

Health Resources for LGBTQ+ Members



Molina Healthcare has compiled resources to support providers in delivering appropriate care to LGBTQ+ people. These resources are free and may provide continuing education credit as well.

General and Behavioral Health Care

- [Center of Excellence for LGBTQ+ Behavioral Health Equity](#) offers recorded webinars with continuing education on a wide range of topics including:
 - Sexual Orientation & Behavioral Health 101
 - Gender Identity, Expression & Behavioral Health 101
 - Understanding Anti-LGBTQ+ Bias
 - Gender Dysphoria Diagnosis & Clinical Considerations for Children & Youth
 - Gender Dysphoria in Adults: Moving Beyond Diagnosis & Toward Affirmative Practice
 - Translating Trauma-informed Care Principles into Practice with LGBTQ+ Clients
- [Health Across the Gender Spectrum](#) offers an intimate, story-based introduction to the experiences of six transgender children and their families.
- [Affirming Medical Care for LGBTQ Adolescents](#) After completing this learning experience, you should be able to define LGBTQ+ and gender identity, to identify three risk factors faced by LGBTQ+ youth, to identify three ways to be more inclusive of LGBTQ+ youth when providing health care services, to apply STI screening recommendations for this population, and finally, to introduce resources for LGBTQ+ youth and their families.
- [Providing Mental Health Assessments for Gender Affirming Surgery Referral Letters](#) This resource reviews areas to cover when conducting an assessment of mental health and readiness for gender-affirming surgery referral letter requests.

Caring for Transgender Members and Gender Affirming Care

Transgender individuals experience [disparities in health outcomes](#) and high levels of stigma and discrimination across the health care system. Adults and children may experience bias, be mis-gendered by the health care system or have their transgender status overshadow their unrelated health concerns. Some health disparities include an increased risk of HIV infection, especially among transgender women of color, and lower likelihood of preventive cancer screenings in transgender men. Addressing these health care system challenges is critical to improving overall health.

Under Medi-Cal, Molina provides coverage for medically necessary gender-affirming treatment as outlined in the [Medi-Cal Provider Manuals](#) and follows the [World Professional Association for Transgender Health \(WPATH\) Guidelines](#). The program covers hormone therapy and behavioral health services in addition to other gender affirming treatments. It does not cover cosmetic services but does cover treatment medically necessary for gender affirmation.