

## Health Management Program

### Identification and Stratification

Multiple sources are used to identify and stratify program eligible members. These include pharmacy claims, encounter data or paid claims with specific CPT or ICD9 codes. Members may also be self-referred or referred directly from practitioners, Member Services, Case Management, Utilization Management, or the Nurse Advice Line.

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#### *Asthma: breathe with ease<sup>SM</sup>*

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Low Risk	Medium Risk	High Risk
<ul style="list-style-type: none"> <li>2 claims with asthma Dx in last 12 months</li> <li>1 IP admission with asthma Dx in last 12 months</li> <li>2 Rx events for asthma maintenance/controller 30 day supply in last 12 months</li> <li>2 Rx events for short acting beta agonist (SABA) in last 6 months</li> <li>All other members not identified in medium or high specifications</li> </ul>	<ul style="list-style-type: none"> <li>3 Rx events for SABA and no Rx asthma maintenance/controller in last 6 months</li> <li>2 ED visits with asthma Dx in last 6 months</li> <li>1 IP admission with asthma Dx in last 6 months</li> <li>Prospective risk score category <math>\geq 4</math> &amp; low stratification</li> </ul>	<ul style="list-style-type: none"> <li>3 IP admissions with asthma Dx in last 6 months</li> <li>Prospective risk score category <math>\geq 3</math> &amp; medium stratification</li> </ul>

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#### *Diabetes: Healthy Living with Diabetes<sup>SM</sup>*

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Low Risk	Medium Risk	High Risk
<ul style="list-style-type: none"> <li>2 OP/OV claims with diabetes Dx in last 12 months</li> <li>IP admission with diabetes Dx in last 12 months</li> <li>3 Rx events for diabetes medications in last 12 months</li> <li>All other members not identified in medium or high specifications</li> </ul>	<ul style="list-style-type: none"> <li>1 claim for co-morbid Dx in last 12 months</li> <li>1 IP admission with diabetes Dx in last 6 months</li> <li>2 ED visits with diabetes Dx in last 6 months</li> <li>A1c &gt;8 in last 12 months</li> <li>Microalbumin &lt;3.2 or &gt;5.0 in last 12 months</li> <li>Creatinine &lt;0.6 or &gt;1.2</li> <li>Prospective risk score category <math>\geq 4</math> &amp; low stratification</li> </ul>	<ul style="list-style-type: none"> <li>3 IP admissions with diabetes Dx in last 6 months</li> <li>Prospective risk score category <math>\geq 3</math> &amp; medium stratification</li> </ul>

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#### *COPD: Healthy Living with COPD*

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Low Risk	Medium Risk	High Risk
<ul style="list-style-type: none"> <li>1 IP admission with COPD Dx in last 12 months</li> <li>2 ED visits with COPD Dx in last 12 months</li> <li>2 OV claims with COPD Dx in last 12 months</li> <li>1 claim for O<sub>2</sub> therapy in last 3 months and 1 claim with COPD Dx in last 12 months</li> <li>1 claim pulmonary rehab and 1 claim with COPD Dx in last 12 months</li> <li>All other members not identified in medium or high specifications</li> </ul>	<ul style="list-style-type: none"> <li>2 ED visits with COPD Dx in last 6 months</li> <li>1 IP admission with COPD Dx in last 6 months</li> <li>1 claim with pneumonia Dx in last 6 months</li> <li>Prospective risk score category <math>\geq 4</math> &amp; low stratification</li> </ul>	<ul style="list-style-type: none"> <li>3 IP claims with COPD Dx in last 6 months</li> <li>Prospective risk score category <math>\geq 3</math> &amp; medium stratification</li> </ul>

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**CVD: Heart Healthy Living**

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**Hypertension (HTN)****Low Risk**

- 3 IP admissions with HTN Dx in last 12 months
- 3 OP/OV claim with HTN Dx in last 12 months
- 2 Rx events for antihypertensive medications and 1 claim with HTN Dx in the last 12 months

**Medium Risk**

- 2 ED visits with HTN Dx in the last 6 months
- 1 IP admission with HTN Dx in the last 6 months
- Prospective risk score category  $\geq 4$  & low stratification

