

BENEFITS AND COVERED SERVICES

This section provides an overview of the medical benefits and Covered Services for Molina Members enrolled in Washington Apple Health and Apple Health Integrated Managed Care (IMC) including:

- Apple Health with Premium (AHPREM) and Apple Health IMC with Premium (IMC-PREM)
- Apple Health Family/Pregnancy Medical (AHFAM) and IMC Family/Pregnancy Medical (IMC-AH)
- Apple Health Adult (AHA) and IMC Adult (IMC-AHA)
- Apple Health Blind Disabled (AHBD) and IMC (IMC-BD)
- Behavioral Health Services Only (BHSO)

While some benefits and Covered Services are the same, there are differences between the programs.

In addition to receiving health care services from providers who contract with Molina, Apple Health and IMC Members may self-refer and receive certain benefits through local community resources such as the Department of Health and Community Mental Health Clinics (CMHC) for the following:

- Family Planning Services
- Immunizations
- Mental Health
- Tuberculosis (TB) testing
- Sexually Transmitted Disease (STD) testing
- HIV or AIDS testing

WASHINGTON APPLE HEALTH

Is Washington Medicaid's managed care program. It is a prepaid, comprehensive system of medical and health care delivery which includes preventive, primary, specialty and ancillary health services. HCA contracts with a number of health plans to provide health care to eligible Client groups.

Apple Health and IMC includes Clients eligible for:

- TANF
- Pregnant women with family incomes up to 193% of the federal poverty level (FPL)
- Children with family incomes up to 312% of FPL not eligible for other Medicaid programs Blind and Disabled (SSI) children and adults not eligible for Medicare
- Adult Medical or Medicaid Expansion up to 133% of FPL

Clients receive their health benefits by accessing care through providers who contract with a health plan.

BEHAVIORAL HEALTH SERVICES ONLY (BHSO)

BHSO is for specialty behavioral health services only. Specialty behavioral health is the term used for mental health and drug and alcohol treatment services. BHSO Members will continue to

receive their physical health care benefits through other medical coverage such as; Medicare, private health insurance or the Medicaid fee-for-service network. Together with their physical health coverage, BHSO Members will have access to full coverage (physical health, specialty mental health and drug and alcohol treatment services).

CHILDREN’S HEALTH INSURANCE PLAN (AHPREM) and (IMC-PREM)

AHPREM and IMC-PREM are a federal and state funded program, covering children under age 19, whose family’s income is too high for Medicaid but below 312% of the FPL. HCA determines eligibility for AHPREM and enrolled children will be covered for a minimum of 12 months unless:

1. The family fails to pay the monthly premium for four months
2. The child’s 19th birthday occurs before the end of the 12-month eligibility period
3. The child moves out of state

Molina is contracted to serve AHPREM and IMC-PREM Members in the same counties as our Apple Health and IMC service areas. Molina Members enrolled in the AHPREM and IMC-PREM program receive their health benefits by accessing care through providers contracted with the health plan.

Early Periodic Screening, Diagnosis and Treatment (EPSDT)

EPSDT is available to every Medicaid-eligible child under age 21. It includes screening (or well-child check-ups), diagnosis and treatment.

Please note that Molina adheres to the Bright Futures/American Academy of Pediatrics (AAP) Periodicity Schedule, found at https://www.aap.org/en-us/Documents/periodicity_schedule.pdf

The federal guidelines outlined below specify the minimum requirements included in each Well Child Care (WCC) exam for each of the following age groups; 0-18 months, 2-6 years, and 7-20 years. During the EPSDT visit, providers are required to deliver the following:

