

# Molina Complete Care of Arizona Community Resource Guide



# Introduction:

Thank you for being a valued member of Molina Complete Care of Arizona!

We care about you and your family's healthcare needs and strive to provide you with the highest quality care.

The community organizations in this guide provide you with information on programs, services and resources to help you with your health and well-being.

We are here for you. If you have any questions, please call Member Services at (800) 424-5981 (TTY/TDD: 711) Monday-Friday 8 a.m. to 6 p.m. MST or visit [MCCofAZ.com](https://www.MCCofAZ.com).

*Minnie Andrade*

Minnie Andrade  
CEO, Plan President  
Molina Complete Care of Arizona

# Other unique tools for our Molina Complete Care members:

## My Molina Mobile App

Download the My Molina mobile app from the Apple App Store or Google Play store!

- Find or change doctors
- View benefits at a glance
- And much more!

## Pxy Health App

Sign up for the Pyx Health program and get connected to additional resources to support your physical and mental health.

Search “Pyx Health” in the Apple App Store or Google Play store, or go to [www.HiPyx.com](http://www.HiPyx.com). Or call 1-855-499-4777.



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# BEHAVIORAL HEALTH

## AHCCCS

Arizona has 4 Access Point locations that provide opioid treatment services 24/7.

### **CODAC Health, Recovery and Wellness**

380 E. Ft. Lowell Rd., Tucson, AZ 85705  
(520) 202-1786

### **Community Bridges, East Valley Addiction Recovery Center**

560 S. Bellview, Mesa, AZ 85204  
(480) 461-1711

### **Community Medical Services**

2806 W. Cactus Rd., Phoenix, AZ 85029  
(602) 607-7000

### **Intensive Treatment Systems, West Clinic**

4136 N. 75th Ave. #116, Phoenix, AZ 85033  
(623) 247-1234

## **Alzheimer's Association**

A national non-profit that offers support and resources for those affected by Alzheimer's and other dementias.

24/7 Helpline: (800) 272-3900  
[alz.org](http://alz.org)

## **Arizona Center for Disability Law - Mental Health**

Advocates for the legal rights of persons with disabilities to be free from abuse, neglect and discrimination and to gain access to services, maximizing independence and achieving equality.

5025 E. Washington St., Suite 202 Phoenix, AZ 85034  
(602) 274-6287  
(800) 927-2260 (Toll-free)  
[azdisabilitylaw.org/](http://azdisabilitylaw.org/)

## **Arizona Behavioral Health Corporation**

Provides quality, affordable housing and supportive services for persons with behavioral health needs and others with similar housing challenges in Arizona.

501 E. Thomas Rd., Phoenix, AZ 85012  
(602) 712-9200  
[azabc.org/](http://azabc.org/)

## Co-Dependents Anonymous

A fellowship of men and women whose common purpose is to develop healthy relationships.

(602) 277-7991

Toll-free: (888) 444-2359

Spanish Toll-free: (888) 444-2379

[coda.org](http://coda.org)

"I am really thankful and appreciative for all the connections to support and resources you have given me and I am appreciative for all the support from Care Management."

– MCC Member

*\*Details have been changed to protect member privacy.*

## COMPEER

Promotes good mental health by making meaningful friendships and 1:1 mentoring.

(800) 836-0475

[compeer.org](http://compeer.org)

## Family Involvement Center (FIC) Warm Line

No cost guidance and resources for helping deal with job loss, heightened anxiety, and much more.

5333 N 7th St., Ste. A-100 Phoenix, AZ 85014

(877) 568-8468

## Mental Health America

Dedicated to addressing the needs of those living with mental illness and promoting the mental health of all.

(703) 684-7722

Toll-free: (800) 969-6642

[mentalhealthamerica.net](http://mentalhealthamerica.net)

## Mentally Ill Kids In Distress (MIKID)

MIKID improves the behavioral health and wellness of children and youth through a family-centered approach.

[mikirid.org](http://mikirid.org)

### Phoenix Office

7816 N. 19th Ave., Phoenix, AZ 85021

(602) 253-1240

### Casa Grande Office

901 E. Cottonwood Ln., Casa Grande, AZ 85122

(520) 509-6669

## Postpartum Support International

Offers direct peer support to women dealing with postpartum depression.

