

Get on the Road to Wellness Today!

Your provider is your partner in health. Seeing your provider and getting preventive screenings will help you stay healthy. Your plan includes all the following services, at no additional cost to you.

Start Here: Annual Wellness Exam

It's a good time to ask your provider about:

- Physical and mental health concerns
- Recommended preventive screenings
- Your medications
- Diet and exercise

Click
each stop for
health tips

Flu Shot
(Yearly)

Chlamydia
Screening for
Individuals with a Cervix
Ages 16 - 24

Prenatal and
Postpartum Care
(During and After
Pregnancy)

Depression
Symptoms
& Treatment
Options

Cervical Cancer
Screening
Ages 21 - 64

Breast Cancer
Screening for
Women
Ages 50 - 74

Prediabetes
and Diabetes

High Blood
Pressure

Controlling
Asthma



= Earn Rewards! [Click here](#) to learn more.

Stay on a healthy path.

If you need help finding a provider or scheduling an appointment, please call Molina Member Services at (800) 869-7165, TTY 711. Monday – Friday, 7:30 a.m. – 6:30 p.m.