**High Risk**

- 3 IP admissions with HTN Dx in last 6 months
- Prospective risk score category  $\geq 3$  & medium stratification

**Coronary Artery Disease (CAD)****Low Risk**

- 1 IP admission with AMI, CVA or CAD Dx in last 12 months
- 1 Rx event for ACE inhibitor and 1 claim with CAD Dx in last 12 months
- 1 OP/OV claim for cardiac procedure and 1 claim with CAD Dx in last 12 months
- All other members not identified in medium or high specifications

**Medium Risk**

- 1 IP admission with AMI CVA interventional procedure Dx in last 6 months
- 2 ED visits with CAD Dx in last 6 months
- No Rx event for beta blocker and 1 claim with AMI Dx in last 12 months
- Prospective risk score category  $\geq 4$  & low stratification

**High Risk**

- 3 IP admission with AMI CVA interventional procedure Dx in last 6 months
- Prospective risk score category  $\geq 3$  & medium stratification

**Congestive Heart Failure****Low Risk**

- 1 claim with CHF Dx in last 12 months
- 1 claim of O<sub>2</sub> therapy with CHF Dx in last 3 months
- 1 claim with pulmonary edema Dx in last 12 months
- All other members not identified in medium or high specifications

**Medium Risk**

- 2 ED visits with CHF Dx in last 6 months
- 1 IP admission with CHF Dx in last 6 months
- Prospective risk score category  $\geq 4$  & low stratification

**High Risk**

- 3 IP admissions with CHF Dx in last 6 months
- Prospective risk score category  $\geq 3$  & medium stratification

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**Pregnancy: motherhood matters<sup>SM</sup>**

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**Social Worker**

- Social concerns
- Domestic violence
- Mental health issues

**Disease Management**

- Asthma
- Cigarette smoking

**Case Management**

- Maternal age  $\leq 16$
  - Previous pre-term birth
  - History of stillborn birth,  $\geq 3$  missed abortions, premature labor, hypertension and/or depression
  - Current pregnancy premature labor, diabetes, hypertension, hyperemesis gravidarum and/or depression
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**Program Summary**

The focus of each program is to teach members and their families self-management skills. Members identified remain in the program unless a request is made by the practitioner or the member to “opt out” of the program. All enrolled members are stratified by level of risk based upon information available such as prescriptions filled, emergency department visits, inpatient admissions, and out-patient services. This program summary is an outline of the types of interventions your members receive based on their level of risk.

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**Interventions:**

Providers are notified about member enrollment and member's risk level. Members receive intervention based on risk level.

<b>Low Risk</b>	<b>Medium Risk</b>	<b>High Risk</b>
<ul style="list-style-type: none"><li>• Member educational materials</li><li>• Newsletters</li><li>• Telephonic counseling based on member's need</li></ul>	<ul style="list-style-type: none"><li>• Member educational materials</li><li>• Newsletters</li><li>• Telephonic initial assessment and counseling</li><li>• Individualized care plans</li></ul>	<ul style="list-style-type: none"><li>• Member educational materials</li><li>• Newsletters</li><li>• Screened by clinical staff or medical case management for case acceptance</li><li>• Telephonic initial assessment and counseling</li><li>• Individualized care plans</li></ul>

Molina Healthcare's Health Management Programs are based upon evidence-based clinical practice guidelines. For a copy of these guidelines, please visit [www.MolinaHealthcare.com](http://www.MolinaHealthcare.com). Paper copies of the clinical practice guidelines are available upon request. In addition, your members have access to Molina Healthcare's 24-hour Nurse Advice Line at 1-888-275-8750 (English) and 1-866-648-3537 (Spanish) for assistance with clinical questions about their condition.