Call: (800) 944-4773

Text: (503) 894-9453 (English) or (971) 420-0294 (Spanish)

[postpartum.net](http://postpartum.net)

## **PTSD Alliance**

An association to help those suffering from posttraumatic stress disorder.

(888) 436-6306

[ptsdalliance.org](https://ptsdalliance.org)

## **National Alliance on Mental Illness (NAMI)**

This national mental health organization works to help those dealing with mental illness. NAMI can also help you connect with an attorney in your area.

(800) 950-NAMI (800-950-6264)

[nami.org](https://nami.org)

## **National Center for PTSD-VA**

For excellence on PTSD and traumatic stress. Serves the general public as well veterans.

(802) 296-6300

[ptsd.va.gov](https://ptsd.va.gov)

## **National Institute of Mental Health**

The lead federal agency for research on mental disorders.

Toll-free: (866) 615-6464

TTY: (301) 443-8431

TTY Toll-free: (866) 415-8051

[nimh.nih.gov](https://nimh.nih.gov)

## **Substance Abuse and Mental Health Services Administration (SAMHSA)**

Find treatment programs for mental and substance use disorders.

(800) 662-HELP (800-662-4357)

TDD: (800) 487-4889

[samhsa.gov](https://samhsa.gov)

## **Warm Lines**

A confidential telephone service staffed by peers who have, themselves, dealt with behavioral health challenges. Offer support and compassion for callers who just need someone to talk with. This is available statewide at no cost.

### **Central Arizona**

#### **Solari Crisis and Human Services**

(602) 427-4600

### **Northern Arizona NAZCARE**

(888) 404-5530

### **Southern Arizona HOPE, Inc**

Pima County: (520) 770-9909

All other Southern AZ counties: (844) 733-9912

# CHILD SERVICES

## Arizona Early Intervention Program (AZEIP)

This program can help you find services for children from birth to age three who may have disabilities or developmental delays.

1789 West Jefferson St., Mail Drop 2HP1 Phoenix, Arizona 85007

(602) 532-9960

[des.az.gov/services/disabilities/developmental-infant](https://des.az.gov/services/disabilities/developmental-infant)

"Our Care Manager worked hard to find our kids a bed to sleep in and ensure my family was safe and taken care of."

– MCC Member

*\*Details have been changed to protect member privacy.*

## Birth to Five Helpline

Available to all Arizona families with young children looking for the latest child development information from health care professionals.

(877) 705-KIDS (5437)

## Children and Adults with ADD (CHADD)

(800) 233-4050

[chadd.org](https://chadd.org)

## Child Crisis Arizona

Helping children overcome social and racial issues and break the cycle of poverty.

817 N. Country Club Dr., Mesa, AZ 85201

(602) 889-6165

[childcrisisaz.org](https://childcrisisaz.org)



## Office for Children and Youth with Special Health Care Needs

Get information on community programs for car seats, childcare, breastfeeding, and more.

(800) 232-1676

[azdhs.gov/prevention/womens-childrens-health/ocshcn/index.php#contact](https://azdhs.gov/prevention/womens-childrens-health/ocshcn/index.php#contact)

## Raising Arizona Kids

15508 W. Bell Rd., 101-123, Surprise, AZ 85374

(480) 991-KIDS (480-991-5437)

[raisingarizonakids.com](https://raisingarizonakids.com)

Head Start programs promoting school readiness of infants, toddlers and preschool-aged children:

### **Arizona Head Start Association**

PO Box 45483, Phoenix, AZ 85064  
(602) 338-0449  
Email: [azheadstart@azheadstart.org](mailto:azheadstart@azheadstart.org)

### **Catholic Charities Westside Head Start**

Call your closest area office for more information.

#### **Avondale, Buckeye, Goodyear, Tonopah:**

(602) 287-6199

#### **Glendale:**

(623) 934-3657

#### **South Avondale/Cashion, Tolleson, Peoria, Surprise/El Mirage:**

(623) 932-3517

#### **Home-based services:**

(602) 568-2401  
[catholiccharitiesaz.org](http://catholiccharitiesaz.org)

### **City of Phoenix Head Start Program 200 W. Washington St., 17th Floor Phoenix, AZ 85003**

(602) 262-4040  
[phoenix.gov/humanservices/programs/head-start](http://phoenix.gov/humanservices/programs/head-start)



# DISABILITY SERVICES

Resources to help those with disability, access and functional needs.

