incident to a use or disclosure as otherwise permitted or required under applicable law;
- as part of a limited data set for research or public health activities;
- PHI released in the interest of national security or for intelligence purposes;

- to correctional institutions having custody of an inmate: or
- shared prior to April 14, 2003

We will charge a reasonable fee for each list if you ask for this list more than once in a 12-month period. You must fill out a form to request a list of PHI disclosures

You may make any of the requests listed above, or may get a paper copy of this Notice. Please call our Manager of Member Services at (888) 898-7969, Monday-Friday, 8 a.m. to 5 p.m. (TTY: 711).

What can you do if your rights have not been protected?

You may complain to Molina Healthcare and to the Department of Health and Human Services if you believe your privacy rights have been violated. We will not do anything against you for filing a complaint. Your care will not change in any way.

You may complain to us at: Molina Healthcare of Michigan Attn: Compliance Director 880 West Long Lake Road, Suite 600 Troy, MI 48098-4504

Phone: (888) 898-7969 (TTY: 711)

Your Policy

You may file a complaint with the Secretary of the U.S. Department of Health and Human Services at: Office for Civil Rights
U.S. Department of Health & Human Services
233 N. Michigan Ave. – Suite 240
Chicago, IL 60601
(800) 368-1019; (800) 537-7697 (TDD)
(312) 886-1019 FAX

What are the duties of Molina Healthcare?

Molina Healthcare is required to:

- Keep your PHI private
- Give you written information such as this on our duties and privacy practices about your PHI
- Follow the terms of this Notice.

This Notice is Subject to Change

Molina Healthcare reserves the right to change its information practices and terms of this notice at any time. If we do, the new terms and practices will then apply to all PHI we keep. If we make any material changes, a new notice will be sent to you by US Mail.

Contact Information

If you have any questions, please contact the following office:

Molina Healthcare of Michigan Attn: Member Engagement 880 West Long Lake Road, Suite 600 Troy, MI 48098-4504 Phone: (888) 898-7969 (TTY: 711)

Definitions

Abuse - Provider practices that are inconsistent with sound fiscal, business, or medical practices, and result in unnecessary cost, or in reimbursement for services that are not Medically Necessary or that fail to meet professionally recognized standards for health care. It also includes Enrollee practices that result in unnecessary cost to the Medicaid Program (42 CFR § 455.2.)

The Act - The Social Security Act

Advance Directive - A written legal instruction, such as a living will, personal directive, advance decision, durable power of attorney or health care proxy, where a person specifies what actions should be taken relating to the provision of health care when the individual is incapacitated.

Adverse Action Notice – A notice sent to members that involves service authorization decisions that deny or limit services following Molina Healthcare's policy timeframes for standard and expedited authorization decisions.

Adverse Benefit Determination - An action or inaction by the Contractor including any of the following:

- 1. The denial or limited authorization of a requested service, including determinations based on the type or level of service, requirements for Medical Necessity, appropriateness, setting, or effectiveness of a covered benefit.
- 2. The reduction, suspension, or termination of a previously authorized service.
- 3. The denial, in whole or in part, of payment for a service.
- 4. The failure to provide services in a timely manner, as defined by the MDHHS.
- 5. The failure of the Contractor to act within the timeframes provided in § 438.408(b)(1) and (b)(2) regarding the standard resolution of Grievances and Appeals.
- 6. For a resident of a Rural area with only one MCO, the denial of an Enrollee's request to exercise his or her right, under §438.52(b)(2)(ii), to obtain services outside the network.
- 7. The denial of an Enrollee's request to dispute a financial liability, including cost sharing, copayments, premiums, deductibles, coinsurance, and other Enrollee financial liabilities.

Advisory Committee on Immunization Practices

(ACIP) - A federal advisory committee convened by the Center for Disease Control, Public Health Service, Health & Human Services to make recommendations on the appropriate use and scheduling of vaccines and immunizations for the general public.

