## Introducing

### Molina Medical at Compass Health



**TO:** Primary Care Providers

**FROM:** Molina Healthcare of Washington, Inc. (Molina Healthcare)

**DATE:** January 2010

**SUBJECT:** Molina-Compass Healthcare Home

In collaboration with Compass Behavioral Health, Molina Healthcare of Washington will launch Molina Medical at Compass Health, a new primary care medical clinic located at the Bailey Center campus of Compass Health in Everett, effective February 2010. This partnership establishes a Person-Centered Healthcare Home dedicated to serving the primary care medical needs of those with severe mental illness (SMI) and members of the Washington Medicaid Integration Partnership (WMIP). It is our joint mission to improve the physical health, longevity, and quality of care for the SMI population. We will do so with improved care coordination between medical, mental health, and chemical dependency services. To achieve this goal, we are reaching out to our Primary Care Physician partners for patient referrals. Patients appropriate to refer to the new clinic are those Medicaid-eligible clients covered by Molina Healthcare that meet the following SMI definition:

Severe mental illness refers to the presence of a severe psychiatric disorder (including schizophrenia, schizoaffective disorder, major depression, bipolar disorder, posttraumatic stress disorder, and eating disorders) that may be accompanied by significant functional impairment, disruption of normal life tasks, periods of hospitalization, substance abuse, and the need for long-term use of psychotropic medication.

Managing these issues within your practice can be time and resource intensive. We would like to assist you in making a transition that is most beneficial to you and your patients. If you currently have Molina Healthcare patients that meet the above criteria and you feel they would benefit from accessing services at Molina Medical at Compass Health, please discuss this with your patient at their next appointment. If your patient agrees, please complete and fax the attached PCP change request form. The change will be effective February 1, 2010 when the clinic is scheduled to open. If the change request form is received after February 1, 2010 the PCP change will be made effective the date of receipt.

If you have patients who meet the above criteria, but are not currently a Molina Healthcare member you can share the attached potential member letter with them.

Thank you for your continued service to Molina Healthcare members and your support in this important and needed endeavor. If you would like more information regarding Molina Medical at Compass Health, please visit our website at www.molinahealthcare.com/medicaid/providers/wa or contact Provider Services at (800) 745-4044.



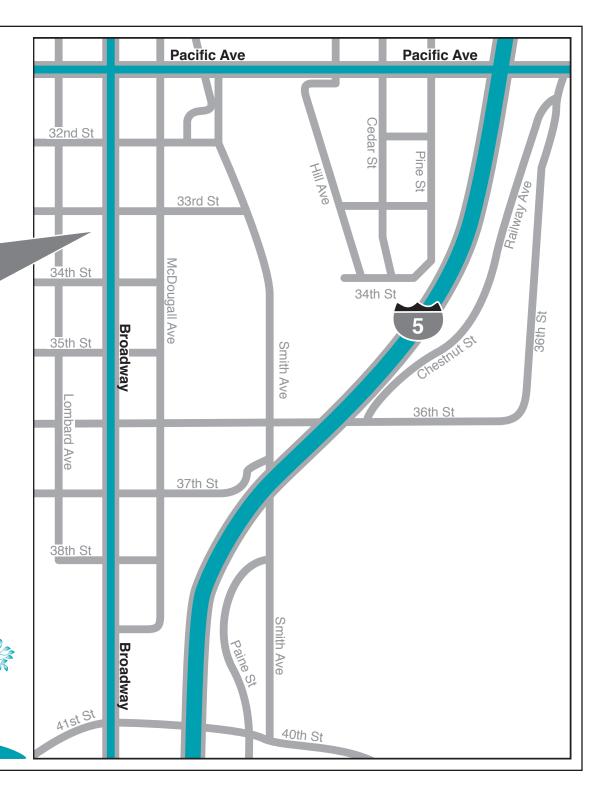












Dr. Tocher is recognized as a visionary healthcare leader in Snohomish County and brings a wealth of experience and creativity to our clinic."

-Glen Bogner, President, Molina Healthcare of Washington

### Thomas M. Tocher, M.D.



Dr. Thomas M. Tocher is the primary care physician for Molina Medical at Compass Health. As a board certified internal medicine physician, Dr. Tocher brings more than 22 years of medical expertise and significant experience working with refugees, ethnic minorities, and homeless and mentally ill patients.

His prior professional experience includes numerous leadership positions at Community Health Center of Snohomish County, including

a prominent role as Director of Medical Service. Previously he has served as an internist for Eastside Community Health Center in King County and a locum tenens physician at Group Health Cooperative.

Dr. Tocher holds a B.S. from Seattle University, a medical degree from the University of Washington School of Medicine and a Master of Public Health from the University of Washington School of Public Health. He is a diplomate of the American Board of Internal Medicine and a fellow in the American College of Physicians.

Dr. Tocher received his postgraduate medical education at the University of Colorado Health Sciences Center in Denver, completing his internship and residency in the internal medicine primary care track.

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# Molina Medical at Compass Health:

A Person-Centered Healthcare Home













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# Molina Medical at Compass Health: A Person-Centered Healthcare Home

#### A Ground-Breaking Concept in Coordinated Care



Bringing to life the concept of a *Person-Centered Healthcare Home*, Molina Healthcare and Compass Health are launching *Molina Medical at Compass Health*, a revolutionary new treatment center focused on integrating primary care and behavioral health services. This unique new center brings together the distinctive strengths of Compass Health, the primary behavioral healthcare provider in Snohomish, Skagit, San Juan and Island Counties, and Molina Healthcare, Washington's leading Medicaid services provider.

### **Treating People with Severe Mental Illness (SMI)**

Employing a distinctive multi-disciplinary approach, *Molina Medical at Compass Health* will implement coordinated care for people with SMI\* by co-locating a primary care and behavioral health team within a single campus. The care management team will provide primary care, including assessing risks for chronic health conditions, facilitating consultations for mental health and chemical dependency services, and focusing on a holistic approach to providing care.



### \* Severe Mental Illness refers to the presence of a severe psychiatric disorder (including schizophrenia, schizoaffective disorder, major depression, bipolar disorder, posttraumatic stress disorder, and eating disorders) that may be accompanied by significant functional impairment, disruption of normal life tasks, periods of hospitalization, substance abuse, and the need for long-term use of psychotropic medication.

### A Strategic Solution That Delivers Value

By providing people with SMI access to a physical healthcare provider and coordinated care management, *Molina Medical at Compass Health* becomes part of a broader solution for supporting improved health outcomes and serves as a *Person-Centered Healthcare Home* providing:



- Increased access to a primary care physician
- Enhanced quality of care through the integration of physical health, mental health and chemical dependency services
- Coordinated care that links multiple programs for holistic patient care
- Increased patient self-management through a primary care team, a nurse manager and a mental health team
- Increased identification of substance abuse disorders and referral for appropriate intervention

Molina Medical at Compass Health

3322 Broadway, Everett, WA 98201 (425) 249-4822

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