

HEDIS® Tips:

Asthma Medication Ratio (AMR)

MEASURE DESCRIPTION

The percentage of patients 5–64 years of age who were identified as having persistent asthma and had a ratio of controller medications to total asthma medications of 0.50 or greater during the measurement year. Patients are in the measure if they met at least one of the following during both the measurement year and the year prior.

- At least one ED visit with asthma as the principal diagnosis.
- At least one acute inpatient discharge/encounter, with a principal diagnosis of asthma without telehealth.
- At least one acute inpatient discharge/encounter, with a principal diagnosis of asthma.
- At least 4 outpatient visits, observation visits, telephone visits, or online assessments on different dates of service, with any diagnosis of asthma **and** at least 2 asthma medication dispensing events for any controller medication or reliever medication.
 - Only 3 of the 4 visits maybe be a telehealth visit, a telephone visit or an online assessment.
- At least 4 asthma medication dispensing events for any controller or reliever medication.

CODES INCLUDED IN THE CURRENT HEDIS MEASURE

Codes to Identify Asthma

Description	ICD-10 Codes
Mild Intermittent Asthma	J45.20, J45.21, J45.22
Mild Persistent Asthma	J45.30, J45.31, J45.32
Moderate Persistent Asthma	J45.40, J45.41, J45.42
Severe Persistent Asthma	J45.50, J45.51, J45.52
Other and Unspecified Asthma	J45.901, J45.902, J45.909, J45.990, J45.991, J45.998

Asthma Medications

Description	Asthma Controller Medications - Prescriptions
Antiasthmatic combinations	Dyphylline-guaifenesin, Guaifenesin-theophylline
Antibody inhibitor	Omalizumab
Inhaled steroid combinations	Budesonide-formoterol, Fluticasone-salmeterol, Fluticasone-vilanterol, Formoterol-mometasone
Inhaled corticosteroids	Beclomethasone, Budesonide, Ciclesonide, Flunisolide, Fluticasone, Mometasone
Leukotriene modifiers	Montelukast, Zafirlukast, Zileuton
Methylxanthines	Theophylline
Anti-interleukin-5	Benralizumab, Mepolizumab, Reslizumab
Description	Asthma Reliever Medications - Prescriptions
Short-acting, inhaled beta-2 agonists	Albuterol, Levalbuterol

*Please refer to the Molina Healthcare Drug Formulary at www.molinahealthcare.com for asthma controller medications that may require prior authorization or step therapy.

Codes to Identify Telephone and Telehealth Appointments

Description	Codes
Telephone Visits	ICD-10 Codes CPT®: 98966, 98967, 98968, 99441, 99442, 99443
Telehealth Modifier	95, GT WITH POS: 02

HOW TO IMPROVE HEDIS SCORES

- ❑ Educate patients on use of asthma medications.
- ❑ Prescribe a long-term controller medication and provide reminders to your patients to fill controller medications.
- ❑ Use the needed services list and contact patients who have not filled a controller medication.
- ❑ Inform patients mail-order delivery is available to them.
- ❑ Remember only 3 of the 4 visits maybe a telehealth visit, a telephone visit or an online assessment.
- ❑ Refer patients for Health Management interventions and coaching by contacting Health Care Services at Molina Healthcare.
- ❑ Schedule telephone and/or telehealth appointments to diagnose patients with asthma and prescribe a controller or reliever medication. Only three of the four outpatient visits may be a telehealth visit, a telephone visit or an online assessment.

The information presented herein is for informational and illustrative purposes only. It is not intended, nor is it to be used, to define a standard of care or otherwise substitute for informed medical evaluation, diagnosis and treatment which can be performed by a qualified medical professional.

Molina Healthcare Inc. does not warrant or represent that the information contained herein is accurate or free from defects.

All summaries of the measures contained herein are reproduced with permission from HEDIS Volume 2: Technical Specifications for Health Plans by the National Committee for Quality Assurance (NCQA). HEDIS® is a registered trademark of the National Committee for Quality Assurance (NCQA).

Updated 06/15/2020