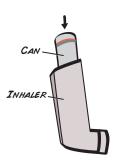


## USING YOUR MEDICINE

Make sure to follow all the steps listed below when you take your medicine with an inhaler.

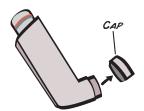
1. Put the CANcan in the inhaler. INHALER



5. Breathe out. Put the spacer in your mouth & put your lips around the mouth piece.



2. Take the inhaler cap off.



6. Push the top of the inhaler and breathe in slowly for 3-5 seconds.



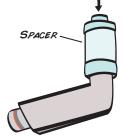
3. Shake the inhaler for about 5 seconds.



7. Hold your breath as you count to 10 slowly. Breathe out.



4. Put the inhaler into the spacer.



After using your inhaler, rinse your mouth, gargle and spit out.



Sometimes you may need to take your medicine a different way. Your provider will let you know.

**Tips for Parents:** These instructions are for taking medicine with an inhaler. Talk to your child's provider if your child has to take a different medicine.