

Provider Bulletin – 2016 Third Quarter

A bulletin for the Molina Healthcare of Texas Network



Notice to Prescribers: Mosquito Repellent Benefit

Texas now covers select mosquito repellents under the Medicaid (fee-for-service and managed care), Children's Health Insurance Program (CHIP), and Healthy Texas Women programs. The Kidney Health Care program does not cover these products.

On June 1, 2016, the Centers for Medicare & Medicaid Services (CMS) released an informational bulletin on Medicaid benefits available for the prevention, detection, and response to the Zika virus. The CMS bulletin allows state Medicaid programs to choose to cover mosquito repellents when prescribed by an authorized health professional and provided as a pharmacy benefit.

The Texas Medicaid Medical Director has issued a Texas Medicaid Standing Order for Mosquito Repellent for use by pharmacies. Eligible clients that use pharmacies that dispense mosquito repellent under this Standing Order will not require a prescription to be written by their healthcare provider. The *Texas Medicaid Standing Order for Mosquito Repellent* is available for Texas Medicaid (FFS and MCO) and CHIP clients, at participating pharmacies.



Questions?

Call Provider Services
(855) 322-4080
8:00 a.m. – 5:00 p.m.
Monday through Friday



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Your Extended Family.

Eligible women in the Healthy Texas Women program may obtain mosquito repellent without a prescription.

The following information provides details about the Texas Medicaid mosquito repellent benefit, recommends how to prescribe mosquito repellent to Texas Medicaid clients as a prescription for clients without access to pharmacies using a standing order, and also contains general information about Zika virus. For information on Zika testing, please visit www.TexasZika.org/labs.

Benefit Details

Eligible Clients:

Females aged 10-45 years and pregnant women of any age

Benefit Limits:

- 1 can/bottle of mosquito repellent per prescription fill, with one additional refill allowed per client, per calendar month through October 31, 2016

Programs Included:

- Medicaid (FFS and MCO), CHIP, CHIP-Perinate, Healthy Texas Women, Family Planning, and Children with Special Health Care Needs (CSHCN)

How to Prescribe Mosquito Repellent:

For clients unable to access a pharmacy operating under a standing order for the dispensing of mosquito repellent, prescribers are recommended to include the following details when prescribing mosquito repellent to help minimize requests for clarification from pharmacies, or request for refills for mosquito repellent within the current mosquito season.

Recommended prescription details:

Drug Name: "Mosquito repellent"

- *Mosquito repellent will be treated as a generic medication and pharmacies will have the authority to fill the prescription with any covered product.*
- *Please specify the active ingredient if your patient cannot tolerate both and note "Do not substitute"*

Directions: Use topically, as directed

Quantity: 1 can/bottle

Refills: 11

- It is recommended that prescribers send prescriptions to pharmacies via phone, fax, or electronic prescription to minimize office visits.
- Prescribers should not schedule office visits solely for clients to obtain a mosquito repellent prescription, unless medically necessary.
- Prescribers should consider offering mosquito repellent prescriptions to eligible clients at any pre-scheduled office visits to minimize follow up requests for mosquito repellents.
- Clients in the Healthy Texas Women programs do not require a standing order or prescription. Pharmacies have been provided with claims submission instructions for the Healthy Texas Women programs.

Covered products

Covered products have been selected based on guidance from the Centers for Disease Control and include the recommended amount of the active ingredient DEET or Picaridin. Please download the [Zika Products Pharmacy Assistance Chart](#) for a current list of covered mosquito repellents.

Other Benefits Available Through Texas Medicaid

The following benefits are covered under current Texas Medicaid and may be helpful to clients who contract the Zika virus:

- Family planning services
- Contraceptives, including long-acting reversible contraceptives
- Diagnostic testing
- Targeted case management
- Physical therapy
- Long term services and support
- Acetaminophen and oral electrolytes for Zika symptoms
- Potential coverage for additional ultrasounds for pregnant women

Zika Virus

Zika is a virus spread to people through infected mosquitos. The virus can also be spread through sexual contact and from mother to fetus during pregnancy.

