

PROVIDER NEWSLETTER

A newsletter for Molina Dual Options Medicare-Medicaid Plan Provider Networks



Important Message – Updating Provider Information

It is important for Molina Dual Options to keep our provider network information up to date. Up to date provider information allows Molina Dual Options to accurately generate provider directories, process claims and communicate with our network of providers. Providers must notify Molina Dual Options in writing at least 30 days in advance when possible of changes, such as:

- Change in practice ownership or Federal Tax ID number
- Practice name change
- A change in practice address, phone or fax numbers
- Change in practice office hours
- New office site location
- Primary Care Providers Only: If your practice is open or closed to new patients
- When a provider joins or leaves the practice

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Send changes to:

Email: SCNetworkAdministration@MolinaHealth.com

Fax: (843)740-1783

Mail: Molina Dual Options

PO Box 40309

North Charleston, SC 29423-0309

ATTN: PIM Department

Contact your Provider Services Representative at (855) 237-6178 if you have questions.

Practitioner Credentialing Rights: What You Need to Know

Molina Dual Options has a duty to protect its members by assuring the care they receive is of the highest quality. One protection is assurance that our providers have been credentialed according to the strict standards established by the state regulators and accrediting organizations. Your responsibility, as a Molina Dual Options provider, includes full disclosure of all issues and timely submission of all credentialing and re-credentialing information.

Molina Dual Options also has a responsibility to its providers to assure the credentialing information it reviews is complete and accurate. As a Molina Dual Options provider, you have the right to:

- Strict confidentiality of all information submitted during the credentialing process
- Nondiscrimination during the credentialing process
- Be notified of information obtained during the credentialing process that varies substantially from what is submitted by you
- Review information submitted from outside primary sources (e.g., malpractice insurance carriers, state licensing boards) to support your credentialing application, with the exception of references, recommendations or other peer-review protected information
- Correct erroneous information
- Be informed of the status of your application upon request by calling the Credentialing Department at (855) 237-6178
- Receive notification of the credentialing decision within 60 days of the committee decision
- Receive notification of your rights as a provider to appeal an adverse decision made by the committee
- Be informed of the above rights

For further details on all your rights as a Molina Dual Options provider, please review your Provider Manual. You may also review the provider manual on our website at www.MolinaHealthcare.com/Duals or call your Provider Services Representative for more details.

Molina Dual Option's Utilization Management

One of the goals of Molina Dual Options Utilization Management (UM) department is to render appropriate UM decisions that are consistent with objective clinical evidence. To achieve that goal, Molina Dual Options maintains the following guidelines:

- Medical information received by our providers is evaluated by our highly trained UM staff against nationally recognized objective and evidence-based criteria. We also take individual circumstances

and the local delivery system into account when determining the medical appropriateness of requested health care services.

- Molina Dual Option's clinical criteria includes McKesson InterQual® criteria, Hayes Directory, Medicare National and Local Coverage Determinations, applicable Medicaid Guidelines, Molina Medical Coverage Guidance Documents (developed by designated Corporate Medical Affairs staff in conjunction with Molina Dual Options physicians serving on the Medical Coverage Guidance Committee) and when appropriate, third party (outside) board-certified physician reviewers.
- Molina Dual Options ensures that all criteria used for UM decision-making are available to practitioners upon request. **To obtain a copy of the UM criteria used in the decision-making process, call our UM department (855) 237-6178.**
- As the requesting practitioner, you will receive written notification of all UM denial decisions. The notification will include the name and telephone number of the Molina Dual Options physician that made the decision. Please feel free to call him or her to discuss the case. If you need assistance contacting a medical reviewer about a case, please call the UM Department at (855) 237-6178.

It is important to remember that:

1. UM decision making is based only on appropriateness of care and service and existence of coverage.
2. Molina Dual Options does not specifically reward practitioners or other individuals for issuing denials of coverage or care.
3. UM decision makers do not receive financial incentives or other types of compensation to encourage decisions that result in underutilization.
4. Practitioners may freely communicate with patients about their treatment, regardless of benefit coverage.
5. Medicaid members have the right to a second opinion from a qualified practitioner. If an appropriate practitioner is not available in-network, Molina Dual Options will arrange for a member to obtain the second opinion out of network at no additional cost to the member than if the services were obtained in-network.
6. Some of the most common reasons for a delay or denial of a request include:
 - Insufficient or missing clinical information to provide the basis for making the decision
 - Lack of or missing progress notes or illegible documentation
 - Request for an urgent review when there is no medical urgency

Molina Dual Option's UM Department staff is available for inbound collect or toll-free calls during regular business hours to provide information about the UM process and the authorization of care. If you wish to speak with a member of the UM staff, please call (855) 237-6178. You may also fax a question about a UM issue to (866) 423-3889. The Medical Director is available for more complex medical decision questions and explanations of medical necessity denials. For information about pre-authorization and the exception process, please refer to the *Preferred Drug List and Pharmaceutical Procedures* article.

