

Re: Clinical Practice Guidelines

Dear Valued Provider:

The Molina 2025 clinical practic guidelines updates are now available at:

Clinical Practice Guidelines | Molina Complete Care Preventive Health Guidelines | Molina Complete Care

Clinical practice guidelines are designed to guide decisions about diagnosing and treating specific health conditions. These guidelines are based on scientific evidence, medical literature reviews, or established authority. All recommendations are grounded in published guidelines and do not prioritize treatments based solely on cost.

These guidelines serve as a guide for clinical decision-making, but clinicians and patients must collaborate to create individualized treatment plans tailored to each patient's unique needs and circumstances. Molina Healthcare regularly reviews and updates these guidelines as new clinical evidence emerges.

To request a copy of any guideline(s), please contact Molina Healthcare Provider Services. The guidelines listed below were reviewed and adopted by the Molina Healthcare National Quality Improvement and Health Equity Transformation Committee, with approval dates indicated for 2023 and

It's important to note that clinical guidelines are not used by Molina to determine benefit coverage. Instead, they are educational tools to aid clinical decision-making and are not considered a standard of care. Physicians should adapt the guidelines based on their clinical judgment.

Available guidelines updated/approved in January 2025 include:

Acute Stress and Post-Traumatic Stress Disorder (PTSD)

Anxiety/Panic Disorder

**Opioid Management Asthma** Guideline for Prescribing Opioids for Chronic Pain

Attention Deficit Hyperactivity Disorder (ADHD) Perinatal Care, Postpartum Care

Autism **Pregnancy Management** 

Bipolar Disorder Schizophrenia Cancer Sickle Cell Disease Suicide Prevention Children with Special Health Care Needs

Chronic Kidney Disease Trauma-Informed Primary Care

Chronic Obstructive Pulmonary Disease Substance Use Disorder

Depression Diabetes

Heart Failure in Adults

Homelessness – Special Health Care Needs

**HIV/AIDS** Hypertension

**Obesity and Weight Management** 

Preventing Obesity and Eating Disorders in Adolescents

Clinical Practice Guideline for Multicomponent Behavioral Treatment of Obesity and Overweight in Children and Adolescents

Obesity in Adults: clinical practice guideline

**Adult Preventative Recommendations** 

**Adult Vision Screening** 

Dental Health

**Pediatric Preventive Services Recommendations** 

Pediatric/Adolescent Preventive Services Recommendations from U.S. Preventive Services Task Force Pediatric Vision Screening

Recommended Adult Immunization Schedule for ages 19 Years or Older, United States, 20 Recommended Child and Adolescent Immunization Schedule for ages 18 Years and Younger, United States, 2025