

### **1st Prenatal Visit Timeframe - Existing Members**

#### **Existing Members - Must Complete Visit within 90 Days of Becoming Pregnant**

Please use this calendar as a guide to assisting EXISTING Pregnant Members with scheduling a prenatal visit. At least 1 visit MUST be completed during this timeframe. Visits completed prior to or after this timeframe do not count.

Step 1 - Date of last missed period (LMP) Step 2 - Schedule prenatal visit within correct time frame Step 3 - Instruct member to attend visit as scheduled

January		sit between dates:	February	Schedule Vi		March		sit between dates:	April		isit between dates:	May	l	sit between dates:	June	Schedule Vi these	isit betweer dates:	1
First Day of Last Menstrual Period (LMP)	Beginning of 1st Trimester & Date Member became Pregnant	End of 1st Trimester	First Day of Last Menstrual Period (LMP)	Beginning of 1st Trimester & Date Member became Pregnant	End of 1st Trimester	First Day of Last Menstrual Period (LMP)	Beginning of 1st Trimester & Date Member became Pregnant	End of 1st Trimester	First Day of Last Menstrual Period (LMP)	Beginning of 1st Trimester & Date Member became Pregnant	End of 1st Trimester	First Day of Last Menstrual Period (LMP)	Beginning of 1st Trimester & Date Member became Pregnant	End of 1st Trimester	First Day of Last Menstrual Period (LMP)	Beginning of 1st Trimester & Date Member became Pregnant	End of 1st Trimester	
Jan-1	Jan-15	Apr-15	Feb-1	Feb-15	May-16	Mar-1	Mar-15	Jun-13	Apr-1	Apr-15	Jul-14	May-1	May-15	Aug-13	Jun-1	Jun-15	Sep-13	
Jan-2	Jan-16	Apr-16	Feb-2	Feb-16	May-17	Mar-2	Mar-16	Jun-14	Apr-2	Apr-16	Jul-15	May-2	May-16	Aug-14	Jun-2	Jun-16	Sep-14	
Jan-3	Jan-17	Apr-17	Feb-3	Feb-17	May-18	Mar-3	Mar-17	Jun-15	Apr-3	Apr-17	Jul-16	May-3	May-17	Aug-15	Jun-3	Jun-17	Sep-15	
Jan-4	Jan-18	Apr-18	Feb-4	Feb-18	May-19	Mar-4	Mar-18	Jun-16	Apr-4	Apr-18	Jul-17	May-4	May-18	Aug-16	Jun-4	Jun-18	Sep-16	
Jan-5	Jan-19	Apr-19	Feb-5	Feb-19	May-20	Mar-5	Mar-19	Jun-17	Apr-5	Apr-19	Jul-18	May-5	May-19	Aug-17	Jun-5	Jun-19	Sep-17	
Jan-6	Jan-20	Apr-20	Feb-6	Feb-20	May-21	Mar-6	Mar-20	Jun-18	Apr-6	Apr-20	Jul-19	May-6	May-20	Aug-18	Jun-6	Jun-20	Sep-18	
Jan-7	Jan-21	Apr-21	Feb-7	Feb-21	May-22	Mar-7	Mar-21	Jun-19	Apr-7	Apr-21	Jul-20	May-7	May-21	Aug-19	Jun-7	Jun-21	Sep-19	
Jan-8	Jan-22	Apr-22	Feb-8	Feb-22	May-23	Mar-8	Mar-22	Jun-20	Apr-8	Apr-22	Jul-21	May-8	May-22	Aug-20	Jun-8	Jun-22	Sep-20	
Jan-9	Jan-23	Apr-23	Feb-9	Feb-23	May-24	Mar-9	Mar-23	Jun-21	Apr-9	Apr-23	Jul-22	May-9	May-23	Aug-21	Jun-9	Jun-23	Sep-21	