Agent (of the entity) - Any person who has express or implied authority to obligate or act on behalf of the State, Contractor, Subcontractor, or Network Provider.

Alternative Formats - Provision of Enrollee information in a format that takes into consideration the special needs of those who, for example, are visually limited or have limited reading proficiency. Examples of Alternative Formats shall include, but not be limited to, Braille, large font, audio tape, video tape, and Enrollee Information read aloud to an Enrollee by an Enrollee services representative.

Appeal - An appeal is the action you can take if you disagree with a coverage or payment decision made by your Medicaid Health Plan. You can appeal if your plan:

 Denies your request for a health care or dental service, supply, item, dental appliance or device or prescription drug that you think you should be able to get

Your Policy

- Reduces, limits or denies coverage of a health care or dental service, supply, item, dental appliance or device or prescription drug you already got
- Your plan stops providing or paying for all or part of a health care or dental service, supply, item, dental appliance or device or prescription drug you think you still need.
- Does not provide timely health or dental services

Appeal Coordinator - supervises the Appeals Associate Specialist and the coordination, management, and adjudication of Member and Provider Grievances.

Appeals and Grievance Specialist - receives, documents, investigates and communicates the resolution of a grievance or appeal to the Member or their representative.

Authorization - An approval for a service.

Authorized Representative - an "authorized representative" can be the subscriber, the parent of a minor covered under the MHM contract, a person with legal guardianship, a medical durable power of attorney, rights to representation via court order, an estate representative of a deceased member or an appointed individual as designated on a signed

and dated statement by the member that clearly identifies the scope of the representation, including, if so specified, representation in an external review. An authorized representative may act on behalf of a member at any point in the appeals process, as designated in the statement of presentation. If a member is unable to provide consent, a family member of the member may act as their authorized representative.

Beneficiary - Any person determined eligible for the Michigan Medical Assistance Program.

Business Day - Monday-Friday, 8 a.m. to 5 p.m. EST (unless otherwise stated) not including State or federal holidays.

CAHPS® - Consumer Assessment of Healthcare Providers and Systems

Centers for Medicare and Medicaid (CMS) - The federal agency (and its designated agents) within the United States' Department of Health and Human Services responsible for federal oversight

Children's Special Healthcare Services (CSHCS) - Eligibility is authorized by Title V of the Social Security Act. Individuals eligible for both CSHCS and Medicaid are mandatorily enrolled into a MHP.

Clean Claim - All claims as defined in 42 CFR §447.45 and MCL 400.111i

Clinical Advisory Committee (CAC) - Clinical Advisory Committee appointed by MDHHS.

Code of Federal Regulations - The codification of the general and permanent rules and regulations published in the Federal Register by the executive departments and agencies of the federal government of the United States.

Collaboration - A process of working with others to achieve shared goals.

Community Collaboration - A plan for developing policies and defining actions to improve Population Health

Community Health Needs Assessment

(CHNA) - A systematic examination of the health status indicators for a given population that is used to identify key problems and assets in a community. The ultimate goal of a community health assessment is to develop strategies to address the community's health needs and identified issues.

Community Health Workers (CHWs) or Peer-Support Specialists - Frontline public health workers who are trusted members of and /or have an unusually close understanding of the community served. This trusting relationship enables CHWs to serve as a liaison/ link/intermediary between health/social services and the community to facilitate access to services and improve the quality and cultural competence of service delivery.

Community-based health - A strong focus on the Social Determinants of Health, creating Health Equity, and supporting efforts to build more resilient communities by coordinating Population Health improvement strategies.

CMHSP - Community Mental Health Services Program

Complaint - A communication by a Beneficiary or a Beneficiary's representative to the Contractor expressing a concern about care or service provided by the Contractor, dental provider or Transportation Subcontractor; presenting an issue with a request for remedy that can be resolved informally. Complaints may be oral or written.

