

HEDIS® Tips:

Statin Therapy for Patients with Cardiovascular Disease (SPC)

MEASURE DESCRIPTION

The percentage of males 21-75 years and females 40-75 years who were identified as having clinical atherosclerotic cardiovascular disease (ASCVD) and met the following criteria:

- Received Statin Therapy. Patients were dispensed at least one high or moderate-intensity statin medication during the measurement year.
- Statin Adherence 80%. Patients remained on a high or moderate-intensity statin medication for at least 80% of the treatment period.

USING CORRECT PRESCRIPTIONS

High and Moderate-Intensity Statin Medications

Description	Prescription	
High-intensity statin therapy	<ul style="list-style-type: none">• Atorvastatin 40–80 mg• Amlodipine-atorvastatin 40-80 mg• Ezetimibe-atorvastatin 40-80 mg	<ul style="list-style-type: none">• Rosuvastatin 20–40 mg• Simvastatin 80 mg• Ezetimibe-simvastatin 80 mg
Moderate-intensity statin therapy	<ul style="list-style-type: none">• Atorvastatin 10–20 mg• Amlodipine-atorvastatin 10-20 mg• Ezetimibe-atorvastatin 10-20 mg• Rosuvastatin 5–10 mg• Simvastatin 20–40 mg• Ezetimibe-simvastatin 20-40 mg• Niacin-simvastatin 20-40 mg	<ul style="list-style-type: none">• Sitagliptin-simvastatin 20-40 mg• Pravastatin 40–80 mg• Lovastatin 40 mg• Niacin-lovastatin 40 mg• Fluvastatin XL 80 mg• Fluvastatin 40 mg bid• Pitavastatin 2–4 mg

**Please refer to the Molina Healthcare Drug Formulary at www.molinahealthcare.com for statin medications that may require prior authorization or step therapy.*

HOW TO IMPROVE HEDIS SCORES

- ☐ Continue to stress the value of prescribed medications for managing cardiovascular disease and the importance of adherence throughout the entire treatment period.
- ☐ Schedule appropriate follow-up with patients to assess if medication is taken as prescribed.
- ☐ Do not rely on the patient to follow through with scheduling subsequent appointments. Routinely arrange the next appointment when the patient is in the office. If the patient misses a scheduled appointment, office staff should contact the patient to assess why appointment was missed.
- ☐ Contact Health Care Services at your affiliated Molina Healthcare State plan for additional information about Medication Therapy Management (MTM) criteria and to request a referral for patients with at least six (6) chronic medications and at least three (3) qualifying diagnoses. They may be eligible for MTM sessions.
- ☐ Provide smoking cessation and other interventions to eliminate or control risk factors.