

**THIS CA UPDATE HAS BEEN SENT TO THE FOLLOWING:****COUNTIES:**

- Imperial
- Riverside/San Bernardino
- Los Angeles
- Orange
- Sacramento
- San Diego

**LINES OF BUSINESS:**

- Molina Medi-Cal Managed Care
- Molina Medicare Options Plus
- Molina Dual Options Cal MediConnect Plan (Medicare-Medicaid Plan)
- Molina Marketplace (Covered CA)

**PROVIDER TYPES:**

- Medical Group/ IPA/MSO**
  - Primary Care**
  - IPA/MSO
  - Directs
- Specialists**
  - Directs
  - IPA
- Hospitals**
  - Ancillary**
  - CBAS
  - SNF/LTC
  - DME
  - Home Health
  - Other

**FOR QUESTIONS CALL PROVIDER SERVICES:**  
(855) 322-4075, Extension:

**Los Angeles/Orange Counties**

122233	117079
120104	127657

**Riverside/San Bernardino Counties**

128010	127709
127684	

**Sacramento County**

126232	121360
121031	

**San Diego County**

120056	121588
120630	

**Imperial County**

125682	120153
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## VOLUNTARY INPATIENT DETOXIFICATION (APL 18-001)

This is an advisory notification to inform our Molina Healthcare of California (MHC) network providers regarding voluntary inpatient detoxification (VID) services for Medi-Cal members.

This notification is based on an All Plan Letter (APL) 18-001, which can be found in full on the DHCS website at <http://www.dhcs.ca.gov/formsandpubs/Pages/AllPlanLetters.aspx>

**BACKGROUND**

VID services are a carved-out (non-capitated Medi-Cal benefit covered through the Medi-Cal fee-for-service (FFS) program. Inpatient detoxification must be the primary reason for the member's voluntary inpatient admission.

**POLICY**

Medical criteria for inpatient admission for VID must include one or more of the following:

1. Delirium tremens, with any combination of the following clinical manifestations with cessation or reduced intake of alcohol/sedative:
  - Hallucinations
  - Disorientation
  - Tachycardia
  - Hypertension
  - Fever
  - Agitation
  - Diaphoresis
2. Clinical Institute Withdrawal Assessment Scale for Alcohol, revised (CIWA-Ar) form score greater than 15.
3. Alcohol/sedative withdrawal with CIWA score greater than 8 and one or more of the following high-risk factors:
  - Multiple substance abuse
  - History of delirium tremens
  - Unable to receive the necessary medical assessment, monitoring, and treatment in a setting with a lower level of care
  - Medical co-morbidities that make detoxification in an outpatient setting unsafe
  - History of failed outpatient treatment
  - Psychiatric co-morbidities
  - Pregnancy
  - History of seizure disorder or withdrawal seizures
4. Complications of opioid withdrawal that cannot be adequately managed in the outpatient setting due to the following factors:
  - Persistent vomiting and diarrhea from opioid withdrawal
  - Dehydration and electrolyte imbalance that cannot be managed in a setting with a lower level of care

Members presenting in a general acute care hospital for VID services that do not meet the medical necessity criteria above after clinical evaluation must be referred to the county's behavioral health department for referral to other medically necessary substance use disorder (SUD) treatment services. MHC will provide care coordination to ensure members receive appropriate referrals to available county services.

Detoxification of cannabinoids, stimulants, or hallucinogens alone does not require an inpatient level of medical intervention. Multiple substance abuse with components of alcohol, opiates, or sedatives may be considered for inpatient admission.

To receive VID services, MHC will refer members to VID service providers in general acute care hospitals, who will submit a treatment authorization request (TAR) to local Medi-Cal field offices for authorization. MHC will provide care coordination with the VID service provider as needed. Documentation submitted with the TAR must verify that admission criteria as outline above are met, as well as demonstrate the medical necessity for the inpatient stay.

SUD treatment services may vary by county depending on whether or not the county is participating in the Drug Medi-Cal Organized Delivery System (DMC-ODS) Pilot Program. A list of the DMC-ODS participating counties, member access phone numbers, and information on medically monitored and managed detoxification withdrawal management and residential treatment services are available at:

<http://www.dhcs.ca.gov/provgovpart/Pages/Drug-Medi-Cal-Organized-Delivery-System.aspx>

***Please note that MHC is subject to State regulatory audits and is responsible for ensuring downstream compliance with State program initiatives and requirements. As such, PCPs and Independent Physician Associations (IPAs) must ensure that internal operations are consistent and compliant with these requirements. MHC may conduct periodic audits and request copies of applicable policies and procedures and/or documentation that demonstrates compliance within your organization. Failure to submit any requested documents may result in a Corrective Action Plan.***

### **QUESTIONS**

If you have any questions regarding the notification, please contact your Molina Provider Services Representative at (855) 322-4075.