Controlling Blood Pressure (CBP) HEDIS Measure Update

As part of our ongoing Quality Improvement Initiatives, Molina Healthcare of South Carolina (MHSC) would like to collaborate with you on improving hypertension control and share HEDIS updates and tips that support improvement on HEDIS performance and quality outcomes.

Specifications

All patients 18-85 years of age who had a diagnosis of hypertension (HTN) and whose blood pressure (BP) was adequately controlled (139/89 mm Hg or less) during the 2018 measurement year.

Correct Billing Codes

Diagnosis: ICD10 [I10] Hypertension
Blood Pressure:
- Systolic greater than/equal to 140: 3077F
- Systolic less than 140: 3074F, 3075F
- Diastolic greater than/equal to 90: 3080F
- Diastolic 80-89: 3079F
- Diastolic less than 80: 3078F

Remote Blood Pressure Monitoring Codes: 93784, 93788, 93790, 99091

Update

1. Administrative hypertension diagnosis and blood pressure readings are now available.

2. Patient needs at least two visits on different dates of service with a diagnosis of hypertension during the year or the year prior to be part of eligible population.

3. Blood pressure readings taken from remote patients monitoring devices that are electronically submitted to the provider count for the measure. (see correct billing codes above).

Action

✓ Use ICD10 and CPT codes to capture diagnosis and BP readings.

✓ Schedule appointments on two different dates of service.

✓ The last BP reading during the measurement year (2018) on or after the second diagnosis of hypertension counts for the measure compliance.

✓ Schedule telehealth appointments to follow-up with patients and acquire controlled blood pressure readings.

✓ Make sure there is documentation in the medical record that states that reading was taken by an electronic device, and results were digitally stored, and passed to the provider, and interpreted by provider.

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TIPS TO IMPROVE HYPERTENSION MANAGEMENT

Prior to patient visit:

✓ Calibrate the sphygmomanometer annually.

✓ Upgrade to an automated blood pressure machine.

During patient visit:

✓ Select an appropriately cuff size for the patient.

✓ Retake and record a second blood pressure reading if it’s high (140/90 mm Hg or greater). HEDIS® allows us to use the lowest systolic and lowest diastolic reading in the same day and oftentimes the second reading is lower.

✓ Do not round BP values up. If using an automated machine, record exact values.

✓ Review anti-hypertensive medication history and patient compliance. Consider modifying treatment plans for uncontrolled blood pressure as needed. Have the patient return in 3 months. Schedule appointment prior to the patient leaving.

✓ Start two BP drugs at the first visits if the initial reading is very high and is unlikely to respond to a single drug and lifestyle modification.

TIPS TO IMPROVE BILLING

✓ Use ICD10 [I10] code to capture the hypertension diagnosis.

✓ Use CPT codes to capture blood pressure readings.

✓ Use remote blood pressuring monitoring codes for telehealth appointments.