

## Diclofenac topical Policy Number: C4962-A

### CRITERIA EFFECTIVE DATES:

ORIGINAL EFFECTIVE DATE	LAST REVIEWED DATE	NEXT REVIEW DATE
6/1/2013	1/1/2019	1/1/2020
J CODE	TYPE OF CRITERIA	LAST P&T APPROVAL
	Pending Q2 Review	Q4

### PRODUCTS AFFECTED:

CapsFenac Pak THPK 1.5 & 0.025%, DermacinRx Analgesic ComboPak KIT 75MG, DermacinRx, Lexitral PharmaPak THPK 1.5 & 0.025%, DFS DR/MS/Menth/Cap Pak KIT 75MG, DFS/MS/Menth/Cap Pak KIT 1.5%, Diclofex DC THPK 1.5 & 0.025%, Diclopak THPK 1.5 & 0.025%, Diclosaicin THPK 1.5 & 0.025%, Flexipak THPK 75 & 0.025MG-%, Inflammacin THPK 75 & 0.025MG-%, Inflamma-K KIT 1.5 & 3.1-6-10%, Inflammation Reduction Pack THPK 75-150-2.5-2.5MG-MG-%-%, NuDiclo SoluPak THPK 1.5 & 0.025%, NuDiclo TabPak THPK 75 & 0.025MG-% NuDroxipAK DSDR-50 KIT 50MG, NuDroxipak DSDR-75 KIT 75MG, Ormeca KIT 3 & 46-0.4-1.1%-MG, PrevidolRx Plus Analgesic THPK 75 & 0.025MG-%, Sure Result DSS Premium Pack THPK 1.5 & 0.025%, Trixylitral THPK 1.5-3.88%, Xelitral THPK 1.5 & 0.025%, Xenaflamm THPK 75 & 0.025MG-%, Diclo Gel KIT 1%, Diclo Gel with Xrylix Sheets THPK 1%. Diclofenac Sodium GEL 1% Diclofenac Sodium GEL 3%, Diclofenac Sodium SOLN 1.5%, Diclofenac Sodium SOLN 1.5% Diclofenac Sodium SOLN 1.5%, Diclofono GEL 1.6%, Diclofono GEL 1.6%, DicloPR KIT 1 & 10-30%, Diclozor THPK 1%, DiThol THPK 1.5-10%, EnovaRX-Diclofenac Sodium CREA 2.5%, Flector PTCH 1.3%, Klofensaid II SOLN 1.5%, Lexixryl THPK 1.5%, Pennsaid SOLN 2%, Rexaphenac CREA 1%, Voltaren GEL 1%, Xrylix THPK 1.5%

### DRUG CLASS:

Anti-inflammatory Agent

### ROUTE OF ADMINISTRATION:

Topical

### PLACE OF SERVICE:

Retail Pharmacy

### AVAILABLE DOSAGE FORMS:

CapsFenac Pak THPK 1.5 & 0.025%, DermacinRx Analgesic ComboPak KIT 75MG, DermacinRx, Lexitral PharmaPak THPK 1.5 & 0.025%, DFS DR/MS/Menth/Cap Pak KIT 75MG, DFS/MS/Menth/Cap Pak KIT 1.5%, Diclofex DC THPK 1.5 & 0.025%, Diclopak THPK 1.5 & 0.025%, Diclosaicin THPK 1.5 & 0.025%, Flexipak THPK 75 & 0.025MG-%, Inflammacin THPK 75 & 0.025MG-%, Inflamma-K KIT 1.5 & 3.1-6-10%, Inflammation Reduction Pack THPK 75-150-2.5-2.5MG-MG-%-%, NuDiclo SoluPak THPK 1.5 & 0.025%, NuDiclo TabPak THPK 75 & 0.025MG-% NuDroxipAK DSDR-50 KIT 50MG, NuDroxipak DSDR-75 KIT 75MG, Ormeca KIT 3 & 46-0.4-1.1%-MG, PrevidolRx Plus Analgesic THPK 75 & 0.025MG-%, Sure Result DSS Premium Pack THPK 1.5 & 0.025%, Trixylitral THPK 1.5-3.88%, Xelitral THPK 1.5 & 0.025%, Xenaflamm THPK 75 & 0.025MG-%, Diclo Gel KIT 1%, Diclo Gel with Xrylix Sheets THPK 1%. Diclofenac Sodium GEL 1% Diclofenac Sodium GEL 3%, Diclofenac Sodium SOLN 1.5%, Diclofenac Sodium SOLN 1.5% Diclofenac Sodium SOLN 1.5%, Diclofono GEL 1.6%, Diclofono GEL 1.6%, DicloPR KIT 1 & 10-30%, Diclozor THPK 1%, DiThol THPK 1.5-10%, EnovaRX-Diclofenac Sodium CREA 2.5%, Flector PTCH 1.3%, Klofensaid II SOLN 1.5%, Lexixryl THPK 1.5%, Pennsaid SOLN 2%, Rexaphenac CREA 1%, Voltaren GEL 1%, Xrylix THPK 1.5%

**FDA-APPROVED USES:**

**Diclofenac sodium 3% gel** is a topical nonsteroidal anti-inflammatory drug (NSAID) indicated for the topical treatment of actinic keratoses (AK)

**Voltaren Gel (diclofenac sodium gel 1%)** is indicated for the relief of pain of osteoarthritis of joints amenable to topical treatment, such as the knees and those of the hands

**Pennsaid (diclofenac solution)** indicated for the treatment of signs and symptoms of osteoarthritis of the knee(s).

**Flector patches (diclofenac epolamine patch) 1.3%** indicated for topical treatment of acute mild pain or moderate pain due to minor strains, sprains, and contusions