Most people infected with the virus have mild or no symptoms. Symptoms are usually mild and typically lasts a few days to a week. The most common symptoms of Zika virus are fever, rash, joint pain, and conjunctivitis (red eyes). Symptoms may be mild and not last long, but the virus may stay in a person's system for weeks to months.

Avoidance of Zika virus is important in pregnant women or women planning to become pregnant. Infection during pregnancy can cause certain birth defects, including microcephaly.

Prevention of Zika virus

- Prevent mosquito bites
 - Use mosquito repellent, as directed on the can/bottle
 - Wear long sleeved shirts and long pants
 - Stay in places with air conditioning or window and door screens
 - Remove standing water around your home
- Pregnant women should not travel to areas with Zika virus
- Pregnant women who have a male partner who lives in or has traveled to an area with Zika virus, should not have sex, or should use condoms the right way, every time, during pregnancy.

Additional Resources

- www.TexasZika.org -- Texas Department of State Health Services site includes excellent, up-to-date resources for health care professionals and consumers. Informational materials may be ordered at no cost to providers.
- For information about testing for Zika, please see TexasZika.org/labs.htm
- www.cdc.gov/zika/
- www.txVendorDrug.com -- Texas Vendor Drug Program site for additional information about prescribing and dispensing mosquito repellent

Questions?

Prescribers with questions may contact the patient's MCO provider line. For patients in fee-for-service, prescribers may send questions to VDP_Formulary@hhsc.state.tx.us

UB Claim Errors – Invalid Patient Status or Claim Frequency Codes

Having claims with valid patient status codes and claim frequency codes is vital for Molina to submit accurate encounter data to the Texas Health and Human Services Commission (HHSC).

When completing your claim, please be sure to follow the guidelines below:

- The patient status code “30” **cannot** be used when the claim frequency code is 1, 4 or 5.
- The patient status code **must be** “30” when the claim frequency code is 2.
- The patient status code **must be** “30” when the claim frequency code is 3.

Molina is in the process of reaching out to providers who have submitted an invalid patient status and claim frequency code combination in order to correct these claims. If you have questions about valid claim combinations or how to accurately complete a claim, please reach out to your provider services representative.

THSteps Checkup Documentation -- Essential to Medical Records

As a Texas Health Steps (THSteps) provider you affect the lives of many young Texans. The care you provide helps prevent serious or chronic health-care problems and often helps young patients begin to develop positive lifelong health-care habits. Being a THSteps provider can be very rewarding. It can also be very challenging, especially when it comes to medical checkup documentation. Independent studies of Texas Health Steps medical checkups indicate that records were most commonly missing documentation of appropriate laboratory tests and immunizations.

THSteps checkups are made up of six primary components, many including individual components. These are outlined on the Texas Health Steps Periodicity Schedule based on age and include:

1. **Comprehensive health and developmental history** which includes nutrition screening, developmental and mental health screening and TB screening;
2. **Comprehensive unclothed physical examination** which includes measurements; height or length, weight, fronto-occipital circumference, BMI, blood pressure, and vision and hearing screening;
3. **Appropriate immunizations**, as established by the Advisory Committee on Immunization Practices, according to age and health history, including influenza, pneumococcal, and HPV;
4. **Appropriate laboratory tests** which include newborn screening blood lead level assessment appropriate for age and risk factors, and anemia;
5. **Health education** (including anticipatory guidance); and
6. **Dental referral** every 6 months until the parent or caregiver reports a dental home is established.

For you to be reimbursed for THSteps checkups, each of the six components and their individual elements must be completed and documented in the medical record. Any component or element not completed must be noted in the medical record, along with the reason it was not completed and the plan to complete the component or element. The medical record must contain documentation on all screening tools used for TB, growth

and development, autism, and mental health screenings. The results of these screenings and any necessary referrals must be documented in the medical record. THSteps checkups are subject to retrospective review and recoupment if the medical record does not include all required documentation.

