

# Apple Health Integrated Managed Care Mental Health and Substance Use Disorder

In-Network Agencies and Community Health Centers North Central Washington

Agency	Address/ Phone/Website	Ages & Languages Served	Hours/Appointment Information	Services Provided	Specialty Services/ Helpful Information	Evidence Based Practices
<b>Catholic Family and Child Services Yakima</b>	<p><b>Wenatchee Office</b> 145 S Worthen Wenatchee WA 98801</p> <p>Phone: (509) 662-6761 Fax: (509) 663-3182</p> <p>hopetolife.org</p>	<p>Ages 2 – 60+ yrs.</p> <p>Spanish</p>	<p>Outpatient services are drop in or by appointment and may be community or office based.</p> <p><b>Hours:</b> <u>Outpatient</u> Mon – Thurs 8:00 am – 7:00 pm Friday 8:00 am – 5:00 pm</p> <p><u>Crisis Services</u> No appt. needed</p> <p><u>Designated Crisis Responders</u> 24 hours / 7 days a week</p> <p><u>Mobile Outreach</u> 8:00 am – 8:00 pm 7 days/ week</p> <p><u>Applied Behavior Analysis Classroom</u> 2 – 5 year olds with an Autism diagnosis, Program is 3 hours per day, 4 days per week (Mon – Thurs) for 12 weeks</p>	<p><b>Mental Health</b> Outpatient Crisis Services Mobile Outreach Jail Diversion Program for Assertive Community Treatment Medication Management Least Restrictive Alternative Applied Behavioral Analysis (ABA)</p> <p><b>Substance Use Disorder</b> Co-occurring</p> <p><b>Other</b> Supported Housing Supported Employment</p>	<p>Applied Behavior Analysis Classroom for Children diagnosed with Autism (ages 2 – 5 yrs.)</p>	<p>Trauma Focused Cognitive Behavioral Therapy (CBT) Cognitive Behavioral Therapy Plus (CBT+) Cognitive Behavioral Therapy/ Anxious children Cognitive Behavioral Therapy/ Depressed adolescents Illness Management and Recovery (IMR) Common Elements Treatment Approach Cognitive Processing Therapy Motivational Interviewing Applied Behavioral Analysis (ABA)</p>

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More information on Evidence Based Practices: [samhsa.gov/ebp-web-guide/mental-health-treatment](http://samhsa.gov/ebp-web-guide/mental-health-treatment)

More information on children’s mental health Evidence Based Practices:

[aacap.org/App\\_Themes/AACAP/docs/member\\_resources/toolbox\\_for\\_clinical\\_practice\\_and\\_outcomes/sources/NAMI\\_Handbook.pdf](http://aacap.org/App_Themes/AACAP/docs/member_resources/toolbox_for_clinical_practice_and_outcomes/sources/NAMI_Handbook.pdf)

MRC PART #18-4067  
APPROVALS: MHW –9/6/18  
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<b>The Center for Alcohol &amp; Drug Treatment</b>	<b>Wenatchee Office</b> 327 Okanogan Ave Wenatchee WA 98801  Phone: (509) 662-9673 Fax: (509) 662-9441 TTY: (800) 833-6384  cfadt.org	Adolescent 0 –18 Adult 18+  Spanish	<b>Hours:</b> <u>Office</u> Mon – Fri 8:00 am – 5:00 pm  <u>Withdrawal Management</u> Mon – Sun 24 hours / 7 days a week	<b>Youth Substance Use Disorder</b> Outpatient  <b>Adult Substance Use Disorder</b> Outpatient Inpatient Alcohol and Drug Intervention Services DUI/Deferred Drug Court Pregnant and Parenting Women Sub-Acute Withdrawal Management		Seeking Safety – Pregnant and Parenting Women Moral Recognition Therapy (MRT) Cognitive Behavioral Therapy (CBT) Cannabis Use Treatment (Adolescent)
<b>Children’s Home Society of WA</b>	<b>Wenatchee Office</b> 1014 Walla Walla Ave Wenatchee WA 98801  (509) 663-0034  <b>East Wenatchee Office</b> 220 Eastmont Ave B East Wenatchee WA 98802  (509) 885-9090  childrenshomesociety.org	0 – 21 years and their parent/ guardian  Spanish	Appointment needed  <b>Hours:</b> <u>Wenatchee Office</u> Mon – Thurs 8:00 am – 5:30 pm Fri 8:00 am – 5:00 pm  <u>East Wenatchee Office</u> Mon – Thurs 8:30 am – 5:30 pm Fri 8:30 am – 5:00 pm	<b>Mental Health</b> Outpatient  Wraparound with Intensive Services (WISE)  Telemedicine  Medication Management		Child Parent Psychotherapy Eye Movement Desensitization and Reprocessing Therapy (EMDR) Cognitive Behavioral Therapy (CBT) Cognitive Behavioral Health Therapy Plus Trauma Focused Cognitive Behavior Therapy Positive Parenting Program (Triple P) Incredible Years



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<b>Columbia Valley Community Health</b>	<b>Wenatchee Office</b> 600 Orondo Ave Suite 1 Wenatchee WA 98801  (509) 662-6000  cvch.org/for-patients/services/behavioral-health-services	All ages  Spanish	<b>Hours:</b> Mon – Fri 7:00 am – 6:00 pm	<b>Mental Health</b> Outpatient School Based Medication Management		Trauma Focused Cognitive Behavior Therapy Cognitive Behavioral Therapy (CBT) Dialectical Behavior Therapy (DBT)
<b>Columbia Valley Community Health</b>	<b>Wenatchee Children’s Behavioral Health</b> 140 Easy Way Wenatchee WA 98801  (509) 662-4296 TTY: (509) 661-3611  cvch.org/for-patients/services/behavioral-health-services	0 – 18 years  Spanish	<b>Hours:</b> Mon – Fri 7:00 am – 6:00 pm (closed lunch 12:00 pm – 1:00 pm)	<b>Mental Health</b> Outpatient School Based Medication Management		Trauma Focused Cognitive Behavior Therapy Cognitive Behavioral Therapy (CBT) Dialectical Behavior Therapy (DBT)
<b>Columbia Valley Community Health</b>	<b>East Wenatchee Adult Behavioral Health</b> 230 Grant Rd Suite 25A East Wenatchee WA 98802  (509) 884-9040 (800) 288-7649 TTY: (509) 661-3611  cvch.org/for-patients/services/behavioral-health-services	18+ years  Spanish	<b>Hours:</b> Mon – Fri 7:00 am – 6:00 pm (closed lunch 12:00 pm – 1:00 pm)	<b>Mental Health</b> Outpatient School Based Medication Management		Trauma Focused Cognitive Behavior Therapy Cognitive Behavioral Therapy (CBT) Dialectical Behavior Therapy (DBT)

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Grant Integrated Services	<p><b>Moses Lake Office</b> 840 E Plum St Moses Lake WA 98837</p> <p>(509) 765-9239</p> <p><a href="http://grantcountywa.gov/GrlS/Mental-Healthcare/">grantcountywa.gov/GrlS/Mental-Healthcare/</a></p>	<p>All ages</p> <p>Spanish</p> <p>Russian</p> <p>Ukrainian</p>		<p><b>Mental Health</b> Outpatient</p> <p><b>Substance Use Disorder</b> Peer Support</p> <p>Least Restrictive Alternative (LRA)</p> <p>Medication Management</p> <p>Supplemental Employment</p> <p>Crisis Services</p> <p>Crisis Line</p> <p>Wraparound with Intensive Services (WISe)</p>		

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