**COMPENDIAL APPROVED OFF-LABELED USES: None**

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**COVERAGE CRITERIA: INITIAL AUTHORIZATION**

**DIAGNOSIS:** actinic keratoses (AK) or osteoarthritis

**REQUIRED MEDICAL INFORMATION:****A. ACTINIC KERATOSIS (3% GEL ONLY):**

1. Confirmed diagnosis of actinic keratosis (AK) within the last 365 days  
AND
2. Member has failure, contraindication or intolerance to BOTH Tolak 4% (fluorouracil) cream and imiquimod 5% cream  
AND
3. Member has tried or is not a suitable candidate for laser surgery, electrosurgery, cryosurgery, chemosurgery or surgical curettement in the last 365 days  
AND
4. FOR COMBINATION PRODUCTS REQUESTS: combination products are not covered; Notify prescriber that separate topical products are formulary and are covered when valid prescriptions are presented to the pharmacy.

**B. OSTEOARTHRITIS/ACUTE MILD TO MODERATE PAIN:**

1. Member has a diagnosis osteoarthritis pain susceptible to topical treatment (e.g. knees, hands, feet, elbows, etc)  
AND
2. Documentation of prior adequate trial and failure of 4 formulary NSAIDs (meloxicam, etodolac, nabumetone, ibuprofen, naproxen) or GI intolerance to 2 formulary NSAIDs USED WITH PPI  
AND
3. FOR COMBINATION PRODUCTS REQUESTS: combination products are not covered; Notify prescriber that separate topical products are formulary and are covered when valid prescriptions are presented to the pharmacy.

**DURATION OF APPROVAL:** ACTINIC KERATOSIS (3% GEL ONLY): Initial authorization: 3 months, Continuation of therapy: 2 months OSTEOARTHRITIS/ACUTE MILD TO MODERATE PAIN: Initial authorization: 3 months, Continuation of therapy: 6 months

**QUANTITY:** DICLOFENAC 3%: Up to one 100 gm tube/30 days for UP TO 90 days

**PRESCRIBER REQUIREMENTS:** 3% GEL ONLY: Prescribed by or in consultation with a dermatologist. Consultation notes must be submitted.

**AGE RESTRICTIONS:** 18 years of age and older

**GENDER:**

Male and female

**CONTINUATION OF THERAPY:**

**A. ACTINIC KERATOSIS (3% GEL ONLY):**

1. Member's condition has not worsened while on therapy defined as: Actinic keratosis lesions are larger  
AND
2. Member has been adherent with the medication for 90 days  
AND
3. Member has not developed any contraindications or other significant level 4 adverse drug effects that may exclude continued use: Hematuria, Dyspnea, Pneumonia, Arthralgia

**B. OSTEOARTHRITIS:**

1. Documentation that topical diclofenac has provided improvement in the member's condition

**CONTRAINDICATIONS/EXCLUSIONS/DISCONTINUATION:** All other uses of topical diclofenac are considered experimental/investigational and therefore will follow the Molina Healthcare, Inc. off-label policy.

**OTHER SPECIAL CONSIDERATIONS:** None

**BACKGROUND:**

**Diclofenac sodium 3% gel** has not been shown to be effective, or there are limited or preliminary data or potential safety concerns that are not supportive of general approval for **Osteoarthritis (OA)**. There has been one small, randomized, placebo-controlled study assessing the efficacy of a topical diclofenac 3%/sodium hyaluronate 2.5% gel (Canadian formulation) applied as 2 grams four times daily (QID) to one joint for 2 weeks in patients (n = 119) with uncontrolled OA pain despite chronic ( $\geq 1$  month) oral NSAID use. The effect of topical diclofenac 3%/sodium hyaluronate 2.5% gel in patients who continued their chronic oral NSAID therapy demonstrated only marginally significantly greater analgesic effect than placebo gel: the mean change from baseline in overall pain from OA (using a 5-point scale) was -0.7 vs. -0.4 for topical diclofenac and placebo, respectively (P = 0.0568). Additional data are needed to define the place in therapy of diclofenac sodium 3% gel for the treatment of OA. Other topical agents are indicated for this use.

**APPENDIX:** None

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**REFERENCES:**

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2. Stockfleth E, Ferrandiz C, Grob JJ, et al for the European Skin Academy. Development of a treatment algorithm for actinic keratoses: a European Consensus. Eur J Dermatol. 2008;18(6):651-659.
3. Voltaren® Gel [prescribing information]. Princeton, NJ: Sandoz; April 2016.
4. Flector Patch [package insert]. Bristol, TN: King Pharmaceuticals Inc.; February
5. 2011.
6. Marks S, Varma R, Cantrell W, et al. Diclofenac sodium 3% gel as a potential treatment for disseminated superficial actinic porokeratosis. J Eur Acad Dermatol Venereol. 2009;23(1):42-45.
7. Vlachou C, Kanelleas AI, Martin-Clavijo A, Berth-Jones J. Treatment of disseminated superficial actinic porokeratosis with topical diclofenac gel: a case series. J Eur Acad Dermatol Venereol. 2008;22(11):1343-1345.
8. American Osteopathic College of Dermatology. Disseminated superficial actinic porokeratosis. Available at: [http://www.aocd.org/skin/dermatologic\\_diseases/dsap.html](http://www.aocd.org/skin/dermatologic_diseases/dsap.html).
9. Roth SH. A controlled clinical investigation of 3% diclofenac/2.5% sodium hyaluronate topical gel in the treatment of uncontrolled pain in chronic oral NSAID users with osteoarthritis. Int J Tissue React. 1995;17(4):129-132.