In support of successful checkup documentation and to assist in documenting each of the components and elements of the checkups, the THSteps program recommends use of the THSteps Child Health Record Forms, which are available for download on the THSteps provider information webpage. Each checkup form is age-specific and can assist you with documenting all required checkup components and elements, including developmental and mental health screenings, laboratory screenings, immunizations, and the dental referral as required until the caregiver reports a dental home is established. The components and elements outlined in the forms can be integrated into electronic health records.

To stay current on THSteps policy and available resources, visit the frequently updated THSteps website for information and policy updates. Information on checkup documentation is also available within THSteps Online Provider Education modules. These modules are free and offer continuing education for healthcare professionals. They are available at www.txhealthsteps.com.

Qualified and caring THSteps providers are vital to keeping young Texans healthy. The preventive health care you provide to young Texans is valued. It is important to reflect this care in the completeness of your medical documentation.





Fighting the Flu – The Importance of Getting Vaccinated

As we move forward into the school year and cooler months, the flu virus will start to spread throughout our communities. As health care professionals, we have a responsibility to talk to our patients about preventative measures to keep them healthy.

The best way to prevent the seasonal flu is by getting a flu vaccine. During the 2013-2014 flu season, the Center for Disease Control estimates that flu vaccinations prevented 7.2 million people from getting an influenza-associated illness*.

However, many times, patients do not take action until it is too late. This is where you come in. As you interact with your patients during their exams, check-up and other procedures, start the conversation about getting the flu vaccine as early in the flu season as possible. Talk to them about the importance of the vaccine, but also the symptoms of the flu and what steps they should take if they think they have gotten the virus. It is important that you take steps to educate your patients on the flu vaccine, where they can get it and why it is important that they get the shot sooner, rather than later. By opening these lines of communication, hopefully you can keep as many patients as possible healthy and happy during this flu season.

For your senior patients who also need colorectal cancer screening, a new relatively new idea is the Flu-Fit or Flu-FOBT. FLU-FIT and FLU-FOBT Programs help clinical teams increase access to colorectal cancer screening by offering home tests to patients at the time of their annual flu shots. Successful FLU-FIT and FLU-FOBT Programs have been implemented in public and private clinic settings. Information is available at the <http://flufit.org/> or [The American Cancer Society at http://www.cancer.org](http://www.cancer.org)

Talk to your patients about the flu vaccine, today!

*Source: <http://www.cdc.gov/flu/pdf/freeresources/nivw-flu-vaccination-benefits-2013.pdf>

Texas Quitline – A Healthcare Provider Smoking Cessation Resource

Tobacco usage results in 28,000 deaths each year in Texas. As healthcare professionals, we know the negative consequences using tobacco can have and the importance of communicating those consequences to our members and patients. The UT Tobacco Research and Evaluation Team is promoting an additional resource healthcare professionals can utilize when talking to their patients about smoking/tobacco cessation.

The Texas Quitline program is a service available to Texas residents at no cost. The Quitline offers up to 5 counseling sessions at no cost to help patients stop using tobacco products. The sessions are available in English and Spanish 24 hours a day, 7 days a week. Qualified callers, age 18 and older who are enrolled in counseling sessions, can also access over-the-counter Nicotine Replacement Therapy (NRT) through the program.

Providers can refer patients to the program through their EHR system or via the Texas Quitline smart phone app. This free app can be downloaded from <http://www.uttobacco.org> for either Android or Apple devices. The app provides educational information for the health care professional to use when counseling individuals to quit all types of tobacco use. The app also provides a quick and efficient method to refer individuals for contact by the Texas Quitline, for enrollment with the program.

Additional information regarding the Texas Quitline can be found at www.yestquit.org.





Molina Healthcare of Texas
Attn: Provider Services
5605 MacArthur Blvd., Suite 400
Irving, TX 75038

