

# HEDIS® Tips:

## Statin Therapy for Patients with Diabetes (SPD)

### MEASURE DESCRIPTION

Patients 40 – 75 years of age during the measurement year with diabetes who do not have clinical atherosclerotic cardiovascular disease (ASCVD) who met the following criteria. Two rates are reported:

1. *Received Statin Therapy.* Patients who were dispensed at least one statin medication of any intensity during the measurement year.
2. *Statin Adherence 80%.* Patients who remained on a statin medication of any intensity for at least 80% of the treatment period.

### High, Moderate and Low-Intensity Statin Prescriptions

Description	Prescription	
High-intensity statin therapy	<ul style="list-style-type: none"> <li>Atorvastatin 40-80 mg</li> <li>Amlodipine-atorvastatin 40-80 mg</li> <li>Ezetimibe-atorvastatin 40-80 mg</li> </ul>	<ul style="list-style-type: none"> <li>Rosuvastatin 20-40 mg</li> <li>Simvastatin 80 mg</li> <li>Ezetimibe-simvastatin 80 mg</li> </ul>
Moderate-intensity statin therapy	<ul style="list-style-type: none"> <li>Atorvastatin 10-20 mg</li> <li>Amlodipine-atorvastatin 10-20 mg</li> <li>Ezetimibe-atorvastatin 10-20 mg</li> <li>Rosuvastatin 5-10 mg</li> <li>Simvastatin 20-40 mg</li> <li>Ezetimibe-simvastatin 20-40 mg</li> <li>Niacin-simvastatin 20-40 mg</li> </ul>	<ul style="list-style-type: none"> <li>Sitagliptin-simvastatin 20-40 mg</li> <li>Pravastatin 40-80 mg</li> <li>Lovastatin 40 mg</li> <li>Niacin-lovastatin 40 mg</li> <li>Fluvastatin XL 80 mg</li> <li>Fluvastatin 40 mg bid</li> <li>Pitavastatin 2-4 mg</li> </ul>
Low-intensity statin therapy	<ul style="list-style-type: none"> <li>Simvastatin 10 mg</li> <li>Ezetimibe-simvastatin 10mg</li> <li>Sitagliptin-simvastatin 10 mg</li> <li>Pravastatin 10-20 mg</li> </ul>	<ul style="list-style-type: none"> <li>Lovastatin 20 mg</li> <li>Niacin-lovastatin 20 mg</li> <li>Fluvastatin 20-40 mg</li> <li>Pitavastatin 1 mg</li> </ul>

\*Please refer to the Molina Healthcare Drug Formulary at [www.molinahealthcare.com](http://www.molinahealthcare.com) for statin medications that may require prior authorization or step therapy.

### HOW TO IMPROVE HEDIS SCORES

- ☐ Educate patients on the following:
  - People with diabetes are 2 to 4 times more likely to develop heart disease or stroke.
  - Statins can help reduce the chance of developing heart disease and strokes.
  - Continue educating patients about the importance of adhering to their medication therapy and follow-up visits with their provider(s).
  - Strategies for remembering to take your medication.
- ☐ Schedule appropriate follow-up with patients to assess if medication is taken as prescribed.
- ☐ Do not rely on the patient to follow through with scheduling subsequent appointments. Routinely arrange the next appointment when the patient is in the office. If the patient misses a scheduled appointment, office staff should contact the patient to assess why appointment was missed.
- ☐ Contact Health Care Services at your affiliated Molina Healthcare State plan for additional information about Medication Therapy Management criteria and to request a referral for patients with at least six (6) chronic medications and at least three (3) qualifying diagnoses. They may be eligible for MTM sessions.