

HEDIS® Tips:

Utilization of the PHQ-9 to Monitor Depression Symptoms for Adolescents and Adults (DMS)

MEASURE DESCRIPTION

The percentage of patients 12 years of age and older with a diagnosis of major depression or dysthymia, who had an outpatient encounter with a PHQ-9 score present in their record in the same assessment period as the encounter.

The measure allows the use of two PHQ-9 assessments. Selection of the appropriate assessment should be based on the member's age.

- *PHQ-9*: 12 years of age and older.
- *PHQ-9 Modified for Teens*: 12-17 years of age.

CODES INCLUDED IN THE CURRENT HEDIS MEASURE

Codes to Identify Major Depression/Dysthymia and Interactive Outpatient Encounter

Description	Codes		
Major Depression or Dysthymia	ICD-10: F32.0 - F32.5, F32.9, F33.0- F33.3, F33.40- F33.42, F33.9, F34.1		
Interactive Outpatient Encounter	CPT®: 90791, 90792, 90832, 90834, 90837, 98960- 98962, 99078, 99201-99205, 99211-99215, 99217-99220, 99241-99245, 99341-99345, 99347-99350, 99381-99387, 99391-99397, 99401-99404, 99411, 99412, 99483, 99510 HCPCS: G0155, G0176, G0177, G0409, G0410, G0411, G0463, G0502, G0503, G0507, H0002, H0004, H0031, H0034- H0037, H0039, H0040, H2000, H2001, H2010-H2020, M0064, S0201, S9480, S9484, S9485, T1015 UB REV: 0510, 0513, 0516, 0517, 0519, 0520-0523, 0526-0529, 0900-0905, 0907, 0911-0917, 0919, 0982, 0983		
Telehealth Modifier	95, GT	WITH	POS: 02

HOW TO IMPROVE HEDIS SCORES

- ☐ Administer the PHQ-9 at EVERY patient visit, including telehealth appointments. Monitor for any increases in scores in addition to the presence of clinical symptoms.
- ☐ Rule-out medical conditions (included substance use or medication overuse) that may be mimic, mask, or affecting patient's mood.
- ☐ Educate patients on the following:
 - Provide reassurance that depression is common and can be treated.
 - Identification of and recognition of triggers
 - Review with patient's self-identified healthy coping management techniques
 - What to do if the patient's mood worsens, have a crisis, or has thoughts of self-harm.
- ☐ Ensure necessary releases are in place to include Parents/Caregivers and enable key providers (Psychiatrists, Therapist/Counselor, etc.) to collaborate on overall patient care and patient's ability to improve/maintain physical and emotional health.
- ☐ Connect with local crisis services immediately for an evaluation, if a patient is experiencing current suicidal ideations.
- ☐ Ensure your patient (and patient's family) has an understanding of the local community support resources and what to do in an event of a crisis.
- ☐ Refer patient/family/caregiver for Care Coordination/Case Management by contacting Molina Healthcare for additional support.

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