## The ARC

The largest national community-based organization advocating for and with people with intellectual and developmental disabilities and serving them and their families.

(800) 433-5255

[thearc.org](http://thearc.org)

## Autism Society of America

1-800-3AUTISM (1-800-328-8476)

[autism-society.org](http://autism-society.org)

## Southwest Autism Research & Resource Center

(602) 340-8717

[autismcenter.org](http://autismcenter.org)

## Autism Speaks

(888) 288-4762

En Español: (888) 772-9050

[autismspeaks.org](http://autismspeaks.org)

## AZ Commission for the Deaf and Hard of Hearing

Voice: (602) 542-3323

Video phone: (480) 559-9441

[Acdhh.org](http://Acdhh.org)

## Federal Disability Resource Guide

[disability.gov](http://disability.gov)

## Raising Special Kids

Helps to improve the lives of children with the full range of disabilities, from birth to age 26 by offering support, training, information and individual help so families can best support their children.

[Raisingspecialkids.org](http://Raisingspecialkids.org)

(800) 237-3007



## Special Needs Directory

This resource is also helpful for locating Adaptive Equipment & Special Needs Products.

(877) 664-4565

[especialneeds.com](https://especialneeds.com)

## Special Olympics

(800) 700-8585

[specialolympics.org](https://specialolympics.org)

## United Cerebral Palsy Association

(800) 872-5827

[ucp.org](https://ucp.org)



# DOMESTIC VIOLENCE

## 24-hour Domestic Violence Hotline

(800) 799-SAFE (800-799-7233)

TTD: (800) 787-3224 Text "START" to 88788

[thehotline.org](http://thehotline.org)

## AZ Coalition to End Sexual and Domestic Violence

Local hotline: (602) 279-2900

Toll-free: (800) 782-6400

[acesdv.org](http://acesdv.org)

## Catholic Community Services of Southern Arizona

140 W. Speedway Blvd., Suite 130 Tucson, AZ 85705

(520) 623-0344

[ccs-soaz.org](http://ccs-soaz.org)

## Chicanos Por La Causa De Colores

Domestic violence shelter for Spanish speaking survivors and their children.

24-hour hotline: (602) 269-1515

[cplcdocolores.org](http://cplcdocolores.org)

## Child Help USA

Center that provides services to address the immediate safety and well-being of children who have been abused and/or neglected.

(602) 271-4500

[childhelp.org](http://childhelp.org)

## Children's Action Alliance

Non-profit organization that has been advocating for children for more than 30 years.

(602) 266-0707

[azchildren.org](http://azchildren.org)

## Maricopa County Shelter Line

(480) 890-3039

## Phoenix Family Advocacy Center

Network of advocacy centers that provide services to victims of sexual and domestic violence.

(602) 534-2120

[acfan.net/centers/phoenix-family.htm](http://acfan.net/centers/phoenix-family.htm)

**RAINN (Rape, Abuse & Incest National Network)**

24/7 Hotline: (800) 656-HOPE (800-656-4673)

Online chat: [online.rainn.org](https://online.rainn.org)

**STAND! For Families Free of Violence**

(888) 215-5555

[standffov.org](https://standffov.org)

**Women's Shelters Directory**

[womenshelters.org](https://womenshelters.org)

# FINANCIAL ASSISTANCE

## Arizona Department of Economic Security

Apply for cash assistance with Temporary Assistance for Needy Families (TANF).

[des.az.gov/services/child-and-family/cash-assistance](https://des.az.gov/services/child-and-family/cash-assistance)

### Cash Assistance

- The Cash Assistance program provides temporary cash benefits and supportive services to Arizona's children and their families.
- Work requirements for Cash Assistance recipients are temporarily suspended while the COVID-19 pandemic continues to affect employment opportunities.
- To apply, complete and submit an online application through Health-e-Arizona Plus, download the Application for Benefits with KidsCare Application Addendum and turn it in by mail or fax, or call (855) 432-7587 to request a paper application be mailed to you. After receiving and completing the application, turn it in by mail or fax.