Jan-10	Jan-24	Apr-24	Feb-10	Feb-24	May-25	Mar-10	Mar-24	Jun-22	Apr-10	Apr-24	Jul-23	May-10	May-24	Aug-22	Jun-10	Jun-24	Sep-22	
Jan-11	Jan-25	Apr-25	Feb-11	Feb-25	May-26	Mar-11	Mar-25	Jun-23	Apr-11	Apr-25	Jul-24	May-11	May-25	Aug-23	Jun-11	Jun-25	Sep-23	
Jan-12	Jan-26	Apr-26	Feb-12	Feb-26	May-27	Mar-12	Mar-26	Jun-24	Apr-12	Apr-26	Jul-25	May-12	May-26	Aug-24	Jun-12	Jun-26	Sep-24	
Jan-13	Jan-27	Apr-27	Feb-13	Feb-27	May-28	Mar-13	Mar-27	Jun-25	Apr-13	Apr-27	Jul-26	May-13	May-27	Aug-25	Jun-13	Jun-27	Sep-25	
Jan-14	Jan-28	Apr-28	Feb-14	Feb-28	May-29	Mar-14	Mar-28	Jun-26	Apr-14	Apr-28	Jul-27	May-14	May-28	Aug-26	Jun-14	Jun-28	Sep-26	
Jan-15	Jan-29	Apr-29	Feb-15	Mar-1	May-30	Mar-15	Mar-29	Jun-27	Apr-15	Apr-29	Jul-28	May-15	May-29	Aug-27	Jun-15	Jun-29	Sep-27	
Jan-16	Jan-30	Apr-30	Feb-16	Mar-2	May-31	Mar-16	Mar-30	Jun-28	Apr-16	Apr-30	Jul-29	May-16	May-30	Aug-28	Jun-16	Jun-30	Sep-28	
Jan-17	Jan-31	May-1	Feb-17	Mar-3	Jun-1	Mar-17	Mar-31	Jun-29	Apr-17	May-1	Jul-30	May-17	May-31	Aug-29	Jun-17	Jul-1	Sep-29	
Jan-18	Feb-1	May-2	Feb-18	Mar-4	Jun-2	Mar-18	Apr-1	Jun-30	Apr-18	May-2	Jul-31	May-18	Jun-1	Aug-30	Jun-18	Jul-2	Sep-30	(
Jan-19	Feb-2	May-3	Feb-19	Mar-5	Jun-3	Mar-19	Apr-2	Jul-1	Apr-19	May-3	Aug-1	May-19	Jun-2	Aug-31	Jun-19	Jul-3	Oct-1	
Jan-20	Feb-3	May-4	Feb-20	Mar-6	Jun-4	Mar-20	Apr-3	Jul-2	Apr-20	May-4	Aug-2	May-20	Jun-3	Sep-1	Jun-20	Jul-4	Oct-2	
Jan-21	Feb-4	May-5	Feb-21	Mar-7	Jun-5	Mar-21	Apr-4	Jul-3	Apr-21	May-5	Aug-3	May-21	Jun-4	Sep-2	Jun-21	Jul-5	Oct-3	
Jan-22	Feb-5	May-6	Feb-22	Mar-8	Jun-6	Mar-22	Apr-5	Jul-4	Apr-22	May-6	Aug-4	May-22	Jun-5	Sep-3	Jun-22	Jul-6	Oct-4	
Jan-23	Feb-6	May-7	Feb-23	Mar-9	Jun-7	Mar-23	Apr-6	Jul-5	Apr-23	May-7	Aug-5	May-23	Jun-6	Sep-4	Jun-23	Jul-7	Oct-5	
Jan-24	Feb-7	May-8	Feb-24	Mar-10	Jun-8	Mar-24	Apr-7	Jul-6	Apr-24	May-8	Aug-6	May-24	Jun-7	Sep-5	Jun-24	Jul-8	Oct-6	
Jan-25	Feb-8	May-9	Feb-25	Mar-11	Jun-9	Mar-25	Apr-8	Jul-7	Apr-25	May-9	Aug-7	May-25	Jun-8	Sep-6	Jun-25	Jul-9	Oct-7	
Jan-26	Feb-9	May-10	Feb-26	Mar-12	Jun-10	Mar-26	Apr-9	Jul-8	Apr-26	May-10	Aug-8	May-26	Jun-9	Sep-7	Jun-26	Jul-10	Oct-8	
Jan-27	Feb-10	May-11	Feb-27	Mar-13	Jun-11	Mar-27	Apr-10	Jul-9	Apr-27	May-11	Aug-9	May-27	Jun-10	Sep-8	Jun-27	Jul-11	Oct-9	
Jan-28	Feb-11	May-12	Feb-28	Mar-14	Jun-12	Mar-28	Apr-11	Jul-10	Apr-28	May-12	Aug-10	May-28	Jun-11	Sep-9	Jun-28	Jul-12	Oct-10	
Jan-29	Feb-12	May-13				Mar-29	Apr-12	Jul-11	Apr-29	May-13	Aug-11	May-29	Jun-12	Sep-10	Jun-29	Jul-13	Oct-11	
Jan-30	Feb-13	May-14				Mar-30	Apr-13	Jul-12	Apr-30	May-14	Aug-12	May-30	Jun-13	Sep-11	Jun-30	Jul-14	Oct-12	
Jan-31	Feb-14	May-15				Mar-31	Apr-14	Jul-13				May-31	Jun-14	Sep-12				

