

HEDIS® Tips:

Statin Therapy for Patients with Diabetes (SPD)

MEASURE DESCRIPTION

The percentage of patients 40 – 75 years of age during the measurement year with diabetes who do not have clinical atherosclerotic cardiovascular disease (ASCVD) who met the following criteria. Two rates are reported:

1. **Received Statin Therapy.** Patients who were dispensed at least one statin medication of any intensity during the measurement year.
2. **Statin Adherence 80%.** Patients who remained on a statin medication of any intensity for at least 80% of the treatment period.

MEDICATIONS

High, Moderate and Low-Intensity Statin Prescriptions

Description	Prescription	
High-intensity statin therapy	<ul style="list-style-type: none"> Atorvastatin 40-80 mg Amlodipine-atorvastatin 40-80 mg Ezetimibe-simvastatin 80 mg 	<ul style="list-style-type: none"> Rosuvastatin 20-40 mg Simvastatin 80 mg
Moderate-intensity statin therapy	<ul style="list-style-type: none"> Atorvastatin 10-20 mg Amlodipine-atorvastatin 10-20 mg Rosuvastatin 5-10 mg Simvastatin 20-40 mg Ezetimibe-simvastatin 20-40 mg 	<ul style="list-style-type: none"> Pravastatin 40-80 mg Lovastatin 40 mg Fluvastatin 40-80 mg bid Pitavastatin 2-4 mg
Low-intensity statin therapy	<ul style="list-style-type: none"> Simvastatin 5-10 mg Ezetimibe-simvastatin 10 mg Pravastatin 10-20 mg 	<ul style="list-style-type: none"> Lovastatin 10- 20 mg Fluvastatin 20 mg Pitavastatin 1 mg

*Please refer to the Molina Healthcare Drug Formulary at www.molinahealthcare.com for statin medications that may require prior authorization or step therapy.

Codes to Identify Online Assessments, Telephone, Telehealth Appointments

Description	Codes		
Online Assessments	CPT®: 98969, 99444		
Telephone Visits	CPT®: 98966, 98967, 98968, 99441, 99442, 99443		
Telehealth Modifier	95, GT	WITH	POS: 02

HOW TO IMPROVE HEDIS SCORES

- ☐ Educate patients on the following:
 - o People with diabetes are 2 to 4 times more likely to develop heart disease or stroke.
 - o Statins can help reduce the chance of developing heart disease and strokes.
 - o Continue educating patients about the importance of adhering to their medication therapy and follow-up visits with their provider(s).
 - o Strategies for remembering to take your medication.
- ☐ Schedule telephone and/or telehealth appointments to diagnose patients with diabetes and prescribe statin medication. Note: Only one of the two diagnosis visits are permitted to be telehealth, telephone visit or an online assessment.
- ☐ Schedule appropriate follow-up with patients to assess if medication is taken as prescribed.
- ☐ Do not rely on the patient to follow through with scheduling subsequent appointments. Routinely arrange the next appointment when the patient is in the office, over the telephone or via telehealth. If the patient misses a scheduled appointment, office staff should contact the patient to assess why appointment was missed.

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