

## Need a ride?

You can call Member Services for your health plan at the number listed on the back to schedule a free ride. Please call at least three business days before your appointment.

## Is your baby sick?

Your baby's doctor may have after-hour/urgent care appointments available.

If not, our NurseLine is also available 24/7 at the number listed on the back.



## Have questions or need help finding a doctor?



**CCC Plus:**

**1-800-424-4524 (TTY 711)**

**Medallion 4.0:**

**1-800-424-4518 (TTY 711)**

### Email

MCCVA@molinahealthcare.com

### Web

MCCofVA.com

ATENCIÓN: Si habla español, tiene servicios de asistencia de idiomas disponibles a su disposición. Llame al número incluido arriba.

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 아래 표시된 번호로 전화해 주십시오.

This brochure is available for free in other languages and formats including online, in large print, Braille or Audio CD by calling Member Services at the number listed above.

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VA-ALL-MKT-19402-21

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Medicaid

## Remember your baby's well visits too



Your baby needs regular doctor visits for the first two years

Handy checklist inside!



Molina Complete Care

# Healthy Check List – Newborn and Toddler

## Call your baby's doctor and schedule a first well-baby visit.

The first two years of your baby's life are a crucial time of development. Babies need far more care than adults or older children. That's why regular well-baby visits are so important for your baby's health.

These well-baby visits help you:

- Track your baby's weight and growth
- Ensure your baby is developing normally
- Make sure your baby is eating well and getting enough nutrition
- Know what to expect and prepare for developmental milestones

**Call 911 if you have a  
medical emergency.**

**Take this handy checklist with you to your baby's doctor.  
This will help make sure your baby gets the right care.**

Recommended exams*		Age/Date
Weight and length, head circumference, complete physical exam, immunizations and vitamins, lab tests such as hemoglobin screening, assess development, address any questions, discuss safety		At birth: __/__/__ 1 week: __/__/__ 1 month: __/__/__ 2 months: __/__/__ 4 months: __/__/__ 6 months: __/__/__ 9 months: __/__/__
<i>Same as above plus</i> —Check for anemia, lead screening test		12 months: __/__/__ 15 months: __/__/__
<i>Same as above plus</i> —Assess toilet training readiness		18 months: __/__/__ 24 months: __/__/__
Immunizations		
Ages 0 – 2 yrs.	Vaccines	Date
2 months	Diphtheria/ Tetanus /Pertussis (DTaP), Polio (IPV), Hepatitis B, Haemophilus Influenzae type b (Hib), Pneumococcal (PVC), Rotavirus (RV)	
4 months	Diphtheria/ Tetanus /Pertussis (DTaP), Polio (IPV), Pneumococcal (PVC), Rotavirus (RV)	
6 months	Diphtheria/ Tetanus /Pertussis (DTaP), Rotavirus (RV), Flu	
6-18 months	Hepatitis B, Polio	
12-15 months	Measles/Mumps/Rubella (MMR), Varicella (Chicken Pox), Pneumococcal (PVC), Haemophilus Influenzae type b (Hib)	
12-23 months	Hepatitis A (2 doses), Flu	
15-18 months	Diphtheria/ Tetanus /Pertussis (DTaP)	