



# Health Education Referral Form

Your Extended Family.

Complete all requested information (please print clearly).

Today's Date: \_\_\_\_\_

## Member Information

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Member ID/ CIN #: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Current Phone #: \_\_\_\_\_ Preferred Language: \_\_\_\_\_ DOB: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Full Name of Guardian (if member is under 18 years of age): \_\_\_\_\_

Best Time to Call Member: \_\_\_\_\_ OK to leave messages at home: YES \_\_\_\_\_ NO \_\_\_\_\_

## PCP Information

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Ext: \_\_\_\_\_ Fax Number: \_\_\_\_\_

## Referral for Educational Services

To refer a Molina member for the following health education services:

1. Fax or E-mail the completed referral form to Molina at (800) 642-3691 or [MHIHealthEducationMailbox@MolinaHealthCare.Com](mailto:MHIHealthEducationMailbox@MolinaHealthCare.Com).
2. Include required documentation with all referrals.

- Asthma (2+ years old)                       General Nutrition (not to be checked for weight management)
- Pregnancy (EDC):                               Depression (18+ years old)
- Adult Weight Management (18+ years old): Telephonic weight management consultation with a Health Educator

### Medical Nutrition Therapy (Consultation with Registered Dietitian)

For all MNT referrals, please attach most recent progress notes and labs

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Failure to Thrive       | <input type="checkbox"/> HIV/AIDS      | <input type="checkbox"/> Nutrition Assessment (specify need): |
| <input type="checkbox"/> Liver Failure           | <input type="checkbox"/> Oncology      | <input type="checkbox"/> Other:                               |
| <input type="checkbox"/> Multiple Food Allergies | <input type="checkbox"/> Renal Failure |   |

## Resources for Providers

Educational materials are available in the listed topic areas below. Please visit the following links to download and/or print on demand: [Health Education Materials](#) and [Clear and Easy Booklets](#).

**Appropriate Use of Healthcare Services** (i.e.: Make the most of your healthcare visit, how to take care of your sick family)

**Risk Reduction and Healthy Lifestyles** (i.e.: Exercise, Stop Smoking, Kids and Healthy Weight, etc.)

**Self-Care and Management of Health Conditions** (i.e.: Hypertension, Diabetes, Asthma, etc.)

**Pregnancy and Postpartum** (i.e.: Signs and Stages of Labor, Prenatal Care, Anemia, etc.)

**Behavioral Health Management** (i.e.: Depression, Eating Disorders, Substance Abuse, etc.)