



# **MOLINA HEALTHCARE OF WASHINGTON**

## **Treatment of Patients with Major Depressive Disorder Guidelines**

Molina Healthcare has adopted the Treatment of Patients with Major Depressive Disorder Guidelines from the American Psychiatric Association (APA).

The guidelines were reviewed and adopted by the Molina Healthcare National Quality Improvement Committee on February 12, 2020.

The guidelines were also reviewed and adopted by the Molina Healthcare of Washington Quality Improvement Committee on March 2, 2020.

Clinical guidelines are not used by Molina Healthcare to decide benefit coverage. The guidelines are an educational tool to aid clinical decision-making. They are not a standard of care. The physician should adapt the guidelines when clinical judgment so indicates.

The Clinical Practice Guidelines may be accessed at:

[https://psychiatryonline.org/pb/assets/raw/sitewide/practice\\_guidelines/guidelines/mdd.pdf](https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/mdd.pdf)