

THIS CA UPDATE HAS BEEN SENT TO THE FOLLOWING:**COUNTIES:**

- Imperial
- Riverside/San Bernardino
- Los Angeles
- Orange
- Sacramento
- San Diego

LINES OF BUSINESS:

- Molina Medi-Cal Managed Care
- Molina Medicare Options Plus
- Molina Dual Options Cal MediConnect Plan (Medicare-Medicaid Plan)
- Molina Marketplace (Covered CA)

PROVIDER TYPES:

- Medical Group/ IPA/MSO**
 - Primary Care**
 - IPA/MSO
 - Directs
 - Specialists**
 - Directs
 - IPA
- Hospitals**
 - Ancillary**
 - CBAS
 - SNF/LTC
 - DME
 - Home Health
 - Other

FOR QUESTIONS CALL PROVIDER SERVICES:
(855) 322-4075, Extension:

Los Angeles/Orange Counties

X111113 X123071
X127657

Riverside/San Bernardino Counties

X127684 X120618

Sacramento County

X121360

San Diego County

X121805 X121401
X127709 X121413
X123006 X121599

Imperial County

X125682 X125666

Maternal Mental Health Screening

This is an advisory notification to Molina Healthcare of California (MHC) network providers regarding Maternal Mental Health Screening Requirements and Guidelines.

Requirements

Effective July 1, 2019, AB 2193 Maternal Mental Health requires a licensed health care practitioner who provides prenatal or postpartum care for a patient to offer to screen or appropriately screen a mother for maternal mental health conditions. "Health care practitioner means a physician and surgeon, naturopathic doctor, nurse practitioner, physician assistant, nurse midwife, or a midwife licensed ... who is acting within his or her scope of practice." This legislation applies to Medi-Cal, Marketplace, and MMP lines of business.

Background

The American College of Obstetricians and Gynecologists (ACOG) reports that depression is very common in women, especially in women of reproductive age. ACOG reports that 14%-23% of pregnant women experience depression during pregnancy, and 5%-25% experience postpartum depression. Perinatal depression affects as many as one in seven women. ACOG recommends that OBs and other obstetric care providers screen patients at least once during the perinatal period for depression and anxiety symptoms using a standardized, validated tool. Furthermore, the U.S. Preventive Services Task Force recommendation B encourages routine depression screening in the general adult population, including pregnant and postpartum women as a best practice.

Screening Pregnant Members

Molina requires the use of a validated tool or set of tools to assess the member's mental health, either in the prenatal or postpartum period, or both. Two examples are the Patient Health Questionnaire (PHQ-9) form <https://www.uspreventiveservicestaskforce.org/Home/GetFileByID/218>, and the Edinburgh Postnatal Depression Scale (EPDS) form <https://www.fresno.ucsf.edu/pediatrics/downloads/edinburghscale.pdf>, both of which are widely utilized.

Claim Codes for Maternal Mental Health Screening

Molina requires healthcare providers to document mental health screening using the claim codes below:

USPSTF Recommendation Topic	CPT/HCPCS Codes: Medi-Cal, Marketplace, MMP
Depression screening Pregnant or postpartum	G8431 (positive) *with modifier HD for Medi-Cal members <hr/> G8510 (negative) *with modifier HD for Medi-Cal members