### Rent and Utility Assistance

2-1-1 Arizona: [211arizona.org/help/rent-utility-assistance/](https://211arizona.org/help/rent-utility-assistance/)

### Additional Financial Resources

Learn about the help you can get through the Coronavirus Aid, Relief, and Economic Security (CARES) Act by visiting [usa.gov/help-with-bills](https://usa.gov/help-with-bills). There are government programs to help pay for phone bills, medical bills, and other expenses. You can also learn how to apply for temporary assistance.



# GENERAL COMMUNITY RESOURCES

## 2-1-1 Arizona

A hotline and web-based directory to help connect people with critical services in their community.

Dial 2-1-1

[211arizona.org](https://211arizona.org)

## Area Agency on Aging

Programs and services developed for older Arizona residents.

Maricopa County: (602) 264-2255 [aaaphx.org](https://aaaphx.org)

Pinal and Gila Counties: (800) 293-9393 [pgcsc.org](https://pgcsc.org)  
[des.az.gov/services/older-adults/area-agency-on-aging-locations](https://des.az.gov/services/older-adults/area-agency-on-aging-locations)

## AZ Poison Control

[azpoison.com](https://azpoison.com)

(800) 222-1222

## Chicanos Por La Causa

Helps individuals and families get access to health care, housing, education, work and more.

1112 E. Buckeye Rd., Phoenix, AZ 85034

(602) 257-0700

## City of Phoenix Family Services Centers

### John F. Long Family Services Center

3454 N. 51st Ave., Phoenix, AZ 85031

(602) 534-AIDE (602-534-2433)

### Sunnyslope Family Services Center

914 W. Hatcher Rd., Phoenix, AZ 85021

(602) 534-AIDE (602-534-2433)

### Travis L. Williams Family Services Center

4732 S. Central Ave., Phoenix, AZ 85040

(602) 534-AIDE (602-534-2433)



"Thank you for changing my mind about health insurance companies. I have never felt so supported."

– MCC Member

*\*Details have been changed to protect member privacy.*

## **Disability Benefits 101**

(866) 304-9675

[az.db101.org](http://az.db101.org)

## **Peer & Family Referral Center**

Connects people who are recovering from a serious mental illness (SMI) with other services beyond what's provided at their clinics.

(602) 248-0368

[referralhelp.org](http://referralhelp.org)

## **Senior Help Line**

24/7: (602) 264-4357

## **Strong Families AZ**

Home visiting programs that helps families raise healthy children. Programs focus on pregnant women and families with children birth to five years old.

[Strongfamiliesaz.com](http://Strongfamiliesaz.com)

# GRIEF AND LOSS

## **The Compassionate Friends**

Support after the loss of a child, any age, any cause.

(877) 969-0010

[compassionatefriends.org](https://compassionatefriends.org)

## **Grief Recovery After a Substance Passing (GRASP)**

Support for those who have lost someone to substance use or addiction.

(302) 492-7717

[grasphelp.org](https://grasphelp.org)

## **American Foundation for Suicide Prevention**

(800) 273-8255

[afsp.org](https://afsp.org)

# HEALTH, WELLNESS AND DENTAL

## Arizona Department of Health Services Breastfeeding Hotline

Get answers from a breastfeeding expert 24/7.

(800) 833-4642

[azdhs.gov/prevention/nutrition-physical-activity/breastfeeding/index.php](https://azdhs.gov/prevention/nutrition-physical-activity/breastfeeding/index.php)

## AZ Links

Online resource for seniors, people with disabilities and caregivers to help connect to resources to plan for the future and immediate needs.

[Azlinks.gov](https://Azlinks.gov)

## Boys & Girls Clubs – Bob & Renee Parsons Children’s Dental Clinic

Provides services for children aged 5-18 who lack dental insurance and do not qualify for state assistance.

1601 W. Sherman St., Phoenix, AZ 85007-3303

(602) 271-9961

[bgcaz.org/parsons-dental-clinic](https://bgcaz.org/parsons-dental-clinic)

## Health-e-Arizona PLUS

Online site where you can learn about, sign up for and manage your AHCCCS benefits and services. You can also update your contact information on this site.

