

Reminder: Physician Delegation to Registered Nurses Performing a Texas Health Steps Medical Checkup

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This is a reminder to Texas Health Steps (THSteps) providers about the requirements of delegating a THSteps medical checkup to a registered nurse (RN).

RNs without clinical nurse specialist (CNS), nurse practitioner (NP), or certified nurse midwife (CNM) certification may provide medical checkups only under direct physician supervision, meaning the physician must either be on site during the checkup or immediately available to furnish assistance and direction to the RN during the checkup.

Prior to performing THSteps checkups, the RN must complete required training modules developed by THSteps. Required training modules can be found on the THSteps [website](#). The RN or the RN's employer must maintain documentation of course completion in the employee's record.

When a physician delegates a complete THSteps medical checkup to an RN, the physician must establish the RN's competency to perform the service prior to the delegation, as required by the physician's scope of practice. The delegating physician provider remains responsible for any service provided to the client.

Providers may refer to the current *Texas Medicaid Provider Procedures Manual, Children's Services Handbook*, subsection 5.2.1.1, "Requirements for Registered Nurses Who Provide Medical Checkups," for additional information.

For more information, call the TMHP Contact Center at 1-800-925-9126.