# Molina Healthcare Coding Education **Psoriatic Arthritis**



Prevalence among psoriasis patients: 10-30%<sup>1</sup>

Diagnosis based on clinical and radiologic features, using CASPAR criteria<sup>2:</sup>

CASPAR criteria require inflammatory articular disease (joint, spine or tendon) **and**  $\geq$  3 points:

## 2 points:

Current psoriasis

## 1 point each:

- Prior personal or family history of psoriasis
- Nail lesions, including onycholysis, pitting and hyperkeratosis
- Negative serum RF
- Current or history of dactylitis
- Periarticular new bone formation (excludes osteophytes) on hand or foot X-ray

## **Documentation Examples:**

## Initial diagnosis

- Assessment: Patient with psoriasis, joint stiffness improved with activity. Has nail findings, neg. RF
  - > ICD-10 Codes:
    - L40.50 Arthropathic psoriasis, unspecified
- **Plan:** Psoriatic arthritis, discussed treatment options

## Established diagnosis

- Assessment: Psoriatic arthritis, tolerating methotrexate well, check labs next visit
  - > ICD-10 Codes:
    - L40.50 Arthropathic psoriasis, unspecified
- Plan: F/u with Rheumatology as planned

- <sup>1</sup>National Psoriasis Foundation
- <sup>2</sup>UpToDate Clinical manifestations and diagnosis of psoriatic arthritis, Gladman et al Literature review current through: Apr 2013

#### Have Questions? Contact: <u>Ramp@MolinaHealthcare.com</u>

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