EPSDT Domain	Infants (0-18 months)	Children (2-6 years)	Adolescents (7-20 years)
Physical Exam and Health History	<ul style="list-style-type: none">• History• Height• Weight• Physical exam (all of these)	<ul style="list-style-type: none">• History• Height• Weight• Physical exam (all of these)	<ul style="list-style-type: none">• History• Height• Weight• Physical exam (all of these)
Development and Behavior Assessment	<ul style="list-style-type: none">• Gross motor• Fine motor• Social/emotional• Nutritional (any one of these)	<ul style="list-style-type: none">• Gross motor• Fine motor• Communication• Self-help skills• Cognitive skills• Social/emotional• Regular physical activity• Nutritional (any one of these)	<ul style="list-style-type: none">• Social/emotional• Regular physical activity• Nutritional (any one of these)

Mental Health Assessment	Mental health (must be addressed)	Mental health (must be addressed)	<ul style="list-style-type: none">• Mental health• Substance abuse (either one of these)
Health Education/Anticipatory Guidance	Examples are: <ul style="list-style-type: none">• Injury prevention• Passive smoking (either one of these)	<ul style="list-style-type: none">• Injury prevention• Passive smoking (either one of these)	<ul style="list-style-type: none">• Injury prevention• STD prevention• Smoking/tobacco (any one of these)

Since 2003, Apple Health has used HEDIS Well-Child and Well-Adolescent measures to assess the health plans' rates for the number of children with qualifying EPSDT exams.

One of our goals at Molina is to improve children's health, as measured by our EPSDT rates. Your help with this effort is essential. If you have questions or suggestions related to well child care and EPSDT regulations, please call Member Services at (800) 869-7165.

VACCINES FOR CHILDREN

Since 1990, the Washington State Immunization Program has been providing vaccines to all children under the age of 19, regardless of their income level, through a combination of state and federal funds. In 1994, the federal government provided an additional funding source through the Vaccines for Children (VFC) program. The Centers for Disease Control and Prevention (CDC), which provides VFC funding, has developed strict accountability requirements from the state, local health jurisdictions, and individual providers. Molina Providers should be enrolled in the VFC program through their local health department.

State supplied vaccines are provided at no cost to enrolled providers through the local health department. Washington is a "universal vaccine distribution" state. This means no fees can be charged to patients for the vaccines themselves and no child should be denied state supplied vaccines for inability to pay an administration fee or office visit.

Molina follows HCA Medicaid Provider Guides for reimbursing a provider's administration costs. Providers must bill state-supplied vaccines with the appropriate procedure codes and a SL Modifier for identification and reporting purposes. More specific information regarding billing for state-supplied vaccines can be found on the Physician Related Services/Health Care Professional Services Provider Guide at <https://www.hca.wa.gov/billers-providers/claims-and-billing/professional-rates-and-billing-guides>

URGENT CARE SERVICES

Urgent care services are covered by Molina without a referral or prior authorization. This also includes non-contracted providers outside of Molina's service area.

24-HOUR NURSE ADVICE LINE

Members may call (888) 275-8750 (TTY 711) anytime they are experiencing symptoms or need health care information. Registered nurses are available 24 hours a day, seven days a week, to assess symptoms and help make good health care decisions.

Molina is committed to helping our Members:

Molina Healthcare of Washington, Inc.

- Prudently use the services of your office
- Understand how to handle routine health problems at home
- Avoid making non-emergent visits to the emergency room (ER)

These registered nurses do not diagnose, they assess symptoms and guide the patient to the most appropriate level of care following specially designed algorithms unique to the Nurse Advice Line. The Nurse Advice Line may refer back to the PCP, a specialist, 911 or the ER. By educating patients, it reduces costs and over utilization on the health care system.

WASHINGTON RECOVERY HELP LINE

The Washington Recovery Help Line is the new consolidated help line for substance abuse, problem gambling and mental health, as authorized and funded by The Washington State Department of Social and Health Services' Division of Behavioral Health and Recovery. It is a 24-hour crisis intervention and referral line for those struggling with issues related to mental health, substance abuse, and problem gambling. Professionally trained volunteers and staff provide confidential support and referrals to detox, treatment, and recovery support groups. WA state residents can access services 24 hours a day at (866) 789-1511 or www.warecoveryhelpline.org.