Molina Dual Option's regular business hours are Monday – Friday (excluding holidays) 8:00 a.m. – 8:00 p.m. EST. Voicemail messages and faxes received after regular business hours will be returned the following business day. Molina Dual Options has language assistance and TDD/TTY services for members with language barriers or with hearing and/or speech problems.

Preferred Drug List and Pharmaceutical Procedures

At Molina Dual Options, the Preferred Drug List (PDL) and pharmaceutical procedures are maintained by the Pharmacy and Therapeutics (P&T) Committee. This committee usually meets on a quarterly basis, or more frequently if needed. It is composed of your peers – practicing physicians (both primary care physicians and specialists) and pharmacists from areas Molina Dual Options practitioners are located. The committee's goal is to provide a safe, effective and comprehensive PDL. The P&T Committee evaluates all therapeutic categories and selects the most cost-effective agent(s) in each class. In addition, the committee reviews prior authorization procedures to ensure that medications are used safely, and in accordance with the manufacturer's guidelines and FDA-approved indications. The Committee also evaluates and addresses new developments in pharmaceuticals and new applications of established technologies, including drugs. Molina Dual Options has two PDLs, one is for over-the-counter (non-prescription drugs) and the other for prescription drugs.



Medications prescribed for Molina Dual Options members must be listed in the PDL. The PDL also includes an explanation of limits or quotas, any restrictions and medication preferences, and the process for generic substitution, therapeutic interchange and step-therapy protocols. Select medications may require prior authorization, as well as any medication not found on the listing. When there is a medically necessary indication for an exception, such as failure of the PDL choices, providers may request authorization by submitting, via fax, a Medication Prior Authorization Form or by calling the Pharmacy Prior Authorization Department for the plan. The PDL is available online at www.MolinaHealthcare.com/Duals and printed copies may be obtained by calling the Provider Services Department.

The PDL listing, processes for requesting an exception request and generic substitutions, therapeutic interchanges and step-therapy protocols are distributed to our network providers through fax and/or mail once updates are made. These changes and all current documents are posted on the Molina Dual Options website at www.MolinaHealthcare.com/Duals. More information can be obtained by contacting the Pharmacy Department at (855) 237-6178.

When there is a Class II recall or voluntary drug withdrawal from the market for safety reasons, affected members and prescribing practitioners are notified by Molina Dual Options within 30 calendar days of the Food and Drug Administration notification. An expedited process is in place to ensure notification to affected members and prescribing practitioners of Class I recalls as quickly as possible. These notifications will be conducted by fax, mail and/or telephone.

Complex Case Management

Molina Dual Options offers you and your patients the opportunity to participate in our Complex Case Management Program. Patients appropriate for this voluntary program are those who have the most

complex service needs. This may include your patients with multiple medical conditions, high level of dependence, conditions that require care from multiple specialties and/or have additional social, psychosocial, psychological and emotional issues that exacerbate the condition, treatment regime and/or discharge plan.

The purpose of the Molina Dual Options Complex Case Management Program is to:

- Conduct a needs assessment of the patient, patient's family, and/or caregiver
- Provide intervention and care coordination services within the benefit structure across the continuum of care
- Empower our patients to optimize their health and level of functioning
- Facilitate access to medically necessary services and ensure that they are provided at the appropriate level of care in a timely manner
- Provide a comprehensive and on-going care plan for continuity of care in coordination with you, your staff, your patient, and the patient's family

If you would like to learn more about this program, speak with a Complex Case Manager and/or refer a patient for an evaluation for this program, please call toll-free (855) 237-6178.

Website

Featured at www.MolinaHealthcare.com/Duals:

- Clinical Practice and Preventive Health Guidelines
- Health Management Programs for Asthma, Diabetes, Hypertension, CAD, CHF & Pregnancy
- Quality Improvement Programs
- Member Rights & Responsibilities
- Privacy Notices
- Claims/Denials Decision Information
- Provider Manual
- Current Preferred Drug List & Updates
- Pharmaceutical Management Procedures
- UM Affirmative Statement (re: non-incentive for under-utilization)
- How to Obtain Copies of UM Criteria
- How to Contact UM Staff & Medical Reviewer
- New Technology
- How to access language services

If you would like to receive any of the information posted on our website in hard copy, please call (855) 735-5831.