## Health Management Member Profile Report Criteria

**Avoidable ER Codes** (Source: DHCS California Department of Health Care Services ICD9 ER Collaborative)

Avoidable ICD – 9 Diagnosis Codes	ICD-9 Code No-Decimal	ICD-9 Code Decimal
Dermatophytosis of Body	1105	110.5
Candidiasis Of mouth	1120	112.0
Candidiasis	112	112
Candidal Vulvovaginitis	1121	112.1
Candidias Urogenital NEC	1122	112.2
Cutaneous Candidiasis	1123	112.3
Candidiasis - Other specified sites	1128	112.8
Candidal Otitis External	11282	112.82
Candidal Esophagitis	11284	112.84
Candidal Enteritis	11285	112.85
Candidiasis Site NEC	11289	112.89
Candidiasis Site NOS	1129	112.9
Acariasis	133	133
Scabies	1330	133.0
Acariasis NEC	1338	133.8
Acariasis NOS	1339	133.9
Disorders of Conjunctiva	372	372
Acute Conjunctivitis	3720	372.0
Acute Conjunctivitis unspecified	37200	372.00
Serous Conjunctivitis	37201	372.01
Ac Follic Conjunctivitis	37202	372.02
Pseudomemb Conjunctivitis	37204	372.04
Ac Atopic Conjunctivitis	37205	372.05
Chronic conjunctivitis, unspecified	37210	372.10
Chronic Conjunctivitis	3721	372.1
Simpl Chr Conjunctivitis	37211	372.11
Chr Follic Conjunctivitis	37212	372.12
Vernal Conjunctivitis	37213	372.13
Chr Allrg Conjunctivis NEC	37214	372.14
Parasitic Conjunctivitis	37215	372.15
Blepharoconjunctivitis	3722	372.2
Blepharoconjunctivitis, unspecified	37220	372.20
Angular Blepharoconjunct	37221	372.21
Contact Blepharoconjunct	37222	372.22
Other and unspecified conjunctivitis	3723	372.3
Conjunctivitis, unspecified	37230	372.30
Rosacea Conjunctivitis	37231	372.31
Conjunctivitis NEC	37239	372.39
Other mucopurulent conjunctivitis	37203	372.03
Xeroderma of Eyelid	37333	373.33
Suppurative and unspecified otitis media	382	382
Acute suppurative otitis media without spontaneous rupture of ear drum	38200	382.00
Acute suppurative otitis media	3820	382.0
Ac Supp Om w Drum Rupt	38201	382.01

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Avoidable ICD – 9 Diagnosis Codes	ICD-9 Code No-Decimal	ICD-9 Code Decimal
Chr Tubotympan Suppur Om	3821	382.1
Chr Atticoantral Sup Om	3822	382.2
Chr Sup Otitis Media NOS	3823	382.3
Suppur Otitis Media NOS	3824	382.4
Otitis Media NOS	3829	382.9
Ac Mastoiditis-compl NEC	38302	383.02
Acute nasopharyngitis	460	460
Acute pharyngitis	462	462
Acute laryngopharyngitis	4650	465.0
Acute upper respiratory infections of multiple or unspecified sites	465	465
Acute Uri Mult Sites NEC	4658	465.8
Acute Uri NOS	4659	465.9
Acute Bronchitis	4660	466.0
Acute bronchitis and bronchiolitis	466	466
Chronic rhinitis	4720	472.0
Chronic pharyngitis and nasopharyngitis	472	472
Chronic Pharyngitis	4721	472.1
Chronic Nasopharyngitis	4722	472.2
Chronic Maxillary sinusitis	4730	473.0
Chronic sinusitis	473	473
Chr Frontal Sinusitis	4731	473.1
Chr Ethmoidal Sinusitis	4732	473.2
Chr Sphenoidal Sinusitis	4733	473.3
Chronic Sinusitis NEC	4738	473.8
Chronic Sinusitis NOS	4739	473.9
Chronic tonsillitis and adenoiditis	4740	474.0
Chronic tonsillitis	47400	474.00
Chronic disease of tonsils and adenoids	474	474
Chronic Adenoiditis	47401	474.01
Chronic Tonsils&adenoids	47402	474.02
Hypertrophy of tonsils and adenoids	4741	474.1
Tonsils with adenoids	47410	474.10
Hypertrophy Tonsils	47411	474.11
Hypertrophy Adenoids	47412	474.12
Adenoid Vegetations	4742	474.2
Chr T & A Dis NEC	4748	474.8
Chr T & A Dis NOS	4749	474.9
Cystitis	595	595
Acute cystitis	5950	595.0
Chr Interstit Cystitis	5951	595.1
Chronic Cystitis NEC	5952	595.2
Trigonitis	5953	595.3
Cystitis in Oth Dis	5954	595.4
Other specified types of cystitis	5958	595.8
Cystitis Cystica	59581	595.81
Irradiation Cystitis	59582	595.82
Cystitis NEC	59589	595.89

