

Metabolic Monitoring for Children and Adolescents on Antipsychotics

MEASURE DESCRIPTION

The percentage of children and adolescents 1 to 17 years of age who had at least two antipsychotic prescriptions of the same or different medications, on different dates of service during the measurement year, and had metabolic testing (one diabetes screening test and one cholesterol screening test).

USE CORRECT BILLING CODES

Codes to Identify Diabetes Screening

Complete at least ONE	Description	Codes
	Codes to Identify Glucose Tests	CPT: 80047, 80048, 80050, 80053, 80069, 82947, 82950, 82951
	Codes to Identify HbA1c Tests	CPT: 83036, 83037 CPT II: 3044F (if HbA1c<7%), 3045F (if HbA1c 7%-9%), 3046F (if HbA1c>9%)

Codes to Identify Cholesterol Screening

--AND--	Description	Codes
	Codes to Identify LDL-C Tests	CPT: 80061, 83700, 83701, 83704, 83721 CPT II: 3048F (if less than 100 mg/dL), 3049F (if 100-129 mg/dL), 3050F (if greater than or equal to 103 mg/dL)
	Codes to Identify Cholesterol Tests (other than LDL)	CPT: 82465, 83718, 84478

ANTIPSYCHOTIC MEDICATIONS

Description	Generic Name	Brand Name
First Generation Antipsychotic Medications	Chlorpromazine HCL, Fluphenazine HCL, Fluphenazine decanoate, Haloperidol, Haloperidol decanoate, Haloperidol lactate, Loxapine HCL, Loxapine succinate, Molindone HCL, Perphenazine, Prochlorperazine, Pimozide, Thioridazine HCL, Thiothixene, Trifluoperazine HCL	Thorazine HCL, Prolixin HCL, Prolixin decanoate, Haldol, Haldol intramuscular, Haldol intravenous, Loxitane HCL, Loxitane succinate, Moban HCL, Trilaphon, Orap, Mellaril HCL, Navane, Stelazine HCL
Second Generation Antipsychotic Medications	Aripiprazole, Asenapine, Brexpiprazole, Cariprazine, Clozapine, Iloperidone, Lurasidone, Olanzapine, Olanzapine pamoate, Paliperidone, Paliperidone palmitate, Quetiapine fumarate, Risperidone, Risperidone microspheres, Ziprasidone HCL, Ziprasidone mesylate	Abilify, Saphris, Rexulti, Vraylar, Clozaril, Fanapt, Latuda, Zyprexa, Zyprexa Relprevv, Invega, Invega Sustenna, Seroquel, Risperdal, Risperdal Consta, Geodon, Geodon for injection
Combinations	Olanzapine-fluoxetine HCL, Perphenazine-amitriptyline HCL	Symbyax; Etrafon, Triavil

HOW TO IMPROVE HEDIS® SCORES

- ☐ Monitor glucose and cholesterol levels, for children and adolescents on antipsychotic medications as metabolic monitoring is recommended by The American Academy of Child and Adolescent Psychiatry.
- ☐ Monitor children on antipsychotic medications to help to avoid metabolic health complications such as weight gain and diabetes.
- ☐ Inform parents/guardians of metabolic problems in childhood and adolescence are associated with poor cardiometabolic outcomes in adulthood.
- ☐ Inform parents/guardians of the long-term consequences of pediatric obesity and other metabolic disturbances include higher risk of heart disease in adulthood.
- ☐ Establish a baseline and continuously monitor metabolic indices to ensure appropriate management of side-effects of antipsychotic medication therapy.