

# HEDIS® Tips:

## Controlling High Blood Pressure (CBP)

### MEASURE DESCRIPTION

The percentage of patients 18 to 85 years of age who had a diagnosis of hypertension (HTN) and whose blood pressure (BP) was adequately controlled (<140/90 mm Hg) during the measurement year.

The last BP reading during the measurement year on or after the second diagnosis of hypertension counts for the measure compliance.

### CODES INCLUDED IN THE CURRENT HEDIS MEASURE

#### Codes to Identify Hypertension

Description	ICD-10 Code
Hypertension	I10

#### Codes to Identify Blood Pressure Readings

Description	CPT® II Code
Systolic greater than/equal to 140	3077F
Systolic less than 140	3074F, 3075F
Diastolic greater than/equal to 90	3080F
Diastolic 80-89	3079F
Diastolic less than 80	3078F

#### Codes to Identify Remote Blood Pressure Monitoring

Description	Codes
Remote Blood Pressure Monitoring	CPT®: 93784, 93788, 93790, 99091, 99453, 99454, 99457

#### Codes to Identify Telephone and Telehealth Appointments

Description	Codes
Telephone Visits	CPT®: 98966, 98967, 98968, 99441, 99442, 99443
Telehealth Modifier	95, GT <b>WITH</b> POS: 02

### HOW TO IMPROVE HEDIS SCORES

- ☐ Calibrate the sphygmomanometer annually.
- ☐ Upgrade to an automated blood pressure machine.
- ☐ Select appropriately sized BP cuff.
- ☐ Retake the BP if it is high at the office visit (140/90 mm Hg or greater) (HEDIS® allows us to use the lowest systolic and lowest diastolic readings in the same day) and oftentimes the second reading is lower.
- ☐ Do not round BP values up. If using an automated machine, record exact values.
- ☐ Schedule telehealth and/or telehealth appointments to diagnose patients with hypertension and to acquire controlled blood pressure readings. Note: Only one of the two follow-up appointments are permitted to be telephone or telehealth appointment.
- ☐ Review hypertensive medication history and patient compliance, and consider modifying treatment plans for uncontrolled blood pressure, as needed. Have the patient return in 3 months.
- ☐ Start two BP drugs at first visit if initial reading is very high and is unlikely to respond to a single drug and lifestyle modification.
- ☐ Contact Molina Healthcare to address medication issues.

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