Provider Memorandum

Adult and Child BMI Provider Information

Impacted Line of Business: Medicaid

Molina Healthcare of Illinois (Molina) is committed to ensuring our members receive the highest quality of care. A large part of that commitment is making sure our members receive necessary preventive screenings to maintain an overall healthy lifestyle.

Documentation of Body Mass Index (BMI) at both adult preventive visits and well-child visits can be crucial in assessing the overall health of our members. High BMI may indicate the presence (or risk of developing) a more serious health problem.

In addition, accurately coding BMI assessment is important to help ensure we are capturing the quality of care you provide to your patients and our members. Accurate coding also helps decrease the need for Molina to request charts during Healthcare Effectiveness Data and Information Set (HEDIS®) season. Below are best practices for documenting and coding BMI assessment for both child and adult visits.

BMI Assessment Tips

- **Well-Child Visits**
  - Avoid missed opportunities by taking advantage of every office visit (including sick visits and sports physicals) to capture BMI percentile.
  - Place BMI percentile charts near scales.
  - When documenting BMI percentile, include height, weight and BMI percentile.
  - Calculate the BMI here if not on the electronic medical record (EMR), https://www.cdc.gov/healthyweight/bmi/calculator.html
  - Prioritize coding BMI percentile diagnosis code on the claim.
    - o Refer to the appropriate codes under the Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescent measure in our HEDIS® Coding Booklet: https://www.molinahealthcare.com/providers/il/PDF/Medicaid/HEDIS-Coding-Booklet.pdf
    - o BMI codes for anyone under 20 years of age:

Code	Code System	Description
Z68.51	ICD10CM	BMI pediatric, less than 5th percentile for age
Z68.52	ICD10CM	BMI pediatric, 5th percentile to less than 85th percentile for age
Z68.53	ICD10CM	BMI pediatric, 85th percentile to less than 95th percentile for age
Z68.54	ICD10CM	BMI pediatric, greater than or equal to 95th percentile for age
59574-4	LOINC	BMI [Percentile]
59575-1	LOINC	BMI [Percentile] Per age
59576-9	LOINC	BMI [Percentile] Per age and gender

- **Adult Preventive Visits**
  - Make BMI assessment part of the vital sign assessment at each visit.
  - Ensure proper documentation for BMI in the medical record with all components (i.e., date, weight, height and BMI value). Provider signature must be on same page.
  - Update the EMR templates to automatically calculate a BMI, if available.

- Calculate the BMI here if not on the EMR,
  https://www.cdc.gov/healthyweight/assessing/bmi/adult_bmi/english_bmi_calculator/bmi_calculator.html
- Prioritize coding BMI diagnosis code on the claim.
  - You may view the appropriate codes under the Adult BMI Assessment measure in our HEDIS Coding Booklet.
  - BMI codes for anyone 20 years of age and older:

Code	Code System	Description
Z68.1	ICD10CM	BMI 19.9 or less, adult
Z68.20	ICD10CM	BMI 20.0-20.9, adult
Z68.21	ICD10CM	BMI 21.0-21.9, adult
Z68.22	ICD10CM	BMI 22.0-22.9, adult
Z68.23	ICD10CM	BMI 23.0-23.9, adult
Z68.24	ICD10CM	BMI 24.0-24.9, adult
Z68.25	ICD10CM	BMI 25.0-25.9, adult
Z68.26	ICD10CM	BMI 26.0-26.9, adult
Z68.27	ICD10CM	BMI 27.0-27.9, adult
Z68.28	ICD10CM	BMI 28.0-28.9, adult
Z68.29	ICD10CM	BMI 29.0-29.9, adult
Z68.30	ICD10CM	BMI 30.0-30.9, adult
Z68.31	ICD10CM	BMI 31.0-31.9, adult
Z68.32	ICD10CM	BMI 32.0-32.9, adult
Z68.33	ICD10CM	BMI 33.0-33.9, adult
Z68.34	ICD10CM	BMI 34.0-34.9, adult
Z68.35	ICD10CM	BMI 35.0-35.9, adult
Z68.36	ICD10CM	BMI 36.0-36.9, adult
Z68.37	ICD10CM	BMI 37.0-37.9, adult
Z68.38	ICD10CM	BMI 38.0-38.9, adult
Z68.39	ICD10CM	BMI 39.0-39.9, adult
Z68.41	ICD10CM	BMI 40.0-44.9, adult
Z68.42	ICD10CM	BMI 45.0-49.9, adult
Z68.43	ICD10CM	BMI 50.0-59.9, adult
Z68.44	ICD10CM	BMI 60.0-69.9, adult
Z68.45	ICD10CM	BMI 70 or greater, adult
39156-5	LOINC	BMI [Ratio]
89270-3	LOINC	BMI [Ratio] Estimated

Questions
If you have any questions regarding BMI, email us at Quality-HealthCampaigns@MolinaHealthcare.com.