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At least 1 visit MUST be completed during this timeframe. Visits completed prior to or after this timeframe do not count.

Step 1 - Date of last missed period (LMP) 
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Step 3 - Instruct member to attend visit as scheduled

July	Schedule Vi these	sit between dates:	August	Schedule Vis		September	Schedule Vi these	sit between dates:	October	Schedule Vi these	sit between dates:	November	Schedule Vis	sit between dates:	December	Schedule Vi these		
First Day of Last Menstrual Period (LMP)	Beginning of 1st Trimester & Date Member became Pregnant	End of 1st Trimester	First Day of Last Menstrual Period (LMP)	Beginning of 1st Trimester & Date Member became Pregnant	End of 1st Trimester	First Day of Last Menstrual Period (LMP)	Beginning of 1st Trimester & Date Member became Pregnant	End of 1st Trimester	First Day of Last Menstrual Period (LMP)	Beginning of 1st Trimester & Date Member became Pregnant	End of 1st Trimester	First Day of Last Menstrual Period (LMP)	Beginning of 1st Trimester & Date Member became Pregnant	End of 1st Trimester	First Day of Last Menstrual Period (LMP)	Beginning of 1st Trimester & Date Member became Pregnant	End of 1st Trimester	
Jul-1	Jul-15	Oct-13	Aug-1	Aug-15	Nov-13	Sep-1	Sep-15	Dec-14	Oct-1	Oct-15	Jan-13	Nov-1	Nov-15	Feb-13	Dec-1	Dec-15	Mar-15	
Jul-2	Jul-16	Oct-14	Aug-2	Aug-16	Nov-14	Sep-2	Sep-16	Dec-15	Oct-2	Oct-16	Jan-14	Nov-2	Nov-16	Feb-14	Dec-2	Dec-16	Mar-16	
Jul-3	Jul-17	Oct-15	Aug-3	Aug-17	Nov-15	Sep-3	Sep-17	Dec-16	Oct-3	Oct-17	Jan-15	Nov-3	Nov-17	Feb-15	Dec-3	Dec-17	Mar-17	
Jul-4	Jul-18	Oct-16	Aug-4	Aug-18	Nov-16	Sep-4	Sep-18	Dec-17	Oct-4	Oct-18	Jan-16	Nov-4	Nov-18	Feb-16	Dec-4	Dec-18	Mar-18	
Jul-5	Jul-19	Oct-17	Aug-5	Aug-19	Nov-17	Sep-5	Sep-19	Dec-18	Oct-5	Oct-19	Jan-17	Nov-5	Nov-19	Feb-17	Dec-5	Dec-19	Mar-19	
Jul-6	Jul-20	Oct-18	Aug-6	Aug-20	Nov-18	Sep-6	Sep-20	Dec-19	Oct-6	Oct-20	Jan-18	Nov-6	Nov-20	Feb-18	Dec-6	Dec-20	Mar-20	
Jul-7	Jul-21	Oct-19	Aug-7	Aug-21	Nov-19	Sep-7	Sep-21	Dec-20	Oct-7	Oct-21	Jan-19	Nov-7	Nov-21	Feb-19	Dec-7	Dec-21	Mar-21	
Jul-8	Jul-22	Oct-20	Aug-8	Aug-22	Nov-20	Sep-8	Sep-22	Dec-21	Oct-8	Oct-22	Jan-20	Nov-8	Nov-22	Feb-20	Dec-8	Dec-22	Mar-22	
Jul-9	Jul-23	Oct-21	Aug-9	Aug-23	Nov-21	Sep-9	Sep-23	Dec-22	Oct-9	Oct-23	Jan-21	Nov-9	Nov-23	Feb-21	Dec-9	Dec-23	Mar-23	
Jul-10	Jul-24	Oct-22	Aug-10	Aug-24	Nov-22	Sep-10	Sep-24	Dec-23	Oct-10	Oct-24	Jan-22	Nov-10	Nov-24	Feb-22	Dec-10	Dec-24	Mar-24	
Jul-11	Jul-25	Oct-23	Aug-11	Aug-25	Nov-23	Sep-11	Sep-25	Dec-24	Oct-11	Oct-25	Jan-23	Nov-11	Nov-25	Feb-23	Dec-11	Dec-25	Mar-25	
Jul-12	Jul-26	Oct-24	Aug-12	Aug-26	Nov-24	Sep-12	Sep-26	Dec-25	Oct-12	Oct-26	Jan-24	Nov-12	Nov-26	Feb-24	Dec-12	Dec-26	Mar-26	
