



# **MOLINA HEALTHCARE OF WASHINGTON**

## **PSYCHOSIS AND SCHIZOPHRENIA IN ADULTS: TREATMENT AND MANAGEMENT CLINICAL PRACTICE GUIDELINE**

Molina Healthcare of Washington has adopted the guidelines for Schizophrenia. The guidelines were reviewed and adopted by the Molina Healthcare of Washington's Clinical Quality Improvement Committee on April 19, 2017, March 9, 2018.

The Clinical Practice Guideline may be accessed from [Psychosis and schizophrenia in adults: treatment and management](#)

### **2017 Important Points on Schizophrenia Guideline**

#### **Assessment:**

- Comprehensive multidisciplinary assessment including a psychiatric, psychological and physical health assessment
- Routine monitoring for other coexisting conditions including depression and anxiety, comorbid conditions including substance and alcohol misuse or physical illness

#### **Management**

- Provision of information and mutual support to patients and care providers
- Culturally appropriate management
- Healthy eating and physical activity program
- Smoking cessation (nicotine replacement therapy, bupropion and varenicline)
- Routine monitoring of weight and cardiovascular and metabolic indicators of morbidity
- Peer support and self-management
- Prevention of psychosis
- Management of first episode psychosis
- Management of subsequent acute episodes of psychosis or schizophrenia
- Management of behavior that challenges (rapid tranquilization)
- Management of relapse
- Management of non-responders
- Supported employment programs
- Service level interventions: Crisis resolution and home treatment teams, early intervention service, community mental health teams, acute day hospitals, non-acute day hospital care, assertive community treatment
- Pharmacological interventions
- Psychological treatments

( \* ) Best viewed of hyperlinks use in Chrome and Firefox