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Avoidable ICD – 9 Diagnosis Codes	ICD-9 Code No-Decimal	ICD-9 Code Decimal
Cystitis NOS	5959	595.9
Urinary tract infection, site not specified	5990	599.0
Inflammatory disease of cervix, vagina, vulva	616	616
Cervicitis and endocervicitis	6160	616.0
Vaginitis and vulvovaginitis	6161	616.1
Female Infertility NEC	6288	628.8
Pruritic Conditions NEC	6988	698.8
Pruritic Disorder NOS	6989	698.9
Prickly Heat	7051	705.1
Lumbago	7242	724.2
Backache NOS	7245	724.5
Disorders of coccyx	7247	724.7
Other Back Symptoms	7248	724.8
Headache	7840	784.0
Follow up examination	V67	V67
Surgery Follow-up	V670	V67.0
Following surgery, unspecified	V6700	V67.00
Follow up vaginal pap smear	V6701	V67.01
Following other surgery	V6709	V67.09
Radiotherapy Follow-up	V671	V67.1
Chemotherapy Follow-up	V672	V67.2
Psychiatric Follow-up	V673	V67.3
Fu Exam Treatd Healed Fx	V674	V67.4
Following other treatment	V675	V67.5
High-risk Rx NEC Exam	V6751	V67.51
Follow-up Exam NEC	V6759	V67.59
Comb Treatment Follow-up	V676	V67.6
Follow-up Exam NOS	V679	V67.9
Encounters for administrative purposes	V68	V68
Issue Medical Certificat	V680	V68.0
Disability examination	V6801	V68.01
Other issue of medical certificates	V6809	V68.09
Issue Repeat Prescript	V681	V68.1
Request Expert Evidence	V682	V68.2
Other specified administrative purposes	V688	V68.8
Referral-no Exam/treat	V6881	V68.81
Other specified administrative purposes	V6889	V68.89
Administrtrve Encount NOS	V689	V68.9
General medical examination	V70	V70
Routine Medical Exam At Health facility	V700	V70.0
Psych Exam-authority Req	V701	V70.1
Gen Psychiatric Exam NEC	V702	V70.2
Med Exam NEC-admin Purpose	V703	V70.3
Exam-medicolegal Reasons	V704	V70.4
Health Exam-group Survey	V705	V70.5
Health Exam-pop Survey (population)	V706	V70.6

Avoidable ICD – 9 Diagnosis Codes	ICD-9 Code No-Decimal	ICD-9 Code Decimal
Exam-clinical Research	V707	V70.7
General Medical Exam NEC	V708	V70.8
General Medical Exam NOS	V709	V70.9
Special investigations and examinations	V72	V72
Eye & Vision Examination	V720	V72.0
Ear & Hearing Exam	V721	V72.1
Encounter for hearing examination following failed hearing screening	V7211	V72.11
Encounter for hearing conservation and treatment	V7212	V72.12
Other examinations of ears and hearing	V7219	V72.19
Dental Examination	V722	V72.2
Gynecologic Examination	V723	V72.3
Routine gynecological examination	V7231	V72.31
Encounter for papanicolaou cervical smear to confirm findings of recent normal pap smear following initial abnormal pap smear	V7232	V72.32
Preg Exam-preg Unconfirm	V724	V72.4
Pregnancy examination or test, pregnancy unconfirmed	V7240	V72.40
Pregnancy examination or test, negative result	V7241	V72.41
Pregnancy examination or test, positive result	V7242	V72.42
Radiological Exam NEC	V725	V72.5
Laboratory Examination	V726	V72.6
Skin/sensitization Tests	V727	V72.7
Examination NEC	V728	V72.8
Preop Cardiovsclr Exam	V7281	V72.81
Preop Respiratory Exam	V7282	V72.82
Oth Spcf Preop Exam	V7283	V72.83
Preop Exam Unspcf	V7284	V72.84
Oth Specified Exam	V7285	V72.85
Encounter blood typing	V7286	V72.86
Examination NOS	V729	V72.9