Provider Follow-Up Responsibilities

- Pregnant/postpartum members with positive screening results may be treated by the Provider within the Provider’s scope of practice.
- When the condition is beyond the Provider’s scope of practice, the Provider must refer the member to a mental health provider within the Molina network. Molina providers may screen further for referrals into the County system of care if clinically indicated.
- **Medi-Cal and MMP Members:** OBs, PCPs, and mental health providers in Molina’s network must refer pregnant/postpartum members with ***significant impairment*** resulting from a covered mental health diagnosis to the County Mental Health Program. Per DHCS APL 17-018, *“Significant impairment in an important area of life functioning or a reasonable probability of significant deterioration in an important area of life functioning would qualify for referral to the County Mental Health Plan.”* Additionally, when the member has a significant impairment and the diagnosis is uncertain, Molina providers must ensure the member is referred to the County MHP for further assessment. Please see **County Mental Health Provider Resources** below:
 - Los Angeles- *ACCESS line: 800-854-7771*
 - San Bernardino – Access and Referral Line: 1-800-743-8256
 - Riverside – *Community Access, Referral, Evaluation, and Support (CARES) Line: 1-800-706-7500*
 - Imperial - *Imperial County Access Unit: (442) 265-1597 or (442) 265-1596*
 - Sacramento – Mental Health Access Team: *(916) 875-1055 or toll free (888) 881-4881*
 - San Diego – Access and Crisis Line: 1-888-724-7240
- There is no referral or prior authorization required for the member to seek an initial mental health assessment from a network mental health provider. At any time, pregnant/postpartum members can choose to seek and obtain a mental health assessment from a licensed mental health provider within Molina’s network. Please see **Provider Resource** below:
 - Molina’s online Provider Directory:
<https://providersearch.molinahealthcare.com/Provider/ProviderSearch?RedirectFrom=MolinaStaticWeb>
 - Provider Services can provide network referrals at (855) 322-4075.
- **Molina High Risk OB Program:** In addition to treatment by the provider or referral to a mental health provider, practitioners may also refer to Molina’s High Risk OB

*To opt out of Just the Fax: Call (855) 322-4075, ext. 127413.
Please leave provider name and fax number and you will be removed within 30 days.*

Program for case management support and follow-up. The program utilizes a collaborative team approach that includes risk screening and identification by Molina nurses, clinical case management for members with positive screenings, and member education to promote optimal pregnancy outcomes for Molina pregnant members. Please call the number below.

- Molina High Risk OB Program: (866) 891-2320

Provider Resources for Perinatal Mental Health

- Best Practice Guidelines for Mental Health Disorders in the Perinatal Period: <http://www.perinatalservicesbc.ca/Documents/Guidelines-Standards/Maternal/MentalHealthDisordersGuideline.pdf>
- Screening for Perinatal Depression: ACOG Committee Opinion: <https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Obstetric-Practice/Screening-for-Perinatal-Depression?IsMobileSet=false>
- Depression and Postpartum Depression: Resource Overview: <https://www.acog.org/Womens-Health/Depression-and-Postpartum-Depression?IsMobileSet=false>
- Report: Medicaid Plans Move on Maternal Depression, Anxiety: https://www.medicaidinnovation.org/_images/content/Maternal_Depression_Anxiety_Report_Version7_Pages.pdf
- California Department of Public Health, Maternal, Child and Adolescent Health Division: <https://www.cdph.ca.gov/Programs/CFH/DMCAH/Pages/Communications/Maternal-Mental-Health.aspx>
- Los Angeles County's Maternal Mental Health NOW: <https://www.maternalmentalhealthnow.org/>
- San Bernardino County's Maternal Mental Health: <http://www.sbcounty.gov/dbh/mmh/>

Molina Health Education Materials

- Clear and Easy Booklets on Postpartum Depression (#17) and Stress and Depression (#3) are available free to members and providers online at: <https://www.molinahealthcare.com/members/common/en-US/healthy/Pages/clear-and-easy.aspx> or by calling the **Member and Provider Contact Center**:
 - Medi-Cal: (888) 665-4621, 7am-7pm, Monday - Friday
 - MMP: (855) 665-4627, 8am-8pm, Monday – Friday
 - Marketplace: (888) 858-2150, 8am–6pm, PT Monday – Friday
- Online health education materials on a variety of topics including pregnancy and postpartum depression can be found at: <http://www.molinahealthcare.com/providers/ca/medicaid/comm/Pages/Health-Education-Materials.aspx>

QUESTIONS

If you have any questions regarding the notification, please contact Victoria Luong: Victoria.luong@molinahealthcare.com, or call 562-901-1032.