Translation Services

We can provide information in our members' primary language. We can arrange for an interpreter to help you speak with our members in almost any language. We also provide written materials in different languages and formats. If you need an interpreter or written materials in a language other than English, please contact Molina Dual Option's Member Services Department. You can also call TTD/TTY: 711, if a member has a hearing or speech disability.

Patient Safety

Patient Safety activities encompass appropriate safety projects and error avoidance for Molina Dual Options members in collaboration with their primary care providers.

Safe Clinical Practice

The Molina Dual Options Patient Safety activities address the following:

- Continued information about safe office practices
- Member education; providing support for members to take an active role to reduce the risk of errors in their own care
- Member education about safe medication practices
- Cultural competency training
- Improvement in the continuity and coordination of care between providers to avoid miscommunication
- Improvement in the continuity and coordination between sites of care such as hospitals and other facilities to assure timely and accurate communication
- Distribution of research on proven safe clinical practices

Molina Dual Options also monitors nationally recognized quality index ratings for facilities from:

- Leapfrog Quality Index Ratings (www.leapfroggroup.org)
- The Joint Commission Quality Check® (www.qualitycheck.org)

Providers can also access the following links for additional information on patient safety:

- The Leapfrog Group (www.leapfroggroup.org)
- The Joint Commission (www.jointcommision.org)

Hours of Operation

Molina Dual Options requires that providers offer Medicare-Medicaid members hours of operation no less than hours offered to commercial members.

Non Discrimination

As a Molina Dual Options provider, you have a responsibility to not differentiate or discriminate in providing covered services to members because of sex, race, color, religion, ancestry, national origin, ethnic group identification, age, mental disability, physical disability, medical condition, genetic information, marital status, gender, gender identity, sexual orientation, socioeconomic status, or participation in publicly financed health care programs. Providers are to render



covered services to Members in the same location, in the same manner, in accordance with the same standards and within the same time availability regardless of payer.

Member Rights and Responsibilities

Molina Dual Options wants to inform its providers about some of the rights and responsibilities of Molina Dual Options members.

Molina Dual Options members have the right to:

- Receive information about Molina Dual Options, its services, its practitioners and providers and member rights and responsibilities.
- Be treated with respect and recognition of their dignity and their right to privacy.
- Help make decisions about their health care.
- Participate with practitioners in making decisions about their health care.
- A candid discussion of appropriate or medically necessary treatment options for their conditions, regardless of cost or benefit coverage.
- Verbal grievances or appeals about Molina Dual Options or the care it provides.
- Make recommendations regarding Molina Dual Option's member rights and responsibilities policy.

Molina Dual Options members have the responsibility to:

- Supply information (to the extent possible) that Molina Dual Options and its practitioners and providers need in order to provide care.
- Follow plans and instructions for care that they have agreed to with their practitioners.
- Understand their health problems and participate in developing mutually agreed-upon treatment goals, to the degree possible.
- Keep appointments and be on time. If members are going to be late or cannot keep an appointment, they are instructed to call their practitioner.

You can find the complete Molina Dual Options Member Rights and Responsibilities statement for your state at our website (www.MolinaHealthcare.com/Duals). Written copies and more information can be obtained by contacting the Provider Services Department at (855) 237-6178.

Health Management Programs Improve Member Health

Molina Dual Options offers focused health management programs that can significantly influence the health of our members and provide a variety of helpful services for those with chronic conditions such as asthma and diabetes.

Molina Dual Options offers the following Health Management Programs to our members:

- **Molina Breathe with Ease®** - asthma program is for children and adults age 2 years and older.
- **Heart Healthy Living®** – cardiovascular program is for members 18 years and older who have one or more of these conditions: coronary artery disease, congestive heart failure or high blood pressure.
- **Healthy Living with COPD** - COPD program is for members who have emphysema and/or chronic bronchitis.

All Health Management Program interventions are targeted to the specific needs of each member. Members are automatically enrolled based on medical and pharmacy claims. Program materials include condition specific pamphlets and brochures, workbooks, patient logs, action plans, newsletters and other tools that educate the patient on how to manage his or her condition. In addition, nurses or health educators reach out to patients and provide case management to those who will benefit the most from more frequent, in-depth follow-up. Physicians receive results of their patient's self-assessments and updates describing interventions and education offered to members. In addition, practitioners receive notifications and patient profiles on all members enrolled in any of the disease management program.