Contractor - A health plan (Molina Healthcare) who was awarded a Medicaid contract.

Co-payment - An amount you are required to pay as your share of the cost for a medical service or supply, like a doctor's visit, dental visit, hospital outpatient visit prescription drug or dental appliance or device. A copayment is usually a set amount. For example, you

might pay \$2 or \$4 for a doctor's visit, dental visit or prescription drug

Covered Services - All services provided under Medicaid, as defined in the Contract that the Contractor has agreed to provide or arrange to be provided to Enrollees.

Culturally and Linguistically Appropriate Services (CLAS) - Health Care goal to reduce Health Disparities and to provide optimal care to patients regardless of their race, ethnic background, native languages spoken, and religious or cultural beliefs.

Days - Calendar days unless otherwise specified.

Dental Insurance - Dental insurance is a type of coverage that pays for dental costs for people. It can pay the person back for costs from dental injury or treatment. It can also pay the provider directly. Dental insurance requires the payment of premiums (see premium) by the person getting the insurance.

Dental Plan - A plan that offers healthcare services to members who meet State eligibility rules. The State contracts with certain dental organizations to provide dental services for those who are eligible. The State pays the premium on behalf of the member.

Dental Services - Oral health services provided by a person licensed under state law to practice dentistry.

Department of Insurance and Financial Services (DIFS) - Responsible for oversight of insurers, Health Maintenance Organizations (HMOs), and financial entities doing business in the State.

Designated Appeals Reviewer - makes decisions on Appeals. The Designated Appeals Reviewer is not involved in any previous level of review or decision-making, nor a subordinate of any such individual. The Designated Appeals Reviewer is a health care professional who has the appropriate clinical expertise in treating the Member's condition or disease when the Appeal involves a clinical issue.

Durable Medical Equipment (DME) - Equipment and supplies ordered by a health care provider for everyday or extended use. For example: oxygen equipment, wheelchairs, crutches or blood testing strips for diabetics.

Early and Periodic Screening, Diagnosis and Treatment (EPSDT) - Benefits defined in section 1905(r) of the Act including: screening services, vision services, dental services, hearing services, and such other necessary health care, diagnostic services, treatment, and other measures described in section 1905(a) of the Act to correct or ameliorate defects and physical and mental illnesses and conditions discovered by the screening services, whether or not such services are covered under the state plan.

Emergency Dental Condition - A dental injury or condition so serious that you would seek care right away to avoid harm.

Emergency Dental Services - Care for an acute disorder of oral health that requires dental and/ or medical attention, including broken, loose, or evulsed teeth caused by traumas; infections and inflammations of the soft tissues of the mouth: and complications of oral surgery, such as dry tooth socket

Emergency Medical Condition - An illness, injury, symptom or condition so serious that a reasonable person would seek care right away to avoid severe harm

Emergency Medical Services (EMS) - Those services necessary to treat an Emergency Medical Condition.

Emergency Medical Transportation - Ambulance services for an emergency medical condition.

Emergency Room Care - Care given for a medical emergency or dental emergency when you believe that your health is in serious danger or you need dental treatment right away

Emergency Services - Evaluation of an emergency medical condition or emergency dental condition and treatment to keep the condition from getting worse.

Emergency Treatment and Active Labor Act (EMTALA) - Enrollees must be screened and stabilized without prior authorization.

Enrollee - Any Medicaid Beneficiary who is currently enrolled in Medicaid managed care in the Contractor's Medicaid Health Plan.

Excluded services - Health care or dental services that your plan doesn't pay for or cover.

Expedited Appeal - An Appeal conducted when the Contractor determines (based on the Enrollee request) or the Provider indicates (in making the request on the Enrollee's behalf or supporting the Enrollee's request) that taking the time for a standard resolution could seriously jeopardize the Enrollee's life, health, or ability to attain, maintain, or regain maximum function. The Contractor decision must be made within 72 hours of receipt of an Expedited Appeal.