Jul-13	Jul-27	Oct-25	Aug-13	Aug-27	Nov-25	Sep-13	Sep-27	Dec-26	Oct-13	Oct-27	Jan-25	Nov-13	Nov-27	Feb-25	Dec-13	Dec-27	Mar-27	
Jul-14	Jul-28	Oct-26	Aug-14	Aug-28	Nov-26	Sep-14	Sep-28	Dec-27	Oct-14	Oct-28	Jan-26	Nov-14	Nov-28	Feb-26	Dec-14	Dec-28	Mar-28	
Jul-15	Jul-29	Oct-27	Aug-15	Aug-29	Nov-27	Sep-15	Sep-29	Dec-28	Oct-15	Oct-29	Jan-27	Nov-15	Nov-29	Feb-27	Dec-15	Dec-29	Mar-29	
Jul-16	Jul-30	Oct-28	Aug-16	Aug-30	Nov-28	Sep-16	Sep-30	Dec-29	Oct-16	Oct-30	Jan-28	Nov-16	Nov-30	Feb-28	Dec-16	Dec-30	Mar-30	
Jul-17	Jul-31	Oct-29	Aug-17	Aug-31	Nov-29	Sep-17	Oct-1	Dec-30	Oct-17	Oct-31	Jan-29	Nov-17	Dec-1	Mar-1	Dec-17	Dec-31	Mar-31	
Jul-18	Aug-1	Oct-30	Aug-18	Sep-1	Nov-30	Sep-18	Oct-2	Dec-31	Oct-18	Nov-1	Jan-30	Nov-18	Dec-2	Mar-2	Dec-18	Jan-1	Apr-1	(
Jul-19	Aug-2	Oct-31	Aug-19	Sep-2	Dec-1	Sep-19	Oct-3	Jan-1	Oct-19	Nov-2	Jan-31	Nov-19	Dec-3	Mar-3	Dec-19	Jan-2	Apr-2	
Jul-20	Aug-3	Nov-1	Aug-20	Sep-3	Dec-2	Sep-20	Oct-4	Jan-2	Oct-20	Nov-3	Feb-1	Nov-20	Dec-4	Mar-4	Dec-20	Jan-3	Apr-3	
Jul-21	Aug-4	Nov-2	Aug-21	Sep-4	Dec-3	Sep-21	Oct-5	Jan-3	Oct-21	Nov-4	Feb-2	Nov-21	Dec-5	Mar-5	Dec-21	Jan-4	Apr-4	
Jul-22	Aug-5	Nov-3	Aug-22	Sep-5	Dec-4	Sep-22	Oct-6	Jan-4	Oct-22	Nov-5	Feb-3	Nov-22	Dec-6	Mar-6	Dec-22	Jan-5	Apr-5	
Jul-23	Aug-6	Nov-4	Aug-23	Sep-6	Dec-5	Sep-23	Oct-7	Jan-5	Oct-23	Nov-6	Feb-4	Nov-23	Dec-7	Mar-7	Dec-23	Jan-6	Apr-6	
Jul-24	Aug-7	Nov-5	Aug-24	Sep-7	Dec-6	Sep-24	Oct-8	Jan-6	Oct-24	Nov-7	Feb-5	Nov-24	Dec-8	Mar-8	Dec-24	Jan-7	Apr-7	
Jul-25	Aug-8	Nov-6	Aug-25	Sep-8	Dec-7	Sep-25	Oct-9	Jan-7	Oct-25	Nov-8	Feb-6	Nov-25	Dec-9	Mar-9	Dec-25	Jan-8	Apr-8	
Jul-26	Aug-9	Nov-7	Aug-26	Sep-9	Dec-8	Sep-26	Oct-10	Jan-8	Oct-26	Nov-9	Feb-7	Nov-26	Dec-10	Mar-10	Dec-26	Jan-9	Apr-9	
Jul-27	Aug-10	Nov-8	Aug-27	Sep-10	Dec-9	Sep-27	Oct-11	Jan-9	Oct-27	Nov-10	Feb-8	Nov-27	Dec-11	Mar-11	Dec-27	Jan-10	Apr-10	
Jul-28	Aug-11	Nov-9	Aug-28	Sep-11	Dec-10	Sep-28	Oct-12	Jan-10	Oct-28	Nov-11	Feb-9	Nov-28	Dec-12	Mar-12	Dec-28	Jan-11	Apr-11	
Jul-29	Aug-12	Nov-10	Aug-29	Sep-12	Dec-11	Sep-29	Oct-13	Jan-11	Oct-29	Nov-12	Feb-10	Nov-29	Dec-13	Mar-13	Dec-29	Jan-12	Apr-12	
Jul-30	Aug-13	Nov-11	Aug-30	Sep-13	Dec-12	Sep-30	Oct-14	Jan-12	Oct-30	Nov-13	Feb-11	Nov-30	Dec-14	Mar-14	Dec-30	Jan-13	Apr-13	
Jul-31	Aug-14	Nov-12	Aug-31	Sep-14	Dec-13				Oct-31	Nov-14	Feb-12				Dec-31	Jan-14	Apr-14	



### **1st Prenatal Visit Timeframe - Newly Enrolled Members**

**Newly Enrolled Members - Must Completed Visit in 42 Days** 

Please use this calendar as a guide to assist NEWLY Enrolled Pregnant Members with scheduling a prenatal visit. At least 1 visit MUST be completed during this time frame. Visits completed prior to this time frame do not count.

Step 1 - Date of Enrollment Step 2 - Schedule prenatal visit during correct time frame Step 3 - Instruct member to attend visit as scheduled

