

HEDIS® Tips:

Weight Assessment and Counseling for Nutrition and Physical Activity for Children and Adolescents (WCC)

MEASURE DESCRIPTION

The percentage of patients 3-17 years of age who had an outpatient visit with a PCP or OB/GYN provider and who had evidence of the following during the measurement year.

- BMI percentile documentation as a value (e.g., 85th percentile) or BMI percentile plotted on age- growth chart (height, weight and BMI percentile must be documented).
- Counseling for nutrition or referral for nutrition education.
- Counseling for physical activity or referral for physical activity.

CODES INCLUDED IN THE CURRENT HEDIS MEASURE

Description	Codes
BMI Percentile <5% for age	ICD-10: Z68.51
BMI Percentile 5% to <85% for age	ICD-10: Z68.52
BMI Percentile 85% to <95% for age	ICD-10: Z68.53
BMI Percentile ≥95% for age	ICD-10: Z68.54
Counseling for Nutrition	CPT®: 97802-97804 ICD-10: Z71.3 HCPCS: G0270, G0271, G0447, S9449, S9452, S9470
Counseling for Physical Activity	ICD-10: Z02.5, Z71.82 HCPCS: S9451, G0447

Codes to Identify Telehealth Appointments

Description	Codes	WITH	POS: 02
Telehealth Modifier	95, GT		

HOW TO IMPROVE HEDIS SCORES

- Use appropriate HEDIS codes to avoid medical record review.
- Avoid missed opportunities by taking advantage of every office visit (including sick visits and sports physicals) to capture BMI percentile, counsel on nutrition and physical activity.
- Place BMI percentile charts near scales.
- Document **BMI percentile**. This includes height, weight and BMI percentile.
- Document current nutrition behaviors (e.g. meal patterns, eating and dieting habits) when **counseling for nutrition**, use a checklist that notates nutrition was addressed, provide counseling or refer to nutrition education, document that children/teens received nutritional educational materials during the visit, highlight anticipatory guidance, and document weight or obesity counseling. Documentation related to a patient's appetite does not meet criteria. Documentation of a referral to nutritional education/ Women, Infants, and Child (WIC) services does meet criteria.
- Document the following when **counseling for physical activity**:
 - Physical activity counseling/education (e.g. child rides tricycle in yard).
 - Discussion of current physical activity behaviors (e.g. exercise routine, participation in sports activities and exam for sports participation).
 - While "cleared for sports" does not count, a sports physical does count.
 - Include specific mention of physical activity recommendations to meet criteria for notation of anticipatory guidance.
 - Document weight or obesity counseling.
 - Document that children/teens received physical activity educational materials during the visit.
- Schedule telehealth appointments to provide nutrition and physical activity counseling.

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