

Cardiovascular Monitoring for People with Cardiovascular Disease and Schizophrenia

MEASURE DESCRIPTION

Adults 18-64 years of age with schizophrenia and cardiovascular disease who had an LDL-C test during the measurement year.

Patients who have cardiovascular disease are defined as having any of the following:

- Discharged from an inpatient setting with an Acute Myocardial Infarction (AMI) or any setting with a Coronary Artery Bypass Graft (CABG) during the year prior to the measurement year,
- Patients who had a Percutaneous Coronary Intervention (PCI) during the year prior to the measurement year, or
- Patients diagnosed with Ischemic Vascular Disease (IVD) during both the measurement year and the year prior to measurement year.

USE CORRECT BILLING CODES

Description	Codes
Codes to Identify LDL-C Tests	CPT: 80061, 83700, 83701, 83704, 83721 CPT II: 3048F, 3049F, 3050F

HOW TO IMPROVE HEDIS[®] SCORES

- Order labs prior to patient appointments. PCP should notify the BH professional of forthcoming labs.
- BH providers (MD, NP or other professional with lab ordering ability) should order diabetic tests for patients who do not have regular contact with their PCP but who regularly see the BH provider. The BH provider can then coordinate medical management with the PCP.
- Review cardiovascular services needed at each office visit and ensure lipid levels, blood pressure and glucose are monitored at every appointment.
- Educate patient (and caregiver) about the risks associated with antipsychotic medications and cardiovascular disease and the importance of a healthy lifestyle. This includes nutrition, exercise and smoking cessation.
- For LDLs, if patient is not fasting, order direct LDL to avoid a missed opportunity.
- Adjust therapy to improve HbA1c, LDL, and BP levels; follow-up with patients to monitor changes.
- Refer patients for Health Management interventions and coaching by contacting Health Care Services at your affiliated Molina Healthcare State plan.
- Ensure your patient has an understanding of the local community support resources and what to do in an event of a crisis.
- Provide information about the importance of monitoring their emotional well-being and following up with their BH provider.