January	ary Schedule Visit between these dates:		February		sit between dates:	March		isit between dates:	April	Schedule Visit between these dates:		Mav		sit between dates:	June	Schedule Visit between these dates:	
Date of Enrollment	From	То	Date of Enrollment	From	То	Date of Enrollment	From	То		From	То	Date of Enroll- ment	From	То	Date of Enrollment	From	То
Jan 1	Jan 1	Feb 12	Feb 1	Feb 1	Mar 15	Mar 1	Mar 1	Apr 12	Apr 1	Apr 1	May 13	May 1	May 1	Jun 12	Jun 1	Jun 1	Jul 13
Jan 2	Jan 2	Feb 13	Feb 2	Feb 2	Mar 16	Mar 2	Mar 2	Apr 13	Apr 2	Apr 2	May 14	May 2	May 2	Jun 13	Jun 2	Jun 2	Jul 14
Jan 3	Jan 3	Feb 14	Feb 3	Feb 3	Mar 17	Mar 3	Mar 3	Apr 14	Apr 3	Apr 3	May 15	May 3	May 3	Jun 14	Jun 3	Jun 3	Jul 15
Jan 4	Jan 4	Feb 15	Feb 4	Feb 4	Mar 18	Mar 4	Mar 4	Apr 15	Apr 4	Apr 4	May 16	May 4	May 4	Jun 15	Jun 4	Jun 4	Jul 16
Jan 5	Jan 5	Feb 16	Feb 5	Feb 5	Mar 19	Mar 5	Mar 5	Apr 16	Apr 5	Apr 5	May 17	May 5	May 5	Jun 16	Jun 5	Jun 5	Jul 17
Jan 6	Jan 6	Feb 17	Feb 6	Feb 6	Mar 20	Mar 6	Mar 6	Apr 17	Apr 6	Apr 6	May 18	May 6	May 6	Jun 17	Jun 6	Jun 6	Jul 18
Jan 7	Jan 7	Feb 18	Feb 7	Feb 7	Mar 21	Mar 7	Mar 7	Apr 18	Apr 7	Apr 7	May 19	May 7	May 7	Jun 18	Jun 7	Jun 7	Jul 19
Jan 8	Jan 8	Feb 19	Feb 8	Feb 8	Mar 22	Mar 8	Mar 8	Apr 19	Apr 8	Apr 8	May 20	May 8	May 8	Jun 19	Jun 8	Jun 8	Jul 20
Jan 9	Jan 9	Feb 20	Feb 9	Feb 9	Mar 23	Mar 9	Mar 9	Apr 20	Apr 9	Apr 9	May 21	May 9	May 9	Jun 20	Jun 9	Jun 9	Jul 21
Jan 10	Jan 10	Feb 21	Feb 10	Feb 10	Mar 24	Mar 10	Mar 10	Apr 21	Apr 10	Apr 10	May 22	May 10	May 10	Jun 21	Jun 10	Jun 10	Jul 22
Jan 11	Jan 11	Feb 22	Feb 11	Feb 11	Mar 25	Mar 11	Mar 11	Apr 22	Apr 11	Apr 11	May 23	May 11	May 11	Jun 22	Jun 11	Jun 11	Jul 23
Jan 12	Jan 12	Feb 23	Feb 12	Feb 12	Mar 26	Mar 12	Mar 12	Apr 23	Apr 12	Apr 12	May 24	May 12	May 12	Jun 23	Jun 12	Jun 12	Jul 24
Jan 13	Jan 13	Feb 24	Feb 13	Feb 13	Mar 27	Mar 13	Mar 13	Apr 24	Apr 13	Apr 13	May 25	May 13	May 13	Jun 24	Jun 13	Jun 13	Jul 25
Jan 14	Jan 14	Feb 25	Feb 14	Feb 14	Mar 28	Mar 14	Mar 14	Apr 25	Apr 14	Apr 14	May 26	May 14	May 14	Jun 25	Jun 14	Jun 14	Jul 26
Jan 15	Jan 15	Feb 26	Feb 15	Feb 15	Mar 29	Mar 15	Mar 15	Apr 26	Apr 15	Apr 15	May 27	May 15	May 15	Jun 26	Jun 15	Jun 15	Jul 27
Jan 16	Jan 16	Feb 27	Feb 16	Feb 16	Mar 30	Mar 16	Mar 16	Apr 27	Apr 16	Apr 16	May 28	May 16	May 16	Jun 27	Jun 16	Jun 16	Jul 28
Jan 17	Jan 17	Feb 28	Feb 17	Feb 17	Mar 31	Mar 17	Mar 17	Apr 28	Apr 17	Apr 17	May 29	May 17	May 17	Jun 28	Jun 17	Jun 17	Jul 29
Jan 18	Jan 18	Mar 1	Feb 18	Feb 18	Apr 1	Mar 18	Mar 18	Apr 29	Apr 18	Apr 18	May 30	May 18	May 18	Jun 29	Jun 18	Jun 18	Jul 30
Jan 19	Jan 19	Mar 2	Feb 19	Feb 19	Apr 2	Mar 19	Mar 19	Apr 30	Apr 19	Apr 19	May 31	May 19	May 19	Jun 30	Jun 19	Jun 19	Jul 31
Jan 20	Jan 20	Mar 3	Feb 20	Feb 20	Apr 3	Mar 20	Mar 20	May 1	Apr 20	Apr 20	Jun 1	May 20	May 20	Jul 1	Jun 20	Jun 20	Aug 1
Jan 21	Jan 21	Mar 4	Feb 21	Feb 21	Apr 4	Mar 21	Mar 21	May 2	Apr 21	Apr 21	Jun 2	May 21	May 21	Jul 2	Jun 21	Jun 21	Aug 2
Jan 22	Jan 22	Mar 5	Feb 22	Feb 22	Apr 5	Mar 22	Mar 22	May 3	Apr 22	Apr 22	Jun 3	May 22	May 22	Jul 3	Jun 22	Jun 22	Aug 3
Jan 23	Jan 23	Mar 6	Feb 23	Feb 23	Apr 6	Mar 23	Mar 23	May 4	Apr 23	Apr 23	Jun 4	May 23	May 23	Jul 4	Jun 23	Jun 23	Aug 4
Jan 24	Jan 24	Mar 7	Feb 24	Feb 24	Apr 7	Mar 24	Mar 24	May 5	Apr 24	Apr 24	Jun 5	May 24	May 24	Jul 5	Jun 24	Jun 24	Aug 5
Jan 25	Jan 25	Mar 8	Feb 25	Feb 25	Apr 8	Mar 25	Mar 25	May 6	Apr 25	Apr 25	Jun 6	May 25	May 25	Jul 6	Jun 25	Jun 25	Aug 6
Jan 26	Jan 26	Mar 9	Feb 26	Feb 26	Apr 9	Mar 26	Mar 26	May 7	Apr 26	Apr 26	Jun 7	May 26	May 26	Jul 7	Jun 26	Jun 26	Aug 7
Jan 27	Jan 27	Mar 10	Feb 27	Feb 27	Apr 10	Mar 27	Mar 27	May 8	Apr 27	Apr 27	Jun 8	May 27	May 27	Jul 8	Jun 27	Jun 27	Aug 8
Jan 28	Jan 28	Mar 11	Feb 28	Feb 28	Apr 10	Mar 28	Mar 28	May 9	Apr 28	Apr 28	Jun 9	May 28	May 28	Jul 9	Jun 28	Jun 28	Aug 9
Jan 29	Jan 29	Mar 12	1 05 20	10020	Aprili	Mar 29	Mar 29	May 10	Apr 29	Apr 29	Jun 10	May 29	May 29	Jul 10	Jun 29	Jun 29	Aug 10
Jan 30	Jan 30	Mar 13				Mar 30	Mar 30	May 11	Apr 30	Apr 30	Jun 11	May 30	May 30	Jul 11	Jun 30	Jun 30	Aug 10
Jan 31	Jan 31	Mar 14				Mar 31	Mar 31	May 12	Aprioo	Apr 00	oun ii	May 31	May 31	Jul 12	Juli 00	oun oo	Aug II

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### **1st Prenatal Visit Timeframe - Newly Enrolled Members**

**Newly Enrolled Members - Must Completed Visit in 42 Days** 

Please use this calendar as a guide to assist NEWLY Enrolled Pregnant Members with scheduling a prenatal visit. At least 1 visit MUST be completed during this time frame. Visits completed prior to this time frame do not count.

