

HEDIS® Tips:

Persistence of Beta-Blocker Treatment after a Heart Attack (PBH)

MEASURE DESCRIPTION

The percentage of patients 18 years and older during the measurement year who were hospitalized and discharged with a diagnosis of Acute Myocardial Infarction (AMI) and received persistent beta-blocker treatment for six months after discharge. Persistence of treatment for this measure is defined as at least 75% of the days supply filled.

Exclusions: Intolerance or allergy to beta-blocker therapy. Patients with advanced illness and frailty. Patients' ages 66 and older enrolled in an I-SNP or living long-term in institutional settings.

CODES INCLUDED IN THE CURRENT HEDIS MEASURE

Codes to Identify AMI

Description	ICD-10 Code
Acute myocardial infarction (AMI)	I21.01, I21.02, I21.09, I21.11, I21.19, I21.21, I21.29, I21.3, I21.4

Beta-Blocker Medications

Description	Prescription		
Noncardioselective beta-blockers	Carvedilol	Propranolol	Timolol
	Labetalol	Pindolol	Sotalol
	Nadolol		
Cardioselective beta-blockers	Acebutolol	Betaxolol	Metoprolol
	Atenolol	Bisoprolol	Nebivolol
Antihypertensive combinations	Atenolol-chlorthalidone		Hydrochlorothiazide-metoprolol
	Bendroflumethiazide-nadolol		Hydrochlorothiazide-propranolol
	Bisoprolol-hydrochlorothiazide		

HOW TO IMPROVE HEDIS SCORES

- ☐ Continue to stress the value of prescribed medications for managing heart disease.
- ☐ Utilize flow sheets to promote better adherence to guidelines when it comes to beta-blocker assessment and treatment after a heart attack at each visit.
- ☐ Provide smoking cessation and other interventions to eliminate or control risk factors.

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