

Pregnant Woman Preventive Health Guidelines



Prenatal Visits: all pregnant females should receive timely prenatal visit in the first trimester and throughout pregnancy.

- **First Trimester** (0 to 13 weeks of pregnancy)
- **Second Trimester** (14 to 27 weeks of pregnancy)
- **Third Trimester** (28 to 40 weeks of pregnancy)

Postpartum Visits: within **21 to 56 days (3 to 8 weeks)** after delivery.

- Postpartum visit may be completed by a PCP or OB/GYN

Immunizations/ Vaccines	Guidelines
Td/Tdap (Tetanus, diphtheria, pertussis)	Administer 1 dose of Tdap during each pregnancy (preferred during 27-36 weeks gestation) regardless of number of years since prior Td or Tdap vaccination.
Hepatitis B	All pregnant females should be tested for HBsAg during first trimester. Pregnant women who are identified as being at risk for infection during pregnancy (e.g., having more than one sex partner during the previous 6 months, been evaluated or treated for an STD, recent or current injection drug use, or having had an HBsAg-positive sex partner) should be vaccinated.
Influenza (Flu)	Annually during flu season. Inactivated influenza vaccine (TIV) is recommended for pregnant women. For additional influenza vaccination information, visit CDC website: http://www.cdc.gov/vaccines/vpd-vac/flu/default.htm

Screenings & Testing	Guidelines
HIV Testing	For all pregnant women during first prenatal visit
Chlamydia, Gonorrhea, Syphilis Screenings	For all pregnant women during first prenatal visit.
Diabetes Screening	For pregnant women during 24 and 28 weeks of pregnancy.
Bacteriuria, Asymptomatic	Screen for asymptomatic bacteriuria with urine culture for pregnant women at 12 to 16 weeks of gestation or at the first prenatal visit.
Iron Deficiency Anemia	Routine screening for iron deficiency anemia in asymptomatic pregnant women.
Rh (D) Incompatibility	Rh(D) blood typing and antibody testing for all pregnant women during their first prenatal visit. Repeated Rh(D) antibody testing for all unsensitized Rh(D)-negative women at 24-28 weeks of gestation.
Screening, Education and Counseling	Alcohol misuse and tobacco use screening and counseling during prenatal visits; Breastfeeding education during prenatal and postpartum visits

Molina's Preventive Health Guidelines are adopted by the Clinical Quality Improvement Committee on 3/13/13 from the American Academy of Pediatrics, CDC's Advisory Committee of Immunization Practices, the U.S. Preventive Services Task Force, the American Academy of Family Physicians and American College of Obstetricians and Gynecologists. Molina recommends that clinical judgments be applied and that the treatments provided to members deviate from the guidelines when individual patient considerations and specific clinical situations dictate. As with all clinical reference resources, they reflect the best understanding of the science of medicine at the time of publication; however they should be used with the clear understanding that continued research may result in new knowledge and recommendations. We recommend that the medical records contain appropriate documentation for clinical decisions. This Preventive Health Guideline is also available on the Molina website at: www.molinahealthcare.com.