(855) HEA-PLUS (855-432-7857)

[healtharizonaplus.gov](https://healtharizonaplus.gov)

## Human Services Campus Free Dental Clinic

204 S. 12th Ave., Phoenix, AZ 85007

(602) 362-0744

[freedentalcare.us/li/human-services-campus-free-dental-clinic](https://freedentalcare.us/li/human-services-campus-free-dental-clinic)

## Reduced Fee and Community Dental Clinics

View the list of community dental clinics in Arizona. [azdhs.gov/documents/prevention/womens-childrens-health/ocshcn/medical-home/reduced-fee-dental-clinics.pdf](https://azdhs.gov/documents/prevention/womens-childrens-health/ocshcn/medical-home/reduced-fee-dental-clinics.pdf)

## St. Vincent De Paul Free Dental Clinic Phoenix

420 W. Watkins Rd., Phoenix, AZ 85002

(602) 261-6868

[freedentalcare.us/li/az\\_85003\\_st-vincent-de-paul-free-dental-clinic-phoenix](https://freedentalcare.us/li/az_85003_st-vincent-de-paul-free-dental-clinic-phoenix)



## First Teeth First

Maricopa County's Office of Oral Health administers First Teeth First, a First Things First funded program. Basic oral screenings, education and referrals are provided at no cost to expectant mothers and children 0 through age 5, not enrolled in kindergarten. Participating children are eligible to receive fluoride varnish every six months.

[maricopa.gov/1955/First-Teeth-First](http://maricopa.gov/1955/First-Teeth-First)

## Power Me A2Z

A no-cost program from the Arizona Department of Health Services (ADHS) that offers approved multivitamins by the ADHS. The ADHS mails them to female members to help improve their health.

[powermea2z.org/](http://powermea2z.org/)

## WIC Arizona

SA nutrition program for pregnant or breastfeeding women, infants and children under five years of age that meet certain low-income requirements. WIC helps families learn about eating well and staying healthy.

(800) 252-5942

[azdhs.gov/prevention/azwic](http://azdhs.gov/prevention/azwic)



# HOUSING

## A New Leaf

Support for families and individuals facing difficult challenges.

868 E. University Dr., Mesa, AZ 85203

(480) 969-4024

[turnanewleaf.org](http://turnanewleaf.org)

## Central Arizona Shelter Services (CASS)

Operates adult and family shelters 24/7, 365 days of the year.

230 S. 12th Ave., Phoenix, AZ 85007

[cassaz.org](http://cassaz.org)

## Child Crisis Arizona

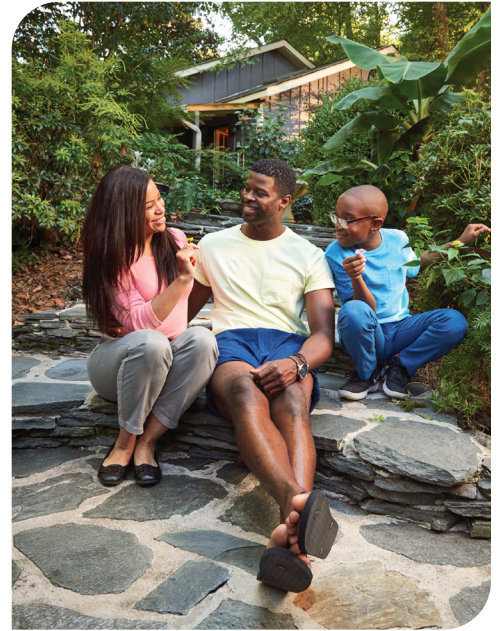
Operates 2 emergency shelters for children up to age 10 who've experienced abuse or neglect.

Whiteman's Safe Haven for Children

604 W. 9th St., Mesa, AZ 85201

(480) 969-2308

[childcrisisaz.org](http://childcrisisaz.org)



## Coordinated Entry

Anyone who's homeless or at risk of homelessness should go to the Coordinated Entry system in their community. Visit the websites below to learn more about services available in each region.

### Arizona Balance of State CoC

The Arizona Department of Housing is the lead agency for the Continuum of Care for the 13 non-metro counties in the state. [housing.az.gov/general-public/homeless-assistance](http://housing.az.gov/general-public/homeless-assistance)

### Phoenix/Mesa/Maricopa County Regional CoC

Supports more than 40 homeless assistance programs in 13 different agencies.

