

# HEDIS® Tips:

## Metabolic Monitoring for Children and Adolescents on Antipsychotics (APM)

### MEASURE DESCRIPTION

The percentage of children and adolescents 1 to 17 years of age who had at least two or more antipsychotic prescriptions on different dates of service during the measurement year and had metabolic testing (one diabetes screening test and one cholesterol screening test).

### CODES INCLUDED IN THE CURRENT HEDIS MEASURE

#### Codes to Identify Diabetes Screening

<b>Complete at least ONE Diabetes Screening test during the measurement year</b>	Description	Codes
	Codes to Identify Glucose Tests	CPT®: 80047, 80048, 80050, 80053, 80069, 82947, 82950, 82951
	Codes to Identify HbA1c Tests	CPT®: 83036, 83037 CPT® II: 3044F (if HbA1c <7%), 3045F (if HbA1c 7%-9%), 3046F (if HbA1c >9%), 3051F (if HbA1c ≥7% and <8%), 3052F (if HbA1c ≥ 8% and <9%)

#### Codes to Identify Cholesterol Screening

<b>--AND-- Complete at least ONE Cholesterol Screening test during the measurement year</b>	Description	Codes
	Codes to Identify LDL-C Tests	CPT®: 80061, 83700, 83701, 83704, 83721 CPT® II: 3048F (if less than 100 mg/dL), 3049F (if 100-129 mg/dL), 3050F (if greater than or equal to 103 mg/dL)
	Codes to Identify Cholesterol Tests (other than LDL)	CPT®: 82465, 83718, 83722, 84478

### Antipsychotic Medications

Description	Generic Name
Miscellaneous antipsychotic agents	Aripiprazole, Asenapine, Brexpiprazole, Cariprazine, Clozapine, Haloperidol, Iloperidone, Loxapine, Lurasidone, Molindone, Olanzapine, Paliperidone, Pimozide, Quetiapine, Quetiapine fumarate, Risperidone, Ziprasidone
Phenothiazine antipsychotics	Chlorpromazine, Fluphenazine, Perphenazine, Thioridazine, Trifluoperazine
Thioxanthenes	Thiothixene
Long-acting injections	Aripiprazole, Fluphenazine decanoate, Haloperidol decanoate, Olanzapine, Paliperidone palmitate, Risperidone

### Antipsychotic Combination Medications

Description	Generic Name
Psychotherapeutic combinations*	Fluoxetine-olanzapine, Perphenazine-amitriptyline

\*Please submit a request for coverage when prescribing psychotherapeutic combination medications.

### Prochlorperazine Medications

Description	Generic Name
Phenothiazine antipsychotics	Prochlorperazine

### HOW TO IMPROVE HEDIS SCORES

- ☐ Monitor glucose and cholesterol levels, for children and adolescents on antipsychotic medications as metabolic monitoring is recommended by The American Academy of Child and Adolescent Psychiatry.
- ☐ Monitor children on antipsychotic medications to help to avoid metabolic health complications such as weight gain and diabetes.
- ☐ Inform parents/guardians of metabolic disturbances, including long term consequences of pediatric obesity, in childhood and adolescence associated with poor cardiometabolic outcomes in adulthood.
- ☐ Establish a baseline and continuously monitor metabolic indices to ensure appropriate management of side-effects of antipsychotic medication therapy.
- ☐ Explore partnering with key community and school-based organizations focused on child/adolescent health to provide additional education on healthy diet, nutrition, and exercise.
- ☐ Schedule follow-up appointment after second anti-psychotic prescription for metabolic testing.

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