

Birth control

Research shows that approximately half of all pregnancies in the United States are unplanned. If you don't want to have a baby right now, there are many contraception methods available to you. You can consult with your healthcare provider to determine the best method of birth control for you.

Molina covers options in each FDA approved contraceptive method category. These categories include:

- Barrier Methods
- Hormonal Methods
- Long Acting Reversible Contraception
- Emergency Contraception
- Permanent Methods

Barrier Methods

Barrier methods prevent the man's sperm from reaching the women's egg. Examples include diaphragms and cervical caps, which are prescribed by a health care provider.

Hormonal Methods

Hormonal methods include oral contraceptive pills, skin patches, vaginal rings, and injections. These all contain hormones to prevent pregnancy and are prescribed by a health care provider.

Long Acting Reversible Contraception (LARC)

LARC methods include the intrauterine device (IUD) and the birth control implant, which inserted by your provider and are effective, lasting for several years. Coverage includes both copper and progestin-based IUD's. Both implants and IUD's can be removed by your healthcare provider should you want to become pregnant.

Emergency Contraception

If you did not use birth control, or if your birth control fails, you can buy emergency contraception (also known as the "morning after pill"). You can receive emergency contraception over the counter at a participating pharmacy without a prescription, and at no cost to you.

Permanent Methods

Permanent birth control methods are very effective and include vasectomies for men and tubal ligation for women.

Have questions?

Schedule an appointment with your doctor to talk about your questions or concerns regarding birth control.