[maricopahousing.org/wp-content/uploads/2021/07/Coordinated-Entry-Points-Handout.pdf](http://maricopahousing.org/wp-content/uploads/2021/07/Coordinated-Entry-Points-Handout.pdf)

### Tucson/Pima County CoC

A coalition of community and faith-based organizations, government, businesses and individuals working together to end homelessness.

[tpch.net](http://tpch.net)

## Homeward Bound

Creates pathways out of poverty for homeless families in the Valley.

2302 W. Colter St., Phoenix, AZ 85015

(602) 263-7654

[homewardboundaz.org](http://homewardboundaz.org)

“My Case Manager listens to me and helps me with my own needs by staying connected.”

– MCC Member

*\*Details have been changed to protect member privacy.*

## HUD Resource Locator

Search for subsidized apartments, public housing authorities, emergency rental assistance and more. [resources.hud.gov](http://resources.hud.gov)

## Salvation Army Family Services

2707 E. Van Buren St., Phoenix, AZ 85008

(602) 267-4100

[salvationarmyphoenix.org](http://salvationarmyphoenix.org)

## UMOM New Day Centers

Provides shelter, housing and services for people experiencing homelessness.

3333 E. Van Buren St., Phoenix, AZ 85008

(602) 275-7852

[umom.org](http://umom.org)

# **JOBS AND TRAINING**

## **Arizona Department of Economic Security**

For job seekers: [des.az.gov/services/employment/job-seekers](https://des.az.gov/services/employment/job-seekers)

### **ARIZONA @WORK**

Assists job seekers through internet job search tools, access to job specialists, editing resumes, locating job fairs, identifying training, wage and earning resources, unemployment/ insurance benefit resources, and a additional no-cost workforce services for job seekers to obtain gainful employment.

[arizonaatwork.com](https://arizonaatwork.com)

### **GED Information and Testing**

Study, practice and take the GED test online.

(877) EXAM-GED (877-392-6433)

[gedtestingservice.com](https://gedtestingservice.com)

“They connected me to a supportive employment specialist who helped me secure a job that I love.”

– MCC Member

*\*Details have been changed to protect member privacy.*

### **Goodwill**

1-800-Goodwill (1-800-466-3945)

[goodwill.org](https://goodwill.org)

**Unemployment Insurance Benefits:** [des.az.gov/services/employment/unemployment-individual](https://des.az.gov/services/employment/unemployment-individual)

## one•n•ten

Serves LGBTQ youth and young adults ages 11-24. Programs promote self-expression, self-acceptance, leadership development and healthy life choices.

1101 N Central Ave #202, Phoenix, AZ 85004

(602) 400-2601

[onenten.org](http://onenten.org)

## Phoenix Pride

Promotes unity, visibility and self-esteem through community activities and services.

602-27-PRIDE (602-277-7433)

[phoenixpride.org](http://phoenixpride.org)

## Trans Lifeline

All operators are transgender

(877) 565-8860

[translifeline.org](http://translifeline.org)



## The Trevor Project

Specializes in gay and lesbian youth suicide prevention.

(866) 488-7386

[thetrevorproject.org](http://thetrevorproject.org)

# NUTRITION

## **Arizona Food Bank Network**

Made up of 5 regional food banks and nearly 1,000 food pantries working together.

(602) 528-3434

[info@foodbanks.org](mailto:info@foodbanks.org)

## **Nourish PHX**

Helps with food and other basic needs like clothing, shoes and toiletries.

501 S. 9th Ave., Phoenix, AZ 85007

(602) 254-7450

## **St. Mary's Food Bank**

Helps feed hungry families across Phoenix and 9 Arizona counties.

2831 N. 31st Ave., Phoenix, AZ 85009

(602) 242-FOOD (602-242-3663)

## **Supplemental Nutrition Assistance Program (SNAP)**

(855) 777-8590

[des.az.gov/services/basic-needs/food/nutrition-assistance](https://des.az.gov/services/basic-needs/food/nutrition-assistance)



# STOP SMOKING

## AshLine

Arizona Smoker's Helpline (800) 556-6222

## Tobacco Free Arizona

Making sure Arizonans know help is here if they want to quit tobacco. And helping to stop kids from ever starting.

