

HEDIS® Tips:

Diabetes Monitoring for People with Diabetes and Schizophrenia (SMD)

MEASURE DESCRIPTION

The percentage of patients 18-64 years of age with schizophrenia or schizoaffective disorder and diabetes who had both an LDL-C test and an HbA1c test during the measurement year.

CODES INCLUDED IN THE CURRENT HEDIS MEASURE

Description	Codes
Codes to Identify HbA1c Tests	CPT®: 83036, 83037 CPT®II: 3044F (if HbA1c<7%), 3045F (if HbA1c 7%-9%), 3046F (if HbA1c>9%), 3051F (if HbA1c ≥7% and <8%), 3052F (if HbA1c ≥ 8% and <9%)
Codes to Identify LDL-C Tests	CPT®: 80061, 83700, 83701, 83704, 83721 CPT®II: 3048F, 3049F, 3050F
Codes to Identify Schizophrenia	ICD-10 CM: F20.0-F20.3, F20.5, F20.81, F20.89, F20.9, F25.0, F25.1, F25.8, F25.9
Codes to Identify Diabetes	ICD-10 CM: E10, E11, E13, 024

HOW TO IMPROVE HEDIS SCORES

- Review diabetes services needed at each office visit.
- Order labs prior to patient appointments. PCP should notify the BH professional of forthcoming labs.
- Order a direct LDL if patient is not fasting to avoid a missed opportunity. Some lab order forms have conditional orders – if fasting, LDL-C; if not fasting, direct LDL.
- Consider prescribing diabetes monitors/glucometer so the patient can self-monitor at home.
- Remember that BH providers (MD, NP or other professional with lab ordering ability) should order diabetic tests for patients who do not have regular contact with their PCP. The BH provider then coordinates medical management with the PCP.
- Bill for point of care HbA1c tests if completed in office. Ensure HbA1c result and date are documented in the chart.
- Adjust therapy to improve HbA1c, LDL, and BP levels; follow-up with patients to monitor changes.
- Provide any instructions on the course of treatment, labs or future appointment dates to the patient and/or caregiver, highlighting the importance of the information.
- Monitor body mass index, plasma glucose level, lipid profiles and signs of prolactin elevation at each appointment.
- Educate patients about appropriate health screenings with some medication therapies.
- Refer patient/family/caregiver Care Coordination/Case Management by contacting Molina Healthcare for additional support and medication/treatment adherence.
- Coordinate with the patient's behavioral health provider to develop a comprehensive treatment plan. Discuss with patient/caregiver the importance of monitoring emotional well-being and following up with their BH provider.
- Ensure your patient has an understanding of the local community support resources and what to do in an event of a crisis.

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