



Iowa Department of Human Services

**Request for Prior Authorization  
MUSCLE RELAXANTS**

(PLEASE PRINT – ACCURACY IS IMPORTANT)



**FAX Completed Form To**  
1 (877) 733-3195  
**Provider Help Desk**  
1 (844) 236-1464

IA Medicaid Member ID #					Patient name					DOB				
Patient address														
Provider NPI					Prescriber name					Phone				
Prescriber address										Fax				
Pharmacy name					Address					Phone				
<b>Prescriber must complete all information above. It must be legible, correct, and complete or form will be returned.</b>														
Pharmacy NPI					Pharmacy fax					NDC				

Prior authorization is required for non-preferred muscle relaxants. Payment for non-preferred muscle relaxants is authorized only for cases where there is documentation of previous trials and therapy failures with at least three preferred muscle relaxants. Requests for carisoprodol will be approved for a maximum of 120 tablets per 180 days at a maximum dose of 4 tablets per day when the criteria for coverage are met. \*If a non-preferred long-acting medication is requested, one trial must include the preferred immediate release product of the same chemical entity at a therapeutic dose, unless evidence is provided that use of these products would be medically contraindicated.

**Preferred**

- Baclofen
- Chlorzoxazone
- Cyclobenzaprine
- Methocarbamol
- Orphenadrine
- ER/CR

**Non-Preferred**

- Amrix\*
- Carisoprodol
- Carisoprodol/ASA
- Carisoprodol/ASA/Codeine
- Cyclobenzaprine ER Caps\*
- Cyclobenzaprine ER\*
- Dantrium
- Skelaxin
- Soma
- Zanaflex

Other (specify) \_\_\_\_\_

<b>Strength</b>	<b>Dosage Instructions</b>	<b>Quantity</b>	<b>Days Supply</b>
_____	_____	_____	_____

**Diagnosis:** \_\_\_\_\_

**Preferred Trial 1:** Drug Name \_\_\_\_\_ Strength \_\_\_\_\_ Dosage Instructions \_\_\_\_\_

Trial date from: \_\_\_\_\_ Trial date to: \_\_\_\_\_

Specify failure: \_\_\_\_\_

**Preferred Trial 2:** Drug Name \_\_\_\_\_ Strength \_\_\_\_\_ Dosage Instructions \_\_\_\_\_

Trial date from: \_\_\_\_\_ Trial date to: \_\_\_\_\_

Specify failure: \_\_\_\_\_

**Preferred Trial 3:** Drug Name \_\_\_\_\_ Strength \_\_\_\_\_ Dosage Instructions \_\_\_\_\_

Trial date from: \_\_\_\_\_ Trial date to: \_\_\_\_\_

Specify failure: \_\_\_\_\_

Reason for use of Non-Preferred drug requiring prior approval: \_\_\_\_\_

Other medical conditions to consider: \_\_\_\_\_

**Attach lab results and other documentation as necessary.**

Prescriber Signature: \_\_\_\_\_ Date of Submission: \_\_\_\_\_

**\*MUST MATCH PRESCRIBER LISTED ABOVE**

***IMPORTANT NOTE:** In evaluating requests for prior authorization the consultant will consider the treatment from the standpoint of medical necessity only. If approval of this request is granted, this does not indicate that the member continues to be eligible for Medicaid. It is the responsibility of the provider who initiates the request for prior authorization to establish by inspection of the member's Medicaid eligibility card and, if necessary by contact with the county Department of Human Services, that the member continues to be eligible for Medicaid.*