HEDIS® Tips:

Weight Assessment and Counseling for Nutrition and Physical Activity for Children and Adolescents (WCC)

MEASURE DESCRIPTION

Children 3-17 years of age who had an outpatient visit with a primary care physician or OB/GYN and who had evidence of the following during the measurement year.

- BMI percentile documentation or BMI percentile plotted on age- growth chart (height, weight and BMI percentile must be documented)
- Counseling for nutrition or referral for nutrition education
- Counseling for physical activity or referral for physical activity

USING CORRECT BILLING CODES

Description	Codes
BMI Percentile <5% for age	ICD-10: Z68.51
BMI Percentile 5% to <85% for age	ICD-10: Z68.52
BMI Percentile 85% to <95% for age	ICD-10: Z68.53
BMI Percentile ≥95% for age	ICD-10: Z68.54
Counseling for Nutrition	CPT®: 97802-97804 ICD-10: Z71.3 HCPCS: G0270, G0271, G0447, S9449, S9452, S9470
Counseling for Physical Activity	ICD-10: Z02.5, Z71.82 HCPCS: S9451, G0447

HOW TO IMPROVE HEDIS SCORES

 ☐ Use appropriate HEDIS codes to avoid medical record review. ☐ Avoid missed opportunities by taking advantage of every office visit (including sick visits and sports physicals) to capture BMI percentile, counsel on nutrition and physical activity. 	
Place BMI percentile charts near scales.	
☐ When documenting BMI percentile , include height, weight and BMI percentile.	
■ When counseling for nutrition, document current nutrition behaviors (e.g. meal patterns, eating and dieting habits). Documentation related to a member's appetite does not meet criteria.	
☐ When counseling for physical activity document:	
 Physical activity counseling/education (e.g. child rides tricycle in yard). 	
 Current physical activity behaviors (e.g. exercise routine, participation in sports activities and exam for sports participation). 	
 While "cleared for sports" does not count, a sports physical does count. 	



Include specific mention of physical activity recommendations to meet criteria for



notation of anticipatory guidance.