Step 1 - Date of Enrollment Step 2 - Schedule prenatal visit during correct time frame Step 3 - Instruct member to attend visit as scheduled

July	Schedule Visit between these dates:		August	Schedule Visit between these dates:		September	Schedule Visit between these dates:		October	Schedule Visit between these dates:		November Schedule Visit between these dates:		December Schedule Visit			
Date of Enrollment	From	То		From	То	Date of Enrollment	From	То									
Jul 1	Jul 1	Aug 12	Aug 1	Aug 1	Sep 12	Sep 1	Sep 1	Oct 13	Oct 1	Oct 1	Nov 12	Nov 1	Nov 1	Dec 13	Dec 1	Dec 1	Jan 12
Jul 2	Jul 2	Aug 13	Aug 2	Aug 2	Sep 13	Sep 2	Sep 2	Oct 14	Oct 2	Oct 2	Nov 13	Nov 2	Nov 2	Dec 14	Dec 2	Dec 2	Jan 13
Jul 3	Jul 3	Aug 14	Aug 3	Aug 3	Sep 14	Sep 3	Sep 3	Oct 15	Oct 3	Oct 3	Nov 14	Nov 3	Nov 3	Dec 15	Dec 3	Dec 3	Jan 14
Jul 4	Jul 4	Aug 15	Aug 4	Aug 4	Sep 15	Sep 4	Sep 4	Oct 16	Oct 4	Oct 4	Nov 15	Nov 4	Nov 4	Dec 16	Dec 4	Dec 4	Jan 15
Jul 5	Jul 5	Aug 16	Aug 5	Aug 5	Sep 16	Sep 5	Sep 5	Oct 17	Oct 5	Oct 5	Nov 16	Nov 5	Nov 5	Dec 17	Dec 5	Dec 5	Jan 16
Jul 6	Jul 6	Aug 17	Aug 6	Aug 6	Sep 17	Sep 6	Sep 6	Oct 18	Oct 6	Oct 6	Nov 17	Nov 6	Nov 6	Dec 18	Dec 6	Dec 6	Jan 17
Jul 7	Jul 7	Aug 18	Aug 7	Aug 7	Sep 18	Sep 7	Sep 7	Oct 19	Oct 7	Oct 7	Nov 18	Nov 7	Nov 7	Dec 19	Dec 7	Dec 7	Jan 18
Jul 8	Jul 8	Aug 19	Aug 8	Aug 8	Sep 19	Sep 8	Sep 8	Oct 20	Oct 8	Oct 8	Nov 19	Nov 8	Nov 8	Dec 20	Dec 8	Dec 8	Jan 19
Jul 9	Jul 9	Aug 20	Aug 9	Aug 9	Sep 20	Sep 9	Sep 9	Oct 21	Oct 9	Oct 9	Nov 20	Nov 9	Nov 9	Dec 21	Dec 9	Dec 9	Jan 20
Jul 10	Jul 10	Aug 21	Aug 10	Aug 10	Sep 21	Sep 10	Sep 10	Oct 22	Oct 10	Oct 10	Nov 21	Nov 10	Nov 10	Dec 22	Dec 10	Dec 10	Jan 21
Jul 11	Jul 11	Aug 22	Aug 11	Aug 11	Sep 22	Sep 11	Sep 11	Oct 23	Oct 11	Oct 11	Nov 22	Nov 11	Nov 11	Dec 23	Dec 11	Dec 11	Jan 22
Jul 12	Jul 12	Aug 23	Aug 12	Aug 12	Sep 23	Sep 12	Sep 12	Oct 24	Oct 12	Oct 12	Nov 23	Nov 12	Nov 12	Dec 24	Dec 12	Dec 12	Jan 23
Jul 13	Jul 13	Aug 24	Aug 13	Aug 13	Sep 24	Sep 13	Sep 13	Oct 25	Oct 13	Oct 13	Nov 24	Nov 13	Nov 13	Dec 25	Dec 13	Dec 13	Jan 24
Jul 14	Jul 14	Aug 25	Aug 14	Aug 14	Sep 25	Sep 14	Sep 14	Oct 26	Oct 14	Oct 14	Nov 25	Nov 14	Nov 14	Dec 26	Dec 14	Dec 14	Jan 25
Jul 15	Jul 15	Aug 26	Aug 15	Aug 15	Sep 26	Sep 15	Sep 15	Oct 27	Oct 15	Oct 15	Nov 26	Nov 15	Nov 15	Dec 27	Dec 15	Dec 15	Jan 26
Jul 16	Jul 16	Aug 27	Aug 16	Aug 16	Sep 27	Sep 16	Sep 16	Oct 28	Oct 16	Oct 16	Nov 27	Nov 16	Nov 16	Dec 28	Dec 16	Dec 16	Jan 27
Jul 17	Jul 17	Aug 28	Aug 17	Aug 17	Sep 28	Sep 17	Sep 17	Oct 29	Oct 17	Oct 17	Nov 28	Nov 17	Nov 17	Dec 29	Dec 17	Dec 17	Jan 28
Jul 18	Jul 18	Aug 29	Aug 18	Aug 18	Sep 29	Sep 18	Sep 18	Oct 30	Oct 18	Oct 18	Nov 29	Nov 18	Nov 18	Dec 30	Dec 18	Dec 18	Jan 29
Jul 19	Jul 19	Aug 30	Aug 19	Aug 19	Sep 30	Sep 19	Sep 19	Oct 31	Oct 19	Oct 19	Nov 30	Nov 19	Nov 19	Dec 31	Dec 19	Dec 19	Jan 30
Jul 20	Jul 20	Aug 31	Aug 20	Aug 20	Oct 1	Sep 20	Sep 20	Nov 1	Oct 20	Oct 20	Dec 1	Nov 20	Nov 20	Jan 1	Dec 20	Dec 20	Jan 31
Jul 21	Jul 21	Sep 1	Aug 21	Aug 21	Oct 2	Sep 21	Sep 21	Nov 2	Oct 21	Oct 21	Dec 2	Nov 21	Nov 21	Jan 2	Dec 21	Dec 21	Feb 1
Jul 22	Jul 22	Sep 2	Aug 22	Aug 22	Oct 3	Sep 22	Sep 22	Nov 3	Oct 22	Oct 22	Dec 3	Nov 22	Nov 22	Jan 3	Dec 22	Dec 22	Feb 2
Jul 23	Jul 23	Sep 3	Aug 23	Aug 23	Oct 4	Sep 23	Sep 23	Nov 4	Oct 23	Oct 23	Dec 4	Nov 23	Nov 23	Jan 4	Dec 23	Dec 23	Feb 3
Jul 24	Jul 24	Sep 4	Aug 24	Aug 24	Oct 5	Sep 24	Sep 24	Nov 5	Oct 24	Oct 24	Dec 5	Nov 24	Nov 24	Jan 5	Dec 24	Dec 24	Feb 4
Jul 25	Jul 25	Sep 5	Aug 25	Aug 25	Oct 6	Sep 25	Sep 25	Nov 6	Oct 25	Oct 25	Dec 6	Nov 25	Nov 25	Jan 6	Dec 25	Dec 25	Feb 5
Jul 26	Jul 26	Sep 6	Aug 26	Aug 26	Oct 7	Sep 26	Sep 26	Nov 7	Oct 26	Oct 26	Dec 7	Nov 26	Nov 26	Jan 7	Dec 26	Dec 26	Feb 6
Jul 27	Jul 27	Sep 7	Aug 27	Aug 27	Oct 8	Sep 27	Sep 27	Nov 8	Oct 27	Oct 27	Dec 8	Nov 27	Nov 27	Jan 8	Dec 27	Dec 27	Feb 7
Jul 28	Jul 28	Sep 8	Aug 28	Aug 28	Oct 9	Sep 28	Sep 28	Nov 9	Oct 28	Oct 28	Dec 9	Nov 28	Nov 28	Jan 9	Dec 28	Dec 28	Feb 8
Jul 29	Jul 29	Sep 9	Aug 29	Aug 29	Oct 10	Sep 29	Sep 29	Nov 10	Oct 29	Oct 29	Dec 10	Nov 29	Nov 29	Jan 10	Dec 29	Dec 29	Feb 9
Jul 30	Jul 30	Sep 10	Aug 30	Aug 30	Oct 11	Sep 30	Sep 30	Nov 11	Oct 30	Oct 30	Dec 11	Nov 30	Nov 30	Jan 11	Dec 30	Dec 30	Feb 10
Jul 31	Jul 31	Sep 11	Aug 31	Aug 31	Oct 12				Oct 31	Oct 31	Dec 12				Dec 31	Dec 31	Feb 11



