Molina Healthcare Coding Education Is There A Code for High Homocysteine Levels?



The cardiologist ordered a homocysteine level and it was high. Can I code for a high level?

Yes.

If a level was obtained in the past, you may use ICD-10 code **E72.11** in **ICD-10** and **270.4** in **ICD-9** (Disturbance sulfur bearing amino-acid metabolism, hyperhomocysteinemia)

NOTE: Treating homocysteine levels is currently **not** recommended by UpToDate (UTD)*

- Mild elevation in homosysteine levels are common, and seen in about 5% to 7% of the general population
- Mounting evidence suggests that moderate hyperhomocysteinemia is an independent risk factor for atherosclerotic vascular disease and for recurrent venous thromboembolism
- Cigarette smoking and renal failure can elevate homocysteine levels
- Treatment has not been demonstrated to effect mortality

Documentation Examples:

• 52 year old male with concerns for cardiac disease and risk

Assessment: Pt with previously ordered homocysteine level (19.1 umol/L), high, indicates increased CV risk

- ➤ **ICD-9 Code: 270.4** Disturbances of sulphur-bearing amino-acid metabolism
- > ICD-10 Code: E72.11 Homocystinuria

Plan: Increased activity level, healthy diet, risk factor control

*UTD Overview of Homocysteine Rosenson, et al. Literature review through April 2014

Have Questions?

Contact: Ramp@molinaHealthcare.com

The information presented herein is for informational and illustrative purposes only. It is not intended, nor is it to be used, to define a standard of care or otherwise substitute for informed medical evaluation, diagnosis and treatment which can be performed by a qualified medical professional. Molina Healthcare Inc. does not warrant or represent that the information contained herein is accurate or free from defects.