At each point of contact, members are encouraged to discuss their care with their provider and follow their plan of treatment. Other services available to members include having access to the 24-hour nurse advice line. Members can call and speak to a nurse for advice on any health problems. All Health Management Programs are voluntary, and members can stop participating at any time. If you have a Molina Dual Options patient you think will benefit from receiving educational materials or talking with a Case Manager, please refer them to our Health Management Programs by calling the Health Management Department at (866) 891-2320.

You can find more information about our programs on the Molina Dual Options website at www.MolinaHealthcare.com/Duals.

Quality Improvement Program

The Molina Dual Options Quality Improvement Program (QIP) provides the structure and key processes that enable the health plan to carry out our commitment to ongoing improvement in members' health care and service. The Quality Improvement Committee (QIC) assists the organization to achieve these goals. It is an evolving program that is responsive to the changing needs of the health plan's customers and the standards established by the medical community, regulatory and accrediting bodies.

The key quality processes include but are not limited to:

- Implementation of programs and processes to improve members' outcomes and health status
- Collaboration with our contracted provider network to identify relevant care processes, develop tools and design meaningful measurement methodologies for provided care and service
- Evaluation of the effectiveness of programs, interventions and process improvements and determination of further actions
- Design of effective and value-added interventions
- Continuous monitoring of performance parameters and comparing to performance standards and benchmarks published by national, regional, or state regulators, accrediting organizations and internal Molina Dual Options threshold
- Analysis of information and data to identify trends and opportunities, and the appropriateness of care and services



- Oversight and improvement of functions that may be delegated: Claims, UM and/or Credentialing
- Confirmation of the quality and adequacy of the provider and Health Delivery Organization network through appropriate contracting and credentialing processes

The QIP promotes and fosters accountability of employees, network and affiliated health personnel for the quality and safety of care and services provided to Molina Dual Options Members.

The effectiveness of QIP activities in producing measurable improvements in the care and service provided to members is evaluated by:

- Organizing multi-disciplinary teams, including clinical experts, to analyze service and process improvement opportunities, determine actions for improvement, and evaluate results.
- Tracking the progress of quality activities and goals through appropriate quality committee minutes and reviewing/updating the QI work plan quarterly.
- Revising interventions based on analysis, when indicated.
- Evaluating member satisfaction with their experience of care through the CAHPS® (Consumer Assessment of Healthcare Providers and Systems) survey.
- Reviewing member satisfaction with their experience with behavioral health services through a focused survey and evaluation of behavioral health specific grievances and appeals.
- Conducting provider satisfaction surveys with specific questions about the UM process, such as determining the level of satisfaction with getting a service approved, obtaining a referral and case management.

Molina Dual Options would like to help you to promote the important care activities you have undertaken in your practices. If you would like to have your projects and programs highlighted on the Molina Dual Options website, please contact the Quality Improvement Department at (855) 237-6178.

If you would like more information about our Quality Improvement Program or initiatives and the progress toward meeting quality goals, or would like to request a paper copy of our documents, please call the Quality Improvement Department at (855) 237-6178. You can also visit our website at www.MolinaHealthcare.com/Duals to obtain more information.

Standards for Medical Record Documentation

Providing quality care to our members is important; therefore, Molina Dual Options has established standards for medical record documentation to help assure the highest quality of care. Medical record standards promote quality care through communication, coordination and continuity of care, and efficient and effective treatment.

Molina Dual Option's medical record documentation standards include:

- Medical record content
- Medical record organization
- Information filed in medical records
- Ease of retrieving medical records
- Confidential patient information
- Standards and performance goals for participating providers

Below are commonly accepted standards for documentation in medical records and must be included in each medical record:

- History and physicals

- Allergies and adverse reactions
- Problem list
- Medications
- Documentation of clinical findings and evaluation for each visit
- Preventive services/risk screening

For more information, please call the Quality Improvement Department at (855) 237-6178.

Preventive Health Guidelines

Preventive Health Guidelines can be beneficial to the provider and his/her patients. Guidelines are based on scientific evidence, review of the medical literature, or appropriately established authority, as cited. All recommendations are based on published consensus guidelines and do not favor any particular treatment based solely on cost considerations.

These guidelines are meant to recommend a standard level of care and do not preclude the delivery of additional preventive services depending on the individual needs of the patient.