# **Postpartum Visit Timeframe**

All Members - Must Complete Postpartum exam 21-56 days after delivering their baby. No exceptions.

Please use this calendar as a guide to assist Members with scheduling a postpartum visit. The visit MUST be completed during this time frame.

Step 1 - Date Member Delivered Step 2 - Schedule postpartum visit during correct time frame Step 3 - Instruct member to attend visit as scheduled

January		isit between dates:	February Schedule Visit between these dates:		March	Schedule Visit between these dates:		April	Schedule Visit between these dates:		May	May Schedule Visit between these dates:		June		isit between dates:	
Date of Delivery	From	То	Date of Delivery	From	То	Date of Delivery	From	То	Date of Delivery	From	То	Date of Delivery	From	То	Date of Delivery	From	То
Jan 1	Jan 22	Feb 26	Feb 1	Feb 22	Mar 29	Mar 1	Mar 22	Apr 26	Apr 1	Apr 22	May 27	May 1	May 22	Jun 26	Jun 1	Jun 22	Jul 27
Jan 2	Jan 23	Feb 27	Feb 2	Feb 23	Mar 30	Mar 2	Mar 23	Apr 27	Apr 2	Apr 23	May 28	May 2	May 23	Jun 27	Jun 2	Jun 23	Jul 28
Jan 3	Jan 24	Feb 28	Feb 3	Feb 24	Mar 31	Mar 3	Mar 24	Apr 28	Apr 3	Apr 24	May 29	May 3	May 24	Jun 28	Jun 3	Jun 24	Jul 29
Jan 4	Jan 25	Mar 1	Feb 4	Feb 25	Apr 1	Mar 4	Mar 25	Apr 29	Apr 4	Apr 25	May 30	May 4	May 25	Jun 29	Jun 4	Jun 25	Jul 30
Jan 5	Jan 26	Mar 2	Feb 5	Feb 26	Apr 2	Mar 5	Mar 26	Apr 30	Apr 5	Apr 26	May 31	May 5	May 26	Jun 30	Jun 5	Jun 26	Jul 31
Jan 6	Jan 27	Mar 3	Feb 6	Feb 27	Apr 3	Mar 6	Mar 27	May 1	Apr 6	Apr 27	Jun 1	May 6	May 27	Jul 1	Jun 6	Jun 27	Aug 1
Jan 7	Jan 28	Mar 4	Feb 7	Feb 28	Apr 4	Mar 7	Mar 28	May 2	Apr 7	Apr 28	Jun 2	May 7	May 28	Jul 2	Jun 7	Jun 28	Aug 2
Jan 8	Jan 29	Mar 5	Feb 8	Mar 1	Apr 5	Mar 8	Mar 29	May 3	Apr 8	Apr 29	Jun 3	May 8	May 29	Jul 3	Jun 8	Jun 29	Aug 3
Jan 9	Jan 30	Mar 6	Feb 9	Mar 2	Apr 6	Mar 9	Mar 30	May 4	Apr 9	Apr 30	Jun 4	May 9	May 30	Jul 4	Jun 9	Jun 30	Aug 4
Jan 10	Jan 31	Mar 7	Feb 10	Mar 3	Apr 7	Mar 10	Mar 31	May 5	Apr 10	May 1	Jun 5	May 10	May 31	Jul 5	Jun 10	Jul 1	Aug 5
Jan 11	Feb 1	Mar 8	Feb 11	Mar 4	Apr 8	Mar 11	Apr 1	May 6	Apr 11	May 2	Jun 6	May 11	Jun 1	Jul 6	Jun 11	Jul 2	Aug 6
Jan 12	Feb 2	Mar 9	Feb 12	Mar 5	Apr 9	Mar 12	Apr 2	May 7	Apr 12	May 3	Jun 7	May 12	Jun 2	Jul 7	Jun 12	Jul 3	Aug 7
Jan 13	Feb 3	Mar 10	Feb 13	Mar 6	Apr 10	Mar 13	Apr 3	May 8	Apr 13	May 4	Jun 8	May 13	Jun 3	Jul 8	Jun 13	Jul 4	Aug 8
Jan 14	Feb 4	Mar 11	Feb 14	Mar 7	Apr 11	Mar 14	Apr 4	May 9	Apr 14	May 5	Jun 9	May 14	Jun 4	Jul 9	Jun 14	Jul 5	Aug 9
Jan 15	Feb 5	Mar 12	Feb 15	Mar 8	Apr 12	Mar 15	Apr 5	May 10	Apr 15	May 6	Jun 10	May 15	Jun 5	Jul 10	Jun 15	Jul 6	Aug 10
Jan 16	Feb 6	Mar 13	Feb 16	Mar 9	Apr 13	Mar 16	Apr 6	May 11	Apr 16	May 7	Jun 11	May 16	Jun 6	Jul 11	Jun 16	Jul 7	Aug 11
Jan 17	Feb 7	Mar 14	Feb 17	Mar 10	Apr 14	Mar 17	Apr 7	May 12	Apr 17	May 8	Jun 12	May 17	Jun 7	Jul 12	Jun 17	Jul 8	Aug 12
Jan 18	Feb 8	Mar 15	Feb 18	Mar 11	Apr 15	Mar 18	Apr 8	May 13	Apr 18	May 9	Jun 13	May 18	Jun 8	Jul 13	Jun 18	Jul 9	Aug 13
Jan 19	Feb 9	Mar 16	Feb 19	Mar 12	Apr 16	Mar 19	Apr 9	May 14	Apr 19	May 10	Jun 14	May 19	Jun 9	Jul 14	Jun 19	Jul 10	Aug 14
Jan 20	Feb 10	Mar 17	Feb 20	Mar 13	Apr 17	Mar 20	Apr 10	May 15	Apr 20	May 11	Jun 15	May 20	Jun 10	Jul 15	Jun 20	Jul 11	Aug 15
Jan 21	Feb 11	Mar 18	Feb 21	Mar 14	Apr 18	Mar 21	Apr 11	May 16	Apr 21	May 12	Jun 16	May 21	Jun 11	Jul 16	Jun 21	Jul 12	Aug 16
Jan 22	Feb 12	Mar 19	Feb 22	Mar 15	Apr 19	Mar 22	Apr 12	May 17	Apr 22	May 13	Jun 17	May 22	Jun 12	Jul 17	Jun 22	Jul 13	Aug 17
Jan 23	Feb 13	Mar 20	Feb 23	Mar 16	Apr 20	Mar 23	Apr 13	May 18	Apr 23	May 14	Jun 18	May 23	Jun 13	Jul 18	Jun 23	Jul 14	Aug 18
Jan 24	Feb 14	Mar 21	Feb 24	Mar 17	Apr 21	Mar 24	Apr 14	May 19	Apr 24	May 15	Jun 19	May 24	Jun 14	Jul 19	Jun 24	Jul 15	Aug 19
Jan 25	Feb 15	Mar 22	Feb 25	Mar 18	Apr 22	Mar 25	Apr 15	May 20	Apr 25	May 16	Jun 20	May 25	Jun 15	Jul 20	Jun 25	Jul 16	Aug 20
Jan 26	Feb 16	Mar 23	Feb 26	Mar 19	Apr 23	Mar 26	Apr 16	May 21	Apr 26	May 17	Jun 21	May 26	Jun 16	Jul 21	Jun 26	Jul 17	Aug 21
Jan 27	Feb 17	Mar 24	Feb 27	Mar 20	Apr 24	Mar 27	Apr 17	May 22	Apr 27	May 18	Jun 22	May 27	Jun 17	Jul 22	Jun 27	Jul 18	Aug 22
Jan 28	Feb 18	Mar 25	Feb 28	Mar 21	Apr 25	Mar 28	Apr 18	May 23	Apr 28	May 19	Jun 23	May 28	Jun 18	Jul 23	Jun 28	Jul 19	Aug 23
Jan 29	Feb 19	Mar 26				Mar 29	Apr 19	May 24	Apr 29	May 20	Jun 24	May 29	Jun 19	Jul 24	Jun 29	Jul 20	Aug 24
Jan 30	Feb 20	Mar 27				Mar 30	Apr 20	May 25	Apr 30	May 21	Jun 25	May 30	Jun 20	Jul 25	Jun 30	Jul 21	Aug 25
Jan 31	Feb 21	Mar 28				Mar 31	Apr 21	May 26				May 31	Jun 21	Jul 26			

MHT-3876CORP0214-1



# **Postpartum Visit Timeframe**

All Members - Must Complete Postpartum exam 21-56 days after delivering their baby. No exceptions.

Please use this calendar as a guide to assist Members with scheduling a postpartum visit. The visit MUST be completed during this time frame.

Step 1 - Date Member Delivered Step 2 - Schedule postpartum visit during correct time frame Step 3 - Instruct member to attend visit as scheduled

