

HEDIS® Tips:

Adult BMI Assessment (ABA)

MEASURE DESCRIPTION

Adults 18–74 years of age who had an outpatient visit and whose body mass index (BMI) or BMI percentile (for patients younger than 20 years) was documented during the measurement year or the year prior to the measurement year.

For patients 20 years of age or older on the date of service, documentation in the medical record must indicate the weight and BMI value, dated during the measurement year or year prior to the measurement year.

For patients younger than 20 years on the date of service, documentation in the medical record must indicate the height, weight and BMI percentile, dated during the measurement year or year prior to the measurement year. The following meets criteria for BMI percentile:

- BMI percentile documented as a value (e.g., 85th percentile)
- BMI percentile plotted on an age-growth chart

USING CORRECT BILLING CODES

Codes to Identify BMI

Description	ICD-10 Code
BMI 19.9 or less, adult	Z68.1
BMI between 20-24.9, adult	Z68.20- Z68.24
BMI between 25-29.9, adult	Z68.25- Z68.29
BMI between 30-39.9, adult	Z68.30- Z68.39
BMI 40 and over, adult	Z68.41- Z68.45
BMI, pediatric, <5th percentile for age	Z68.51
BMI, pediatric, 5th percentile to <85th percentile for age	Z68.52
BMI, pediatric, 85th percentile to <95th percentile for age	Z68.53
BMI, pediatric, ≥ 95th percentile for age	Z68.54

HOW TO IMPROVE HEDIS SCORES

- ☐ Make BMI assessment part of the vital sign assessment at each visit.
- ☐ Use correct billing codes to report BMI (Z68.1-Z68.54). Accurate billing and coding will decrease need for additional records requests.
- ☐ Ensure proper documentation for BMI in the medical record with all components (i.e., date, weight, height, and BMI value). Provider signature must be on the same page.
- ☐ Update the EMR templates to automatically calculate a BMI if on an EMR.
- ☐ Calculate the BMI here if not on an EMR: <http://www.cdc.gov/healthyweight/assessing/bmi/>