To request printed copies of Preventive Health Guidelines, please contact Molina Dual Option's Provider Services Department at (855) 237-6178. You can also view all guidelines at www.MolinaHealthcare.com/providers/sc/duals/Pages/home.aspx.

Clinical Practice Guidelines

Clinical practice guidelines are based on scientific evidence, review of the medical literature, or appropriately established authority, as cited. All recommendations are based on published consensus guidelines and do not favor any particular treatment based solely on cost considerations. The recommendations for care are suggested as guides for making clinical decisions. Clinicians and their patients must work together to develop individual treatment plans that are tailored to the specific needs and circumstances of each patient.

Molina Dual Options has adopted the following Clinical Practice Guidelines which include, but are not limited to the following:

- Asthma
- Depression
- Diabetes
- Hypertension
- Chronic Obstructive Pulmonary Disease (COPD)

To request a copy of any guideline, please contact Molina Dual Option's Provider Services Department at (855) 237-6178. You can also view all guidelines at www.MolinaHealthcare.com/providers/sc/duals/Pages/home.aspx.

Advance Directives

Helping your patients prepare Advance Directives may not be as hard as you think. Any person 18 years or older can create an Advance Directive. Advance Directives include a living will document and a durable power of attorney document.

A living will is written instruction that explains your patient's wishes regarding health care in the case of a terminal illness or any medical procedures that prolong life. A durable power of attorney names a person to make decisions for your patient if he or she becomes unable to do so.

The following links provide you and your patients with free forms to help create an Advance Directive:

<http://www.nlm.nih.gov/medlineplus/advancedirectives.html>

http://www.nia.nih.gov/sites/default/files/End_of_Life_care_0.pdf

<http://aging.utah.edu/programs/utah-coa/directives/>

www.caringinfo.org

For the living will document, your patient will need two witnesses. For a durable power of attorney document, your patient will need valid notarization.

A patient's Advance Directive must be honored to the fullest extent permitted under law. Providers should discuss Advance Directives and provide appropriate medical advice if the patient desires guidance or assistance, including any objections they may have to a patient directive prior to service whenever possible. In no event may any provider refuse to treat a patient or otherwise discriminate against a patient because the patient has completed an Advance Directive. Patients have the right to file a complaint if they are dissatisfied with the handling of an Advance Directive and/or if there is a failure to comply with Advance Directive instructions.

It is helpful to have materials available for patients to take and review at their convenience. Be sure to put a copy of the completed form in a prominent section of the medical record. The medical record should also document if a patient chooses not to execute an Advance Directive. Let your patients know that advance care planning is a part of good health care.

Behavioral Health

Primary Care Providers provide outpatient behavioral health services, within the scope of their practice, and are responsible for coordinating members' physical and behavioral health care, including making referrals to Behavioral Health providers when necessary. If you need assistance with the referral process for Behavioral Health services, please contact the UM Department at (855) 237-6178.



Expectations for Utilization Management Decisions

Our organization wants to make it clear to all of our practitioners and providers who make Utilization Management decisions, that Molina Dual Options adheres to the following:

- Utilization Management decision making is based only on appropriateness of care and service and existence of coverage.
- The organization does not specifically reward practitioners or other individuals for issuing denials of coverage.

Financial incentives for Utilization Management decision makers do not encourage decisions that result in under utilization.

Are You Culturally Competent

The United States is a diverse nation, bringing together people of many different cultures. Culture influences a person's perspectives, values, and behaviors about health and well-being. It is important to understand social and cultural differences to deliver quality healthcare to our members.

What is cultural competency?

Cultural competency is a strategy to reduce disparities in accessing quality health care. This strategy requires an understanding of the cultures of our member population as well as the social, economic and ethnic influences on an individual member's health beliefs and behaviors.

Becoming culturally competent requires sensitivity and awareness of the differences between cultures, and contemplating those differences while providing care.

- Consider a member's background and culture to complete an accurate health assessment.
- Speak in the member's language, or offer translation services to communicate the health assessment.
- Provide treatment plans with respect to the member's culture-based beliefs about health.
- Recognize the significant effect of culture in health outcomes.
- Communicate to our members in a manner that empowers them to take an active role in their health.

Remember, cultural competency is not an ethical nicety; it is a clinical and financial necessity. If you and your staff would like cultural competency training, please contact your Provider Services Representative.

Source: Cultural Competency in Health Care, Mass. General Hospital-Harvard Medical School, 2002.

Source: Six Steps toward Cultural Competency, Minnesota Department of Health, 2000.