July	Schedule Visit between these dates:		August	Schedule Vi these	sit between dates:	September	Schedule Visit between these dates:		October	Schedule Visit between these dates:		November Schedule Visit between these dates:			December		chedule Visit between these dates:	
Date of Delivery	From	То	Date of Delivery	From	То	Date of Delivery	From	То	Date of Delivery	From	То	Date of Delivery	From	То	Date of Delivery	From	То	
Jul 1	Jul 22	Aug 26	Aug 1	Aug 22	Sep 26	Sep 1	Sep 22	Oct 27	Oct 1	Oct 22	Nov 26	Nov 1	Nov 22	Dec 27	Dec 1	Dec 22	Jan 26	
Jul 2	Jul 23	Aug 27	Aug 2	Aug 23	Sep 27	Sep 2	Sep 23	Oct 28	Oct 2	Oct 23	Nov 27	Nov 2	Nov 23	Dec 28	Dec 2	Dec 23	Jan 27	
Jul 3	Jul 24	Aug 28	Aug 3	Aug 24	Sep 28	Sep 3	Sep 24	Oct 29	Oct 3	Oct 24	Nov 28	Nov 3	Nov 24	Dec 29	Dec 3	Dec 24	Jan 28	
Jul 4	Jul 25	Aug 29	Aug 4	Aug 25	Sep 29	Sep 4	Sep 25	Oct 30	Oct 4	Oct 25	Nov 29	Nov 4	Nov 25	Dec 30	Dec 4	Dec 25	Jan 29	
Jul 5	Jul 26	Aug 30	Aug 5	Aug 26	Sep 30	Sep 5	Sep 26	Oct 31	Oct 5	Oct 26	Nov 30	Nov 5	Nov 26	Dec 31	Dec 5	Dec 26	Jan 30	
Jul 6	Jul 27	Aug 31	Aug 6	Aug 27	Oct 1	Sep 6	Sep 27	Nov 1	Oct 6	Oct 27	Dec 1	Nov 6	Nov 27	Jan 1	Dec 6	Dec 27	Jan 31	
Jul 7	Jul 28	Sep 1	Aug 7	Aug 28	Oct 2	Sep 7	Sep 28	Nov 2	0ct 7	Oct 28	Dec 2	Nov 7	Nov 28	Jan 2	Dec 7	Dec 28	Feb 1	
Jul 8	Jul 29	Sep 2	Aug 8	Aug 29	Oct 3	Sep 8	Sep 29	Nov 3	Oct 8	Oct 29	Dec 3	Nov 8	Nov 29	Jan 3	Dec 8	Dec 29	Feb 2	
Jul 9	Jul 30	Sep 3	Aug 9	Aug 30	0ct 4	Sep 9	Sep 30	Nov 4	Oct 9	Oct 30	Dec 4	Nov 9	Nov 30	Jan 4	Dec 9	Dec 30	Feb 3	
Jul 10	Jul 31	Sep 4	Aug 10	Aug 31	Oct 5	Sep 10	Oct 1	Nov 5	Oct 10	Oct 31	Dec 5	Nov 10	Dec 1	Jan 5	Dec 10	Dec 31	Feb 4	
Jul 11	Aug 1	Sep 5	Aug 11	Sep 1	Oct 6	Sep 11	Oct 2	Nov 6	Oct 11	Nov 1	Dec 6	Nov 11	Dec 2	Jan 6	Dec 11	Jan 1	Feb 5	
Jul 12	Aug 2	Sep 6	Aug 12	Sep 2	0ct 7	Sep 12	Oct 3	Nov 7	Oct 12	Nov 2	Dec 7	Nov 12	Dec 3	Jan 7	Dec 12	Jan 2	Feb 6	
Jul 13	Aug 3	Sep 7	Aug 13	Sep 3	Oct 8	Sep 13	Oct 4	Nov 8	Oct 13	Nov 3	Dec 8	Nov 13	Dec 4	Jan 8	Dec 13	Jan 3	Feb 7	
Jul 14	Aug 4	Sep 8	Aug 14	Sep 4	Oct 9	Sep 14	0ct 5	Nov 9	Oct 14	Nov 4	Dec 9	Nov 14	Dec 5	Jan 9	Dec 14	Jan 4	Feb 8	
Jul 15	Aug 5	Sep 9	Aug 15	Sep 5	Oct 10	Sep 15	Oct 6	Nov 10	Oct 15	Nov 5	Dec 10	Nov 15	Dec 6	Jan 10	Dec 15	Jan 5	Feb 9	
Jul 16	Aug 6	Sep 10	Aug 16	Sep 6	Oct 11	Sep 16	0ct 7	Nov 11	Oct 16	Nov 6	Dec 11	Nov 16	Dec 7	Jan 11	Dec 16	Jan 6	Feb 10	
Jul 17	Aug 7	Sep 11	Aug 17	Sep 7	Oct 12	Sep 17	Oct 8	Nov 12	Oct 17	Nov 7	Dec 12	Nov 17	Dec 8	Jan 12	Dec 17	Jan 7	Feb 11	
Jul 18	Aug 8	Sep 12	Aug 18	Sep 8	Oct 13	Sep 18	Oct 9	Nov 13	Oct 18	Nov 8	Dec 13	Nov 18	Dec 9	Jan 13	Dec 18	Jan 8	Feb 12	
Jul 19	Aug 9	Sep 13	Aug 19	Sep 9	Oct 14	Sep 19	Oct 10	Nov 14	Oct 19	Nov 9	Dec 14	Nov 19	Dec 10	Jan 14	Dec 19	Jan 9	Feb 13	
Jul 20	Aug 10	Sep 14	Aug 20	Sep 10	Oct 15	Sep 20	Oct 11	Nov 15	Oct 20	Nov 10	Dec 15	Nov 20	Dec 11	Jan 15	Dec 20	Jan 10	Feb 14	
Jul 21	Aug 11	Sep 15	Aug 21	Sep 11	Oct 16	Sep 21	Oct 12	Nov 16	Oct 21	Nov 11	Dec 16	Nov 21	Dec 12	Jan 16	Dec 21	Jan 11	Feb 15	
Jul 22	Aug 12	Sep 16	Aug 22	Sep 12	Oct 17	Sep 22	Oct 13	Nov 17	Oct 22	Nov 12	Dec 17	Nov 22	Dec 13	Jan 17	Dec 22	Jan 12	Feb 16	
Jul 23	Aug 13	Sep 17	Aug 23	Sep 13	Oct 18	Sep 23	Oct 14	Nov 18	Oct 23	Nov 13	Dec 18	Nov 23	Dec 14	Jan 18	Dec 23	Jan 13	Feb 17	
Jul 24	Aug 14	Sep 18	Aug 24	Sep 14	Oct 19	Sep 24	Oct 15	Nov 19	Oct 24	Nov 14	Dec 19	Nov 24	Dec 15	Jan 19	Dec 24	Jan 14	Feb 18	
Jul 25	Aug 15	Sep 19	Aug 25	Sep 15	Oct 20	Sep 25	Oct 16	Nov 20	Oct 25	Nov 15	Dec 20	Nov 25	Dec 16	Jan 20	Dec 25	Jan 15	Feb 19	
Jul 26	Aug 16	Sep 20	Aug 26	Sep 16	Oct 21	Sep 26	Oct 17	Nov 21	Oct 26	Nov 16	Dec 21	Nov 26	Dec 17	Jan 21	Dec 26	Jan 16	Feb 20	
Jul 27	Aug 17	Sep 21	Aug 27	Sep 17	Oct 22	Sep 27	Oct 18	Nov 22	Oct 27	Nov 17	Dec 22	Nov 27	Dec 18	Jan 22	Dec 27	Jan 17	Feb 21	
Jul 28	Aug 18	Sep 22	Aug 28	Sep 18	Oct 23	Sep 28	Oct 19	Nov 23	Oct 28	Nov 18	Dec 23	Nov 28	Dec 19	Jan 23	Dec 28	Jan 18	Feb 22	
Jul 29	Aug 19	Sep 23	Aug 29	Sep 19	Oct 24	Sep 29	Oct 20	Nov 24	Oct 29	Nov 19	Dec 24	Nov 29	Dec 20	Jan 24	Dec 29	Jan 19	Feb 23	
Jul 30	Aug 20	Sep 24	Aug 30	Sep 20	Oct 25	Sep 30	Oct 21	Nov 25	Oct 30	Nov 20	Dec 25	Nov 30	Dec 21	Jan 25	Dec 30	Jan 20	Feb 24	
Jul 31	Aug 21	Sep 25	Aug 31	Sep 21	Oct 26				Oct 31	Nov 21	Dec 26				Dec 31	Jan 21	Feb 25	