Expedited Authorization Decision - An authorization decision required to be expedited due to a request by the Provider or determination by the Contractor that following the standard timeframe could seriously jeopardize the Enrollee's life or health. Contractor's decision must be made in 3 working days from the date of receipt.

Experimental/Investigational - Drugs, biological agents procedures, devices or equipment determined by the Medical Services Administration, that have not been generally accepted by the professional medical community as effective and proven treatments for the conditions for which they are being used or are to be used.

Explanation of Benefits (EOB) - Statement to covered individuals explaining the medical care or services that were paid for on their behalf.

External appeal - a request for an independent, external review of the final adverse determination made by the Plan through its internal appeal process.

Federally Qualified Health Center (FQHC) -

Community-based organizations that provide comprehensive health care services to persons of all ages, regardless of their ability to pay or health insurance status with no authorization required.

Fee-for-service (FFS) - A reimbursement methodology that provides a payment amount for each individual service delivered.

Fraud - An intentional deception or misrepresentation made by a person with the knowledge that the deception could result in some unauthorized benefit to himself or some other person. It includes any act that constitutes Fraud under applicable Federal or

State law (42 CFR 455.2).

Fraud, Waste and Abuse - Practices that are inconsistent with sound fiscal, business, or medical practices, and result in an unnecessary cost to the Medicaid program, or in reimbursement for services that are not Medically Necessary or that fail to meet professionally recognized standards for health care.

Freedom of Information Act (FOIA) - Allows access by the general public to data held by national governments.

Grievance - A complaint that you communicate to your plan. For example, you may file a grievance if you have a problem calling the plan or if you're unhappy with the way a staff person or doctor treated you. A grievance is not the way to deal with a complaint about a treatment decision or a service that is not covered (see Appeal).

Habilitation services and devices - Health care services that help a person keep, learn, or improve skills and functioning for daily living. Examples include therapy for a child who isn't walking or talking at the expected age. These services may include physical and occupational therapy, speechlanguage pathology, and other services for people with disabilities in a variety of inpatient and/or outpatient settings.

Health Disparities - A particular type of health difference that is closely linked with social or economic disadvantage.

Health Equity - When all people have the opportunity to attain their full health potential and no one is disadvantaged from achieving this potential because of their social position or other socially determined circumstance.

Health Insurance - Health insurance is a type of insurance coverage that pays for medical and/or drug expenses for people. Health insurance can pay the person back for expenses from illness or injury, or pay the provider directly. Health insurance requires the payment of premiums (see premium) by the person receiving the insurance.

Health Insurance Portability and Accountability Act (HIPAA) - The protection of medical records and information insuring any individual's information is secure and only shared with others through their consent.

Health Maintenance Organization (HMO) - An entity that has received and maintains a State certificate of authority to operate as a Health Maintenance Organization as defined in MCL 500.3501.

Healthcare Effectiveness Data and Information Set (HEDIS°) - The result of a coordinated development

effort by the National Committee for Quality Assurance (NCQA) to provide a widely used set of performance measures that provides some objective information with which to evaluate health plans and hold them accountable.

Home Health Care - A wide range of health care services a health care provider decides you need in your home for treatment of an illness or injury. Home health care helps you get better, regain independence, and become as self-sufficient as possible.

Hospice Services - Hospice is a special way of caring for people who are terminally ill, and provides support to the person's family.

Hospitalization - Care in a hospital that requires admission as an inpatient and usually requires an overnight stay. An overnight stay for observation could be outpatient care.

Hospital outpatient-care - Care in a hospital that usually doesn't require an overnight stay.

Indian Health Care Provider (IHCP) - A healthcare program operated by the Indian Health Service (HIS) or by an Indian Tribe, Tribal Organization (otherwise known as I/T/U as those terms are defined in section 4 of the Indian Health Care Improvement Act (25 U.S.C. 1603)

Indian Health Services/Tribal Health Centers/Urban Indian Organizations (I/T/U) - Health care providers specifically for Native Americans.

Initial Appointment - The first scheduled examination by Provider for a new patient admitted into the practice.

Initial Enrollment - First enrollment in Medicaid Health Plan following determination of eligibility; reenrollment in a Medicaid Health Plan following a gap in eligibility of less than two months is not considered Initial Enrollment.

Intermediate Care Facilities for Individuals with Intellectual Disability (ICF/ID) - Care facilities specifically for persons with Intellectual Disabilities

LARA - Michigan Department of Licensing and Regulatory Affairs.

List of Excluded Individuals/Entities (LEIE) - List of Excluded Individuals/Entities. List of people/entities who have been debarred or otherwise excluded under the Federal Acquisition Regulations and are not allowed to be in the Contractor's Provider Network.

Medicaid - A federal/state program authorized under Title XIX of the Social Security Act, as amended, 42 U.S.C. 1396 et seq.; and Section 105 of Act No. 280 of the Public Acts of 1939, as amended, being 400.105 of the Michigan Compiled Laws; which provides

federal matching funds for a Medical Assistance Program. Specified medical and financial eligibility requirements must be met.

Medicaid Health Plan (MHP) - A plan that offers health care services to members that are verified as eligible by the State. The State contracts with certain Health Maintenance Organizations (HMO) to provide health services for those who are eligible. The government pays the premium on behalf of the member.

Medical Assistance Program - The Michigan Medicaid program authorized under Title XIX of the Social Security Act.

Medically Necessary - Health care or dental services or supplies needed to diagnose or treat an illness, injury, condition, disease or its symptoms and that meet accepted standards of medicine or dental practices needed to diagnose or treat oral health.

Medical necessity denial - a denial of covered medical benefits as defined by Molina Healthcare, including hospitalization and emergency services, as listed in the Evidence of Coverage-Summary of Benefits, or care or service that could be considered a covered benefit depending on the circumstances.

Member – may mean a member of the Plan or a member's representative, including, but not limited to:

provider, family member or other member designee. A member may authorize in writing, any person, including, but not limited to, a physician, to act on his or her behalf at any stage in an appeal proceeding by signing the "Authorization of Representative Form."

National Committee for Quality Assurance (NCQA) - A private, 501° (3) not-for-profit organization dedicated to improving health care quality.

Network - A group of doctors, dental providers, hospitals, pharmacies, and other health care experts contracted by your plan to provide health or dental services. This includes dentists and dental specialists.

Network Provider/Participating Provider - A healthcare or dental provider that has a contract with the Plan and dental Plan as a provider of care.

Non-participating provider/Out-of-Network provider - A healthcare or dental provider that doesn't have a contract with the Medicaid health plan and dental Plan as a provider of care

Non-Urgent Symptomatic Care - An Enrollee encounter with a Provider that is associated with presenting medical signs and symptoms, but that does not require urgent or immediate medical attention.

Out-of-Network - Covered Services rendered to a beneficiary by a provider who is not part of the Contractor's Provider Network

Persons with Special Health Care Needs

(PSHCN) - Enrollees with special needs including persons with physical, mental and/or behavioral health care disabilities or impairments, Enrollees with autism, children in foster care, children who have lost eligibility for the Children's Special Health Care Services (CSHCS) program and those who have lost CSHCS eligibility due to the program's age requirements.

Physician Services - Healthcare services provided by a person licensed under state law to practice medicine.

Plan - A plan that offers health care or oral health services to members that pay a premium.

Population Health - Management to prevent chronic disease and coordinate care along the continuum of health and well-being. Effective utilization of these principles will maintain or improve the oral and physical health and psychosocial well-being of individuals through cost-effective and tailored health solutions, incorporating all risk levels along the care continuum.

Potential Enrollee - Medicaid Beneficiary who is subject to mandatory enrollment or may voluntarily elect to enroll in a given managed care program, but is not yet an Enrollee of the Contractor's MHP.

Preauthorization - Approval from a Plan that is required before you get a health service, dental service, appliance or device, medical equipment or fill a prescription in order for the service, medical equipment or prescription to be paid for by your plan. Sometimes called prior authorization, prior approval or precertification. Your plan may require preauthorization for certain services before you receive them, except in an emergency.

Premium - The amount paid for health care or dental benefits every month. Medicaid Health Plan premiums are paid by the government on behalf of eligible members. Dental Plan premiums are paid by the State on behalf of eligible members.

Prepaid Inpatient Health Plan (PIHP) - Provides behavioral health services to Enrollees excluding the outpatient behavioral health services for Enrollees in this Contract as described in Appendix 7.

Prescription Drug Coverage - Drugs and medications that, by law, require a prescription by a licensed physician.

Prescription Drugs - Drugs and medications that, by law, require a prescription by a licensed physician.

Preventive Health Care – Health care focused on finding and treating health problems and to prevent disease or illness.

Prevalent Language - Specific Non-English Language that is spoken as the primary language by more than 5% of the Contractor's Enrollees.

Preventive Services (Dental) - Preventive dental services include services such as oral evaluations, routine cleanings, x-rays, sealants and fluoride treatments.

Primary Care Physician - A licensed physician who provides and coordinates your health care services. Your primary care physician is the person you see first for most health problems. He or she makes sure that you get the care that you need to keep you healthy. He or she also may talk with other doctors and health care providers about your care and refer you to them.

Primary Care Provider (PCP) - A licensed physician, nurse practitioner, clinical nurse specialist or physician assistant, as allowed under state law, who provides and coordinates your health care services. Your primary care provider is the person you see first for most health problems. He or she makes sure that

you get the care that you need to keep you healthy. He or she also may talk with other doctors and health care providers about your care and refer you to them.

Prior Authorization – The process for any service that needs approval from Molina Healthcare before it can take place.

Provider - A person, facility or organization that's licensed to provide health care or dental services. Doctors, dentists, nurses, and hospitals are examples of health care or dental providers.

Provider Directory - A list of all providers contracted with Molina Healthcare

Provider Network - The collective group of Network Providers who have entered into Provider Contracts with the Contractor for the delivery of MCO Covered Services. This includes, but is not limited to, physical, behavioral, pharmacy, and ancillary service providers.

Referral - A request from a PCP for his or her patient to see another provider for care.

Region - Groupings of contiguous counties defined and numbered as follows:

1. Alger, Baraga, Chippewa, Delta, Dickinson, Gogebic, Houghton, Iron, Keweenaw, Luce, Mackinac, Marquette, Menominee, Ontonagon, Schoolcraft

- 2. Antrim, Benzie, Charlevoix, Emmet, Grand Traverse, Kalkaska, Leelanau, Manistee, Missaukee, Wexford
- 3. Alcona, Alpena, Cheboygan, Crawford, Iosco, Ogemaw, Oscoda, Otsego, Presque Isle, Montmorency, Roscommon
- 4. Allegan, Barry, Ionia, Kent, Lake, Mason, Mecosta, Muskegon, Montcalm, Newago, Oceana, Osceola, Ottawa
- 5. Arenac, Bay, Clare, Gladwin, Gratiot, Isabella, Midland, Saginaw
- 6. Genesee, Huron, Lapeer, Sanilac, Shiawassee, St. Clair, Tuscola
- 7. Clinton, Eaton, Ingham
- 8. Berrien, Branch, Calhoun, Cass, Kalamazoo, St. Joseph, Van Buren
- 9. Hillsdale, Jackson, Lenawee, Livingston, Monroe, Washtenaw
- 10. Macomb, Oakland, Wayne

Rehabilitation Services and Devices- Rehabilitative services and/or equipment ordered by your doctor to help you recover from an illness or injury. These services may include physical and occupational therapy, speech-language pathology, and psychiatric rehabilitation services in a variety of inpatient and/or outpatient settings.

Routine Care (Dental) - Dental services that include the diagnosis and treatment of oral health conditions to prevent deterioration to a more severe level or minimize/reduce the risk of development of dental disease or the need for more complex dental treatment. Examples include but are not limited to services such as fillings and space maintainers.

Routine Care (Medical) - An Enrollee encounter with a Provider that is not associated with any presenting medical signs. Examples include well-child visits and annual adult physical examinations.

Rural - Rural is defined as any county not designated as metropolitan or outlying metropolitan by the 2000 U. S. Census Office of Management and Budget.

Rural Health Clinic (RHC) - Public, non-profit or for-profit healthcare facility located in rural medically underserved area. In Michigan, RHCs are certified by the Department of Licensing and Regulatory Affairs (LARA) to participate in Medicare and Medicaid programs under an agreement with CMS. The current RHCs in Michigan are listed as the following website: http://www.michigan.gov/documents/lara/Ml_Rural_Health Clinic Directory 2-2016 515599 7.pdf

Service Area - The geographic area where Molina Healthcare provides services.

Service Authorization Decision - Contractor's written response to Enrollee's service authorization request provided as expeditiously as the Enrollee's condition requires and with State establish timeframes that may not exceed 14 calendar days following the receipt of the request for service, with a possible extension of up to 14 additional calendar days if---(i) The Enrollee, or the Provider requests an extension; or (ii) Contractor justifies a need for additional information and how the extension is in the Enrollee's best interest.

Service Authorization Request - A managed care Enrollee's request for the provision of a service.

Services - Any function performed for the benefit of the State.

Sexually-Transmitted Infection (STI) - Serious infections that can be screened for and may be treated with early identification.

Skilled Nursing Care - Services from licensed nurses, technicians and/or therapists in your own home or in a nursing home.

Social Determinants of Health - The complex, integrated, and overlapping social structures and economic systems that are responsible for most health inequities. These social structures and

economic systems include the social environment, physical environment, health services, and structural and societal factors Social Determinants of Health are shaped by the distribution of money, power, and resources throughout local communities, nations, and the world

Specialist - A licensed physician or dental specialist focuses on a specific area of medicine or dentistry, or a group of patients to diagnose, manage, prevent or treat certain types of medical or dental symptoms and conditions

State - The State of Michigan, including any departments, divisions, agencies, offices, commissions, officers, employees and agents. Michigan, the Michigan Department of Health and Human Services, or its Agent.

State Fair Hearing - An impartial review by MDHHS of a decision made by the Contractor that the Enrollee believes is inappropriate.

Urgent Care - Care for an illness, injury or condition serious enough that a reasonable person would seek care right away, but not so severe it requires emergency room care.

Urgent Care (Dental) - Care for a dental injury or condition bad enough to seek care soon but not bad enough that it needs emergency room care. Urgent dental care can be treated with a quick dental appointment.

Urgent Care (Medical) - Medical care provided for a condition that without timely treatment, could be expected to deteriorate into an emergency, or cause prolonged, temporary impairment in one or more bodily function, or cause the development of a chronic illness or need for a more complex treatment. Examples of conditions that require urgent care include abdominal pain of unknown origin, unremitting new symptoms of dizziness of unknown cause, and suspected fracture. Urgent care requires timely faceto-face medical attention within 24 hours of member notification of the existence of an urgent condition.

Utilization Management (UM) - Medical decisions relating to an individual's care.

Vaccines for Children program (VFC) - A federal program which makes vaccine available free to immunize children age 18 and under who are Medicaid eligible.

Women Infants and Children (WIC) - A supplemental Food and Nutrition Program.



880 West Long Lake Road, Suite 600 Troy, Michigan 48098-4504