[azdhs.gov/prevention/tobacco-chronic-disease/tobacco-free-az/index.php](http://azdhs.gov/prevention/tobacco-chronic-disease/tobacco-free-az/index.php)



# SUBSTANCE USE

## Adult Children of Alcoholics

(310) 534-1815  
[adultchildren.org](http://adultchildren.org)

## Al-Anon/Alateen

Al-Anon is a support group for people who are worried about someone with a drinking problem. Alateen is similar but for teens.

(888) 425-2666  
[al-anon.org](http://al-anon.org)

"Thank you for referring me to the substance abuse treatment center that worked to pull me out of a dark situation. I am lucky to have a Case Manager who really cares about me."

– MCC Member

*\*Details have been changed to protect member privacy.*

## Alcoholics Anonymous (AA)

(800) 839-1686  
[alcoholicsanonymous.com/aa-meetings/Arizona](http://alcoholicsanonymous.com/aa-meetings/Arizona)

## AHCCCS

Arizona has 4 Access Point locations that provide opioid treatment services 24/7.

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380 E. Ft. Lowell Rd., Tucson, AZ 85705  
(520) 202-1786

### **Community Bridges, East Valley Addiction Recovery Center**

560 S. Bellview, Mesa, AZ 85204  
(480) 461-1711

### **Community Medical Services**

2806 W. Cactus Rd., Phoenix, AZ 85029  
(602) 607-7000

### **Intensive Treatment Systems 24/7:**

(855) 245-6350

## Connections Health Solutions

For resources that provide personalized treatment 24/7 for people with urgent mental health needs.

Phoenix: (602) 416-7600  
Tucson: (520) 301-2400

## **Dump the Drugs AZ**

Online tool that lets you find locations to safely get rid of any unwanted prescription drugs.

[azdhs.gov/gis/dump-the-drugs-az/](http://azdhs.gov/gis/dump-the-drugs-az/)

## **Families Anonymous**

(800) 736-9805

[familiesanonymous.org](http://familiesanonymous.org)

## **Intensive Treatment Systems, West Clinic**

4136 N. 75th Ave. #116, Phoenix, AZ 85033

(623) 247-1234

## **Narcotics Anonymous (NA)**

(800) 407-7195

[narcotics.com/na-meetings/arizona/](http://narcotics.com/na-meetings/arizona/)

## **Substance Abuse and Mental Health Services Administration (SAMHSA) Alcohol/Drug Abuse**

**Hotline:** 1-800-662-HELP (1-800-662-4357)

Text: "HOME" to 741741

Chat: [suicidepreventionlifeline.org](http://suicidepreventionlifeline.org) / [chatsuicidepreventionlifeline.org](http://chatsuicidepreventionlifeline.org)

# SUICIDE PREVENTION

## AZ Suicide Prevention Coalition

Helping reduce suicidal acts in Arizona.

[azspc.org](http://azspc.org)

(602) 248-8337

## C.H.E.E.R.S (Center 4 Health, Enlightenment, Enrichment, Empowerment Renewal Services)

1950 West Heatherbrae Drive, Suite 5, Phoenix, AZ 85015

(602) 246-7607

## Crisis Text Line

Text HOME to 741741 to connect with a crisis counselor.

[crisistextline.org](http://crisistextline.org)

## EMPACT

(800) 273-8255

[lafrontera-empact.org/](http://lafrontera-empact.org/)

## National Suicide Prevention Lifeline

National network of local crisis centers that provide no cost and confidential emotional support to people. The National Suicide Prevention Lifeline is available 24 hours a day, 7 days a week

1-800-273-TALK (1-800-273-8255)

[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

## Suicide Prevention Resource Center

1-877-GET-SPRC (1-877-438-7772)

[sprc.org](http://sprc.org)

## Teen Lifeline

A lifeline to help young people in Phoenix and throughout Arizona who are having an emotional crisis or are thinking about suicide.

**Maricopa County:** (602) 248-8336 (TEEN)

**Outside Maricopa County:** (800) 248-8336 (TEEN)

**Outside Arizona/Nationally:** (877) YOUTHLINE or (800) SUICIDE

## Yellow Ribbon Suicide Prevention Program

(800) 273-TALK (800-273-8255)

Text HELP to 741741 [yellowribbon.org](http://yellowribbon.org)

# TRANSPORTATION

Most area agencies provide some type of transportation for people 60 and older.

## AHCCCS – Non-Emergency Medical Transportation (NEMT)

For Medicaid members who do not have their own transportation.

### Arizona Department of Economic Security

Community resources to help with transportation needs.

(602) 549-0419

[des.az.gov/services/disabilities/developmental-disabilities/community-resources/transportation](https://des.az.gov/services/disabilities/developmental-disabilities/community-resources/transportation)



### Disability.gov-guide to transportation

[dol.gov/agencies/odep/program-areas/employment-supports/transportation](https://dol.gov/agencies/odep/program-areas/employment-supports/transportation)

Eldercare Locator

(800) 677-1116

[eldercare.acl.gov](https://eldercare.acl.gov)

### National Aging and Disability Transportation Center

(866) 983-3222

[nadtc.org](https://nadtc.org)

### National Transit Hotline

Provide the names of local transit providers that serve the elderly and people with disabilities.

(800) 527-8279

### Valley Metro

Provides service and transportation options for all citizens.

(602) 253-5000

[valleymetro.org](https://valleymetro.org)

### Veyo

Non-emergency medical transportation helping members get to and from healthcare appointments.

(877) 239-0981

# VETERANS

## AMVETS

(877) 726-8387

[amvets.org](http://amvets.org)

## The Arizona Department of Veterans' Services (ADVS)

Provides help directly to veterans and their dependents throughout the state. Services include processing VA compensation and pension applications, appeals, filing for survivor benefits, getting service records and more.

(602) 255-3373

[dvs.az.gov/](http://dvs.az.gov/)

## Be Connected

Connect with hundreds of statewide organizations that serve the military, veterans and their families.

1-866-4AZ-VETS (1-866-429-8387)

[beconnectedaz.org](http://beconnectedaz.org)

## Department of Defense Safe Line

(877) 995-5247

[safehelpline.org](http://safehelpline.org)

"As someone who struggled with substance abuse, I am thankful for the tools and resources given to me to help me get back on my feet."

– MCC Member

*\*Details have been changed to protect member privacy.*

## VA Caregiver Support Line

(855) 260-3274

## VA Vet Centers

Community-based counseling centers to make a successful transition from military to civilian life or after a traumatic event.

[vetcenter.va.gov](http://vetcenter.va.gov)

## Veterans Administration

**Benefits:** (800) 827-1000

**Health care:** (877) 222-VETS (877-222-8387)

**MyVA311:** (844) 698-2311, TTY: 711

**VA Inspector General:** (800) 488-8244

**Veterans Crisis Line:** (800) 273-8255

**24-hour talk/crisis line:** (877) WAR VETS

**Vocational rehabilitation and employment services:** [vbava.gov](http://vbava.gov)

## **VA Benefits**

To find out about transition, disability and compensation, home loans, pensions and more.  
Call MyVA311: (844) 698-2311, TTY: 711

[benefits.va.gov/benefits](https://benefits.va.gov/benefits)

## **Veterans Rally Point**

(800) 273-8255

Rally Point Arizona Hotline: (855) 725-5948 [veteransrallypoint.com](https://veteransrallypoint.com)

## **Homeless Resources:**

### **Community Bridges**

For help with finding housing, alcohol or drug treatment, health care, job training and more.

(877) 931-9142

[communitybridgesaz.org](https://communitybridgesaz.org)

### **Community Resource & Referral Centers (CRRCs)**

For help with housing, health and mental health care, accessing VA and non-VA benefits and more.

(602) 248-6040

[va.gov/HOMELESS/CRRC.asp](https://va.gov/HOMELESS/CRRC.asp)

## **US Vets**

(602) 717-6682

[usvetsinc.org](https://usvetsinc.org)

## **Wounded Warrior Project**

(877) TEAM-WWP (877-832-6997)

[woundedwarriorproject.org](https://woundedwarriorproject.org)



Molina Complete Care