

HEDIS® Tips:

Controlling High Blood Pressure (CBP)

MEASURE DESCRIPTION

The percentage of patients 18 to 85 years of age who had a diagnosis of hypertension (HTN) and whose blood pressure (BP) was adequately controlled (<140/90 mm Hg) during the measurement year.

The last BP reading during the measurement year on or after the second diagnosis of hypertension counts for the measure compliance.

CODES INCLUDED IN THE CURRENT HEDIS MEASURE

Codes to Identify Hypertension

Description	ICD-10 Code
Hypertension	I10

Codes to Identify Blood Pressure Readings

Description	CPT® II Code
Systolic greater than/equal to 140	3077F
Systolic less than 140	3074F, 3075F
Diastolic greater than/equal to 90	3080F
Diastolic 80-89	3079F
Diastolic less than 80	3078F

Codes to Identify Remote Blood Pressure Monitoring

Description	Codes
Remote Blood Pressure Monitoring	CPT®: 93784, 93788, 93790, 99091, 99453, 99454, 99457

Codes to Identify Telephone and Telehealth Appointments

Description	Codes
Telephone Visits	CPT®: 98966, 98967, 98968, 99441, 99442, 99443
Telehealth Modifier	95, GT WITH POS: 02

HOW TO IMPROVE HEDIS SCORES

- ☐ Calibrate the sphygmomanometer annually.
- ☐ Upgrade to an automated blood pressure machine.
- ☐ Select appropriately sized BP cuff.
- ☐ Retake the BP if it is high at the office visit (140/90 mm Hg or greater) (HEDIS® allows us to use the lowest systolic and lowest diastolic readings in the same day) and oftentimes the second reading is lower.
- ☐ Do not round BP values up. If using an automated machine, record exact values.
- ☐ Schedule telehealth and/or telehealth appointments to diagnose patients with hypertension and to acquire controlled blood pressure readings. Note: Only one of the two follow-up appointments are permitted to be telephone or telehealth appointment.
- ☐ Review hypertensive medication history and patient compliance, and consider modifying treatment plans for uncontrolled blood pressure, as needed. Have the patient return in 3 months.
- ☐ Start two BP drugs at first visit if initial reading is very high and is unlikely to respond to a single drug and lifestyle modification.
- ☐ Contact Molina Healthcare to address medication issues.

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