

# HEDIS® Tips:

## Antidepressant Medication Management (AMM)

### MEASURE DESCRIPTION

The percentage of patients 18 years of age and older who were treated with antidepressant medication, had a diagnosis of major depression and who remain on an antidepressant medication treatment. Two rates are reported:

**Effective Acute Phase Treatment:** The percentage of patients who remained on an antidepressant medication for at least 84 days (12 weeks). (Continuous treatment allows gaps in treatment up to a total of 31 days during the *Acute Phase*).

**Effective Continuation Phase Treatment:** The percentage of patients who remained on an antidepressant medication for at least 180 days (6 months). (Continuous treatment allows gaps in treatment up to a total of 52 days during the *Acute and Continuation Phases* combined).

### CODES INCLUDED IN THE CURRENT HEDIS MEASURE

#### Codes to Identify Major Depression

Description	ICD-10 Codes
Major Depression	F32.0-F32.4, F32.9, F33.0-F33.3, F33.41, F33.9

#### Codes to Identify Telephone and Telehealth Appointments

Description	Codes
Telephone Visits	CPT®: 98966, 98967, 98968, 99441, 99442, 99443
Telehealth Modifier	95, GT <span style="background-color: #cccccc;">With</span> POS: 02

### ANTIDEPRESSANT MEDICATIONS

Description	Generic Name	
Miscellaneous antidepressants	Bupropion Vilazodone Vortioxetine	
Phenylpiperazine antidepressants	Trazodone Nefazodone	
Psychotherapeutic combinations*	Amitriptyline-chlordiazepoxide Amitriptyline-perphenazine Fluoxetine-olanzapine	
SNRI antidepressants	Desvenlafaxine Duloxetine Venlafaxine Levomilnacipran	
SSRI antidepressants	Citalopram Escitalopram Fluoxetine Fluvoxamine Paroxetine Sertraline	
Tetracyclic antidepressants	Maprotiline Mirtazapine	
Tricyclic antidepressants	Amitriptyline Amoxapine Clomipramine Desipramine Doxepin (>6mg)	Imipramine Nortriptyline Protriptyline Trimipramine
Monoamine oxidase inhibitors	Isocarboxazid Selegiline Phenelzine Tranylcypromine	

\*Please submit a request for coverage when prescribing psychotherapeutic combination medications.

### HOW TO IMPROVE HEDIS SCORES

- ☐ Schedule telephone and/or telehealth appointments to diagnose patients with major depression and prescribe and/or refill antidepressant medication.
- ☐ Educate patients on the following:
  - Provide reassurance that depression is common and can be treated.
  - Most antidepressants take 1-6 weeks to work before the patient starts to feel better.
  - In many cases, sleep and appetite improve first while improvement in mood, energy and negative thinking may take longer.
  - The importance of staying on the antidepressant for a minimum of 6 months.
  - Strategies for remembering to take the antidepressant on a daily basis.
  - The connection between taking an antidepressant and signs and symptoms of improvement.
  - Common side effects, how long the side effects may last and how to manage them.
  - What to do if the patient has a crisis or has thoughts of self-harm.
  - What to do if there are questions or concerns.
- ☐ Recommend/make a referral to a Molina in-network therapist, who can help treat and encourage medication compliance. Depression is best treated with antidepressant medication in conjunction with psychotherapy.
- ☐ Consider injectable antidepressant, if medication adherence is an issue for your patient.

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