

Spring 2017 Health and Wellness Newsletter



Important Change Regarding Your Health Insurance

Molina Healthcare purchased your health plan, Total Care, A Today's Options® of New York Health Plan on August 1, 2016. We are happy to have you in our Molina family.

There will be no change in your benefits.

- You don't need to do anything
- You will see the same doctor and use your current ID card
- Within the next 60 days, we will be updating the name of your plan

Molina Healthcare of New York began mailing new Medicaid Managed Care (MMC), Molina Healthcare PLUS (HARP) and Child Health Plus (CHP) Member ID cards the final week in February.

Please replace your Total Care, A Today's Options® of New York Health Plan ID card with your new Molina Healthcare ID Card.

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Disclaimers:


All newsletters are also available at <http://www.totalcareny.com/member-newsletters>.

To get this information in your preferred language and/or accessible format, please call Member Services at (800) 223-7242. The number is also on the back of your Member ID card.


Este boletín informativo también está disponible en español. Por favor, comuníquese con el Departamento de Servicios para Miembros para pedir una copia en español.

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Medicaid Managed Care (MMC)/Molina Healthcare PLUS (HARP)

 5232 Witz Drive, North Syracuse, NY 13212 molinahealthcare.com		ENROLLEE CO-PAYS Non-preferred Brand Name Drugs\$3.00 Preferred Brand Drugs\$1.00 Generic Drugs\$1.00 Over The Counter (OTC) Drugs\$0.50
Jane Doe DOB 01/01/1964 PCP Joe Smith Office (315)-999-9999 RxBIN 003858 RxPCN A4 RxGroup MOLINANY		ID# AB12345C EFF 01/01/2016 This card does not guarantee coverage. To confirm eligibility or to obtain specific benefit information, including co-payment exclusions or to speak with a Nurse 24/7, call Molina at 1-800-223-7242/ TTY: 1-800-662-1220. Pharmacy Benefit: Contact Express Script at 1-877-891-5279. Pharmacy Helpdesk at 1-800-922-1557. Dental Benefit: Contact Healthplex at 1-800-468-9868. Mental Health Benefit: Contact Beacon Health Solutions at 1-844-265-7594.

Child Health Plus (CHP)

 5232 Witz Drive, North Syracuse, NY 13212 molinahealthcare.com		FOR A LIFE-THREATENING MEDICAL CONDITION <ul style="list-style-type: none">• Call 911 or go to the nearest emergency facility.• Then WITHIN 48 HOURS of receiving care, you or someone on your behalf, must call your Molina Primary Care Provider (PCP).• All follow-up care must be coordinated by your Molina PCP. FOR ROUTINE APPOINTMENTS AND REFERRALS <ul style="list-style-type: none">• Non-urgent/non-life threatening or routine care, and/or referrals, call your Molina PCP.• Submit Medical and Hospital claims to Molina, Attn: Claims Dept. INQUIRIES and CLAIMS: This card does not guarantee coverage. To confirm eligibility, obtain specific benefit information, or to speak with a Nurse 24/7, call Molina at 1-800-223-7242/ TTY: 1-800-662-1220. Pharmacy Benefit: Contact Express Script at 1-877-891-5279. Pharmacy Helpdesk at 1-800-922-1557. Dental Benefit: Contact Healthplex at 1-800-468-9868. Mental Health Benefit: Contact Beacon Health Solutions at 1-844-265-7594.
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Well Child Checkups

What is a well child checkup?

A well child checkup is a provider visit for your baby, child or teen. The provider will make sure your child is growing and developing as he or she should. Checkups are important, even if your child is healthy.

What can you expect at a well child checkup?

- Physical exam
- Vision and hearing tests
- Height and weight measurements
- Education on many health topics
- Shots (if needed)
- Lead screening (if needed)
- Medical referrals to specialists (if needed)

A checkup is the best way to prevent illness and find out about health problems that might affect your child.

How can you prepare for your child's checkup?

- Bring your child's shot record to each checkup.

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- Write down any questions you have about your child's health.
- Write down any changes you observe in your child's health. This could include changes in sleep habits, behavior, or school performance. It can also include concerns about home safety or bullying in school.

Does your child need a primary care provider?

Call Member Services. The number is on the back of your Member ID card.

Human Papilloma Virus (HPV) Vaccine for Pre-teens and Teens

As a parent, the best way to protect your child from certain diseases is to vaccinate or give shots.

What is Human Papilloma Virus (HPV)?

HPV is a sexually transmitted virus. You can get HPV from vaginal, anal and oral sex. HPV is most common in a person's late teen years and early twenties. It can lead to genital warts and cancers.



What is the HPV vaccine?

The vaccine is a series of 2 shots given 6-12 months apart. The shots can protect your pre-teen or teen child from getting the HPV virus.

When should your child get the HPV vaccine?

All boys and girls 11 or 12 years of age should get the vaccine. This will protect them before they are in contact with the virus. If the HPV shots are given less than 5 months apart or started after 14 years of age, then a 3rd HPV shot is required.

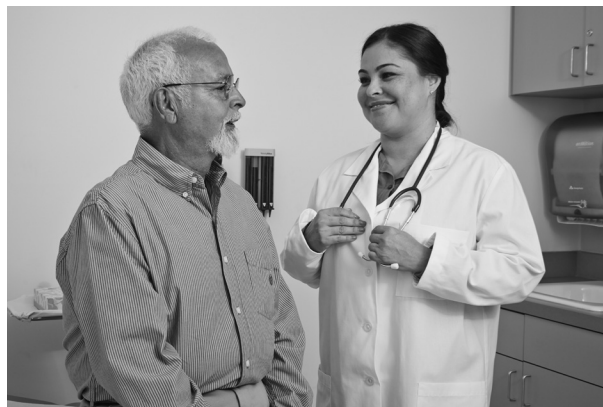
Important: The vaccine helps to protect and prevent the HPV virus. Getting the vaccine does not mean your child is ready for sexual activity. For more information, please visit <https://www.cdc.gov/vaccines/parents/diseases/teen/hpv-indepth-color.pdf>.

Provider Online Directory

Did you know you can find a provider or pharmacy location online? We update provider information four times a year. Visit totalcareny.com and click on “Find a Doctor.”

Health Care Fraud, Waste and Abuse

Fraud, waste and abuse can increase health care costs and affect your quality of care. You can report fraud, waste, and abuse to Molina's AlertLine. You may call 24 hours a day, seven days a week. Call toll-free at (866) 606-3889 TTY 711. You may also report your concerns on the AlertLine website at <https://MolinaHealthcare.AlertLine.com>.



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QI Department
5232 Witz Drive
North Syracuse, NY 13212



Questions about Your Health?

Call Our 24-Hour Nurse
Advice Line!

Your health is our priority!

(800) 223-7242

